

# PRODUCT CODE LIST OMNICARE EXPRESS

Update 25/04/2025

Click on the category you're interested in to see the available product codes

- 1 - 5-HTP (8)
- 2 - COLLAGEN (5)
- 3 - L-CARNITINE (6)
- 4 - ADRENAL SUPPORT (26)
- 5 - ANTI ANAEMIC (0)
- 6 - ANTIOXIDANTS (61)
- 7 - BONE (0)
- 8 - CARDIOVASCULAR SUPPORT (1)
- 9 - CAROTENOIDS (9)
- 10 - DIINDOLYLMETHANE (10)
- 11 - ENZYMES (8)
- 12 - ESSENTIAL FATTY ACIDS (59)
  - 12.1 - ALA (5)
  - 12.2 - GLA (13)
  - 12.3 - ALA/GLA (3)
  - 12.4 - ALA/SDA (1)
  - 12.5 - ALA/GLA/SDA (1)
  - 12.6 - EPA/DHA (19)
  - 12.7 - EPA/DHA/PMA (4)
  - 12.8 - ALA/EPA/DHA (1)
  - 12.9 - GLA/EPA/DHA (0)
  - 12.10 - ALA/GLA/EPA/DHA (4)
- 13 - GLANDULAR SUPPORT (19)
- 14 - IMMUNE PROTECTION (16)
- 15 - INTESTINAL DYSBIOSIS (39)
- 16 - JOINT HEALTH (9)
- 17 - L-GLUTAMINE (14)
- 18 - LIVER SUPPORT (10)
- 19 - MINERALS (108)
  - 19.1 - BORON (2)
  - 19.2 - CALCIUM (2)
  - 19.3 - CALCIUM-MAGNESIUM (17)
  - 19.4 - CALCIUM-MAGNESIUM-POTASSIUM (0)
  - 19.5 - CHROMIUM (1)
  - 19.6 - COPPER (4)
  - 19.7 - IRON (10)
  - 19.8 - MAGNESIUM (24)
  - 19.9 - MAGNESIUM-POTASSIUM (1)
  - 19.10 - MANGANESE (4)
  - 19.11 - MOLYBDENUM (5)
  - 19.12 - POTASSIUM (0)
  - 19.13 - SELENIUM (13)
  - 19.14 - SILICIUM (5)
  - 19.15 - ZINC (17)
  - 19.16 - OTHER (0)
- 20 - MUSHROOMS (0)
- 21 - MUSCLES (13)
- 22 - NERVOUS SYSTEM (0)
- 23 - PROBIOTICS - PREBIOTICS - SYNBIOTICS - FIBRES (36)
- 24 - PROSTATE SUPPORT (2)
- 25 - PSYCHOTROPICS (8)
- 26 - SYNDROME X (1)
- 27 - THYROID SUPPORT (36)
- 28 - URIC ACID - ALKALINIZING AGENTS (1)
- 29 - VAGUS NERVE (2)
- 30 - VITAMINS (130)
  - 30.1 - VITAMINS A-D-E-K (48)
    - 30.1.1 - VITAMIN A (4)
    - 30.1.2 - VITAMIN D (19)
    - 30.1.3 - VITAMIN E (5)
    - 30.1.4 - VITAMINE K (7)
    - 30.1.5 - VITAMIN D-K (13)
  - 30.2 - VITAMINS B-C (81)
    - 30.2.1 - VITAMIN B1 (5)
    - 30.2.2 - VITAMIN C (7)
    - 30.2.3 - VITAMIN B2 (5)

- 30.2.4 - VITAMIN B3 (9)
- 30.2.5 - VITAMIN B5 (3)
- 30.2.6 - VITAMIN B6 (12)
- 30.2.7 - VITAMIN B8 (3)
- 30.2.8 - VITAMIN B9 (5)
- 30.2.9 - VITAMIN B12 (12)
- 30.2.10 - MULTI VITAMINS B (18)
- 30.2.11 - VITAMINE B9 AND B12 (1)
- 30.3 - MULTI VITAMINS (1)
- 31 - KITS (6)
- 32 - OTHER (4)

## 1 - 5-HTP

<b>HTODL</b> Nova Vitae	caps/jour	bte	<b>5-HTP - 60 tabs : NOVA VITAE</b> <p style="text-align: justify;"><span>60 caps contain 100 mg of 5-hydroxy-tryptophan, the precursor of the neurotransmitter serotonin.</span></p>
<b>HTPHN</b> LAMBERTS	caps/jour	bte	<b>Griffonia Seed Extract (5 - HTP) - 60 tabs : LAMBERTS</b> <p>90 vegicaps containing 100 mg of 5-hydroxytryptophan (5-HTP) from the <em>Griffonia simplicifolia</em> plant, a precursor of serotonin (neurotransmitter), necessary for proper brain function</p>
<b>HTPLB</b> Lamberts	tab/jour	bte	<b>Griffonia Seed Extract - 5-HTP - 60 tabs : LAMBERTS</b> <p>60 vegicaps containing 100 mg of 5-hydroxytryptophan (5-HTP) from the <em>Griffonia simplicifolia</em> plant, a precursor of serotonin (neurotransmitter), necessary for proper brain function</p>
<b>HTPNV</b> Nova Vitae	tab/jour	bte	<b>5-HTP - 60 tabs : NOVA VITAE</b> 60 caps contain 100 mg of 5-hydroxy-tryptophan, the precursor of the neurotransmitter serotonin.
<b>HTPOH</b> Purely Yours Laboratories	gel/jour	bte	<b>5-HTP - 200 mg - 60 caps : PURELY YOURS</b> <span>60 caps contain 200 mg of 5-hydroxy-tryptophan, the precursor of the neurotransmitter serotonin.</span>
<b>HTPPY</b> Purely Yours Laboratories	gel/jour	bte	<b>5-HTP - 200 mg - 60 caps : PURELY YOURS</b> <span>60 caps contain 200 mg of 5-hydroxy-tryptophan, the precursor of the neurotransmitter serotonin.</span>
<b>HTQPY</b> Purely Yours Laboratories	gel/jour	bte	<b>5-HTP - 200 mg - 90 caps : PURELY YOURS</b> <span>90 caps contain 200 mg of 5-hydroxy-tryptophan, the precursor of the neurotransmitter serotonin.</span>
<b>HTRPY</b> Purely Yours Laboratories	gel/jour	bte	<b>5-HTP - 200 mg - 120 caps : PURELY YOURS</b> <span>120 caps contain 200 mg of 5-hydroxy-tryptophan, the precursor of the neurotransmitter serotonin.</span>

## 2 - COLLAGEN

<b>CJSPE</b> AOV	caps/jour	bte	<b>Collagen Type II - 90 caps : AOV</b> <p style="text-align: justify;"><span>90 vegan caps contain 400 mg of collagen type II, 150mg of chondroitin sulfate and 75mg of hyaluronic acid.</span></p>
<b>CLGOH</b> Original Hanoju	caps/jour	bte	<b>Hyaluronic Acid + Collagen - 90 caps : HANOJU</b> <p>90 caps containing 250mg of collagen extract (derived from fish) and 100mg of fermented hyaluronic acid, supporting the skin (slowing down cellular aging and hydrating the skin) and joints.</p>
<b>CLGOV</b> AOV	caps/jour	bte	<b>Collagen Type II - 90 caps : AOV</b> <p style="text-align: justify;">90 vegan caps contain 450mg of collagen type II, 150mg of chondroitin sulfate, and 75mg of hyaluronic acid.</p>
<b>PHY15</b> Therascience	sachet/jour	bte	<b>Collagène + - 15 bags : THERASCIENCE</b> <p style="text-align: justify;">One sachet (strawberry flavor) contains 10 g of collagen, 50 mg of hyaluronic acid, and 6 bioactives (green tea, Polypodium leucotomos, Tabashir bamboo, grape seed extract, Haematococcus pluvialis, trans-resveratrol), for a plumping and firming effect on the skin.</p>
<b>PHY521</b> Therascience	gel/jour	bte	<b>Dermassentiel Duo - 60 caps : Therascience</b> <p style="text-align: justify;">60 capsules containing 200 mg of hydrolyzed marine collagen peptides Peptan, 100 mg of hyaluronic acid, and 12 mg of vitamin C, working synergistically for the skin system (hydrating,

### 3 - L-CARNITINE

<b>ALCOV</b>	gel/jour	bte	<b>Acetyl-L-carnitine 500 mg - 90 caps : PURELY YOURS</b> <span>90 capsules contain 500 mg of acetyl-L-carnitine designed to boost mitochondrial function.</span>
<b>ALCPE</b>	caps/jour	bte	<b>Acetyl-L-carnitine 500 mg - 60 caps : PURELY YOURS</b> <span>60 capsules contain 500 mg of acetyl-L-carnitine designed to boost mitochondrial function.</span>
<b>ALCPY</b>	gel/jour	bte	<b>Acetyl-L-carnitine 500 mg - 60 caps : PURELY YOURS</b> 60 capsules contain 500 mg of acetyl-L-carnitine designed to boost mitochondrial function.
<b>ALDPY</b>	gel/jour	bte	<b>Acetyl-L-carnitine 500 mg - 90 caps : PURELY YOURS</b> 90 capsules contain 500 mg of acetyl-L-carnitine designed to boost mitochondrial function.
<b>ALEPY</b>	gel/jour	bte	<b>Acetyl-L-carnitine 500 mg - 120 caps : PURELY YOURS</b> 120 capsules contain 500 mg of acetyl-L-carnitine designed to boost mitochondrial function.
<b>CNTBD</b>	caps/jour	bte	<b>L-Carnitine - 60 caps : METAGENICS</b> <p style="font-weight: 400;">60 vegan caps containing 500 mg of L-carnitine fumarate, ensuring optimal mitochondrial function, important for good tissue health.</p>

### 4 - ADRENAL SUPPORT

<b>ADCTR</b>	caps/jour	bte	<b>Cytozyme-AD (60 tabs) : BIOTICS RESEARCH</b> <p style="text-align: justify;"><span>60 tablets (bovine origin) contain 80 mg of natural adrenal &nbsp;gland extracts.</span></p>
<b>ADHEN</b>	caps/jour	bte	<b>ADHS (Adrenal Herbal Support) - 120 comp : BIOTICS RESEARCH</b> <p style="text-align: justify;">120 veggie capsules containing a blend of vitamins (50 mg of vitamin C, 10 mg of vitamin E, 10 mg of B vitamins), minerals (250 mcg of copper, 0.75 mg of manganese, 2.5 mg of zinc), 106.5 mg of lentils, and 150 mg of an herbal blend.</p>
<b>ADXNE</b>	caps/jour	bte	<b>Adrenex - 60 caps : CERES PHARMA</b> <p style="text-align: justify;">60 vegan caps contain 6 plants (150 mg de <em>Lepidium meyenii</em> ; 150 mg de <em>Pinus sylvestris</em> ; 25mg d'<em>Ocimum basilicum</em> ; 25 mg de <em>Centella asiatica</em> ; 25 mg de C<em>ommiphora mukul</em> ; 25 mg de S<em>chisandra sinensis</em>) and 125 mg of L-Tyrosine to support adrenal function.</p>
<b>ASHBL</b>	gel/jour	bte	<b>Ashwagandha 5000 - 90 caps : BIOLIFE</b> <p style="text-align: justify;">90 vegan caps contain 250 mg of ashwagandha extract (Withania somnifera).</p>
<b>ASHJF</b>	caps/jour	bte	<b>2X Ashwagandha - 60 caps : AOV</b> <p style="text-align: justify;"><span>2X 60 vegan caps provide 300 mg of a highly concentrated ashwagandha extract (<em>Withania somnifera</em>).</span></p>
<b>ASHOH</b>	caps/jour	bte	<b>Ashwagandha Extrakt - 90 caps : HANOJU</b> <p>90 caps containing 300mg of a highly concentrated Ashwagandha extract (Withania somnifera), for hormonal balance, stress and anxiety reduction, and immune system support.</p>
<b>ASHOV</b>	caps/jour	bte	<b>Ashwagandha (300 mg) - 60 caps : AOV</b> <p style="text-align: justify;"><span>60 vegan caps provide 300 mg of a highly concentrated ashwagandha extract (Withania somnifera).</span></p>
<b>ASHQE</b>	caps/jour	bte	<b>2X Ashwagandha (300 mg) - 60 caps : AOV</b> <p style="text-align: justify;">2X 60 vegan capsules contain 300 mg of a highly concentrated ashwagandha extract (<em>Withania somnifera</em>).</p>
<b>ASKOH</b>	caps/jour	bte	<b>Ashwagandha Extrakt - 180 caps : HANOJU</b> <p style="text-align: justify;">180 caps containing 300mg of a highly concentrated Ashwagandha extract (Withania somnifera), for hormonal balance, stress and anxiety reduction, and immune system support.</p>
<b>BMEOH</b>	caps/jour	bte	<b>Bio Maca Extrakt - 180 caps : HANOJU</b> <p style="text-align: justify;">180 capsules containing 500mg of maca extract (also known as Peruvian ginseng: Lepidium meyenii), supporting hormonal balance (improves libido, fertility), energy, and stress

reduction.</p>

<b>BMEOV</b> AOV	caps/jour	bte	<b>Maca - 60 caps : AOV</b> <p style="text-align: justify;">60 vegan caps contain 125mg of maca extract - also called Peruvian ginseng (<em>Lepidium meyenii</em>).</p>
<b>CADEN</b> Energetica Natura	comp/jour	bte	<b>Cytozyme-AD - 60 tabs : BIOTICS RESEARCH</b> <p style="text-align: justify;">60 tablets (bovine origin) contain 80 mg of natural adrenal &nbsp;gland extracts.</p>
<b>CAEEN</b> Energetica Natura	tab/jour	bte	<b>Cytozyme-AD - 180 tabs : BIOTICS RESEARCH</b> <p style="text-align: justify;"><span>180 tablets (bovine origin) contain 80 mg of natural adrenal &nbsp;gland extracts.</span></p>
<b>CDGEN</b> Energetica Natura	caps/jour	bte	<b>Ca D Glucarate - 120 caps: BIOTICS RESEARCH</b> <p style="text-align: justify;">120 vegan caps contain 500 mg of calcium-D-glucarate.</p>
<b>CDGNA</b> Energetica Natura	caps/jour	bte	<b>Ca-D-Glucarate - 120 caps: BIOTICS RESEARCH</b> <p style="text-align: justify;">120 vegan caps contain 500 mg of calcium-D-glucarate.</p>
<b>PFMPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Peaceful Mind - 60 caps : PURELY YOURS</b> 60 capsules contain inositol (200 mg), taurine (150 mg), GABA (50 mg), L-theanine (50 mg), phosphatidylserine (25 mg), 5-HTP (25 mg), apigenin from chamomile flowers extract (20 mg), magnesium (19,2 mg from malate), pyridoxal-5-phosphate/B6 (1,25 mg), and methylcobalamin/B12 (500 mcg).
<b>PFNPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Peaceful Mind - 90 caps : PURELY YOURS</b> 90 capsules contain inositol (200 mg), taurine (150 mg), GABA (50 mg), L-theanine (50 mg), phosphatidylserine (25 mg), 5-HTP (25 mg), apigenin from chamomile flowers extract (20 mg), magnesium (19,2 mg from malate), pyridoxal-5-phosphate/B6 (1,25 mg), and methylcobalamin/B12 (500 mcg).
<b>PFOPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Peaceful Mind - 120 caps : PURELY YOURS</b> <span>120 capsules contain inositol (200 mg), taurine (150 mg), GABA (50 mg), L-theanine (50 mg), phosphatidylserine (25 mg), 5-HTP (25 mg), apigenin from chamomile flowers extract (20 mg), magnesium (19,2 mg from malate), pyridoxal-5-phosphate/B6 (1,25 mg), and methylcobalamin/B12 (500 mcg).</span>
<b>PHY239</b> Therascience	gel/jour	bte	<b>Cortinat - 60 caps : THERASCIENCE</b> <p>

</p><p style="text-align: justify;">60 capsules containing 25 mg of blackcurrant extract, 320 mg of licorice extract, 90 mg of ginseng extract, 50 mg of L-tyrosine, and 1.5 mg of vitamin B6, contributing to steroid hormone metabolism (cortisol) and helping to better resist stress and reduce fatigue.</p><p><style>@font-face

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<b>PT275</b>	caps/jour	bte	<b>Ashwagandha Bio - 90 caps : THERASCIENCE</b> <p style="text-align: justify;">90 capsules containing 300 mg of ashwagandha extract, standardized to 15 mg of withanolides, enhancing physical and mental abilities, as well as helping to resist stress.</p>
Therascience			
<b>RHROH</b>	caps/jour	bte	<b>Rosenwurz - 90 caps : HANOJU</b> 90 caps contain 400 mg of Rhodiola rosea (with 3% rosavin), an adaptogenic herb supporting the adrenal function and helpful to reduce stress.
Original Hanoju			
<b>RHRPE</b>	caps/jour	bte	<b>Rhodiola Rosea Rosenwurz - 180 caps : HANOJU</b> <span>180 caps contain 400 mg of Rhodiola rosea (with 3% rosavin), an adaptogenic herb supporting the adrenal function and helpful to reduce stress.</span>
Original Hanoju			
<b>RHSOH</b>	caps/jour	bte	<b>Rosenwurz - 180 caps : HANOJU</b> <p style="text-align: justify;">180 caps contain 400 mg of Rhodiola rosea (with 3% rosavin), an adaptogenic herb supporting the adrenal function and helpful to reduce stress.</p>
Original Hanoju			
<b>STLPY</b>	gel/jour	bte	<b>Stress Less - 60 capsules : PURELY YOURS</b> 60 capsules containing <em>Ashwagandha</em> (250 mg), <em>Rhodiola</em> (125 mg), <em>Magnolia</em> (100 mg), L-theanine (50 mg), and vitamin D (10 mcg).
Purely Yours Laboratories			
<b>STMPY</b>	gel/jour	bte	<b>Stress Less - 90 capsules : PURELY YOURS</b> 90 capsules containing <em>Ashwagandha</em> (250 mg), <em>Rhodiola</em> (125 mg), <em>Magnolia</em> (100 mg), L-theanine (50 mg), and vitamin D (10 mcg).
Purely Yours Laboratories			
<b>STNPY</b>	gel/jour	bte	<b>Stress Less - 120 capsules : PURELY YOURS</b> 120 capsules containing <em>Ashwagandha</em> (250 mg), <em>Rhodiola</em> (125 mg), <em>Magnolia</em> (100 mg), L-theanine (50 mg), and vitamin D (10 mcg).
Purely Yours Laboratories			

## 5 - ANTI ANAEMIC

## 6 - ANTIOXIDANTS

<b>APGPY</b>	gel/jour	bte	<b>Apigenine - 60 caps : PURELY YOURS</b> 60 caps contain 35 mg of powerful antioxidant phytonutrient apigenin (from chamomile flowers extract).
<b>APHPY</b>	gel/jour	bte	<b>Apigenine - 90 caps : PURELY YOURS</b> <span>90 caps contain 35 mg of powerful antioxidant phytonutrient apigenin (from chamomile flowers extract).</span>
<b>APIPY</b>	gel/jour	bte	<b>Apigenine - 120 caps : PURELY YOURS</b> 120 caps contain 35 mg of powerful antioxidant phytonutrient apigenin (from chamomile flowers extract).
<b>ATXPE</b>	caps/jour	bte	<b>Astaxanthine - 60 caps : PURELY YOURS</b> <span>60 caps contain 4 mg of pure astaxanthin, a powerful carotenoid and antioxidant.</span>
<b>ATXPY</b>	gel/jour	bte	<b>Astaxanthine - 60 caps : PURELY YOURS</b> 60 caps contain 4 mg of pure astaxanthin, a powerful carotenoid and antioxidant.
<b>ATYPY</b>	gel/jour	bte	<b>Astaxanthine - 90 caps : PURELY YOURS</b> 90 caps contain 4 mg of pure astaxanthin, a powerful carotenoid and antioxidant.
<b>ATZPY</b>	gel/jour	bte	<b>Astaxanthine - 120 caps : PURELY YOURS</b> 120 caps contain 4 mg of pure astaxanthin, a powerful carotenoid and antioxidant.
<b>CP10PY</b>	gel/jour	bte	<b>Coenzyme Q10 100 mg - 60 caps : PURELY YOURS</b> 60 capsules containing 100 mg of coenzyme Q10 together with 250 mg of vitamin C.
<b>CP25PY</b>	gel/jour	bte	<b>Coenzyme Q10 250 mg - 60 caps : PURELY YOURS</b> 60 capsules containing 250 mg of coenzyme Q10 together with 250 mg of vitamin C.
<b>CQ10PY</b>	gel/jour	bte	<b>Coenzyme Q10 100 mg - 90 caps : PURELY YOURS</b> <p>90 capsules containing 100 mg of coenzyme Q10 (ubiquinone) together with 250 mg of vitamin C.</p>
<b>CQ25PY</b>	gel/jour	bte	<b>Coenzyme Q10 250 mg - 90 caps : PURELY YOURS</b> 90 capsules containing 250 mg of coenzyme Q10 together with 250 mg of vitamin C.
<b>CQ5OH</b>	caps/jour	bte	<b>Coenzyme Q10 100 mg - 90 caps : PURELY YOURS</b> <span>90 capsules containing 100 mg of coenzyme Q10 (Ubiquinone) together with 250 mg of vitamin C.</span>
<b>CQBL</b>	gel/jour	bte	<b>Co-Q10 - 180 caps : BIOLIFE</b> <p style="text-align: justify;">180 vegan caps contain 50 mg of coenzyme Q10.</p>
<b>CQHNE</b>	gel/jour	bte	<b>Coenzyme Q10 100 mg - 60 caps : PURELY YOURS</b> <span>60 capsules containing 100 mg of coenzyme Q10 together with 250 mg of vitamin C.</span>
<b>CQHNS</b>	caps/jour	bte	<b>Ubiquinol - 30 capsules : NUTRISSENTIEL</b> <p style="text-align: justify;">30 capsules containing 100 mg of ubiquinol, the biologically active form of coenzyme Q10, playing a central role in cellular energy production, antioxidant protection, and supporting cardiovascular and muscular health.</p>
<b>CR10PY</b>	gel/jour	bte	<b>Coenzyme Q10 100 mg - 120 caps : PURELY YOURS</b> 120 capsules containing 100 mg of coenzyme Q10 together with 250 mg of vitamin C.
<b>CR25PY</b>	gel/jour	bte	<b>Coenzyme Q10 250 mg - 120 caps : PURELY YOURS</b> 120 capsules containing 250 mg of coenzyme Q10 together with 250 mg of vitamin C.
<b>CR6PE</b>	caps/jour	bte	<b>Coenzyme Q10 100 mg - 120 caps : PURELY YOURS</b> <span>120 capsules containing 100 mg of coenzyme Q10 together with 250 mg of vitamin C.</span>
<b>ELGNM</b>	ml/jour	bout.	<b>Elixir de grenade - 500ml : NATURA MEDICATRIX</b> <p style="text-align: justify;">This bottle contains the pulp and juice of 50 pomegranates from controlled agriculture whose concentrate is enriched with an extremely bio-active fermented pomegranate TOTUM which includes the full spectrum of all the polyphenols of the fruit. This juice is a real synergy of the plant, more active by its high minimum concentration 25 times increased in bio-available fermented polyphenols (enzymatic degradation) and other anthocyanins.</p>

<b>GBEOH</b> Original Hanoju	caps/jour	bte	<b>Ginkgo Biloba Extrakt - 90 caps : HANOJU</b> <p>90 capsules containing 400 mg of standardized Ginkgo biloba extract (96 mg of flavonoids), with antioxidant, vascular, cognitive, and anti-stress properties.</p>
<b>GHNAT</b> Therascience	sachet/jour	bte	<b>GH-NAT - 30 sachets : THERASCIENCE</b> <p style="text-align: justify;">30 sachets (passion fruit flavor) containing a blend of 6 amino acids (10.5g; L-arginine, L-lysine, L-citrulline, L-ornithine, HMB, L-glutamine), 50 mg of ginseng extract, and a vitamin complex (D3, B5, B9, B12), necessary to maintain muscle mass, support the body's resistance, and aid in cellular renewal.</p>
<b>GRPNM</b> Natura Medicatrix	gel/jour	bte	<b>Grana Prosan - 100 caps : NATURA MEDICATRIX</b> <p>100 vegan caps of 100% fermented Pomegranate Totum with a reduced carbohydrate content and 20% polyphenol concentration.</p>
<b>LYSOV</b> AOV	caps/jour	bte	<b>L-Lysine (500 mg) - 90 caps : AOV</b> <p style="text-align: justify;">90 vegan caps contain 500mg of L-lysine.</p>
<b>MAGPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Magnolia 500 mg - Honokiol - 60 caps : PURELY YOURS</b> 60 caps containing 500 mg of magnolia bark (from <em>Magnolia officinalis</em>; 1,5 % de honokiol).
<b>MAHPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Magnolia 500 mg - Honokiol - 90 caps : PURELY YOURS</b> 90 caps containing 500 mg of magnolia bark (from <em>Magnolia officinalis</em>; 1,5 % de honokiol).
<b>MAIPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Magnolia 500 mg - Honokiol - 120 caps : PURELY YOURS</b> 120 caps containing 500 mg of magnolia bark (from <em>Magnolia officinalis</em>; 1,5 % de honokiol).
<b>MNQBC</b> Metagenics	caps/jour	bte	<b>Oxyperm - 90 caps : METAGENICS</b> <p>90 capsules containing a blend of vitamin C (333mg), vitamin E (30mg), zinc (10mg), and selenium (66mcg), protecting against oxidative stress.</p>
<b>NACPY</b> Purely Yours Laboratories	gel/jour	bte	<b>N-Acetyl Cysteine 600 mg - 60 caps : PURELY YOURS</b> 60 capsules containing 600 mg of N-acetylcysteine (NAC), a precursor of glutathione.
<b>NAKPY</b> Purely Yours Laboratories	gel/jour	bte	<b>N-Acetyl Cysteine 900 mg - 60 caps : PURELY YOURS</b> 60 capsules containing 900 mg of N-acetylcysteine (NAC), a precursor of glutathione.
<b>NBCPY</b> Purely Yours Laboratories	gel/jour	bte	<b>N-Acetyl Cysteine 600 mg - 90 caps : PURELY YOURS</b> 90 capsules containing 600 mg of N-acetylcysteine (NAC), a precursor of glutathione.
<b>NBKPY</b> Purely Yours Laboratories	gel/jour	bte	<b>N-Acetyl Cysteine 900 mg - 90 caps : PURELY YOURS</b> 90 capsules containing 900 mg of N-acetylcysteine (NAC), a precursor of glutathione.
<b>NCCPY</b> Purely Yours Laboratories	gel/jour	bte	<b>N-Acetyl Cysteine 600 mg - 120 caps : PURELY YOURS</b> 120 capsules containing 600 mg of N-acetylcysteine (NAC), a precursor of glutathione.
<b>NCKPY</b> Purely Yours Laboratories	gel/jour	bte	<b>N-Acetyl Cysteine 900 mg - 120 caps : PURELY YOURS</b> 120 capsules containing 900 mg of N-acetylcysteine (NAC), a precursor of glutathione.
<b>OXYBD</b> Metagenics	caps/jour	bte	<b>Oxyperm - 90 caps : METAGENICS</b> <p>90 capsules containing a blend of vitamin C (333mg), vitamin E (30mg), zinc (10mg), and selenium (66mcg), protecting against oxidative stress.</p>
<b>PHY276</b> Therascience	gel/jour	bte	<b>Enzym'Up - 120 caps : THERASCIENCE</b> <p style="text-align: justify;">120 vegan capsules containing a blend of enzymes (amylase, protease, glucoamylase, pectinase, alpha-galactosidase, lactase, cellulase, lipase, bromelain, xylanase, hemicellulase, maltase, invertase, papain), to support digestion.</p>
<b>PHY318LU</b> Therascience	comp/jour	bte	<b>Gluco 3 - 90 TABS : THERASCIENCE</b> <p style="text-align: justify;">90 tablets containing 187.5 µg of chromium, 500 mg of berberine, 34 mg of cinnamon extract, and 340 mg of cinnamon powder, to effectively combat high blood sugar and triglyceride levels.</p>
<b>PHY475</b> Therascience	gel/jour	bte	<b>Astaxanthine BIO - 30 gel : Therascience</b> <p>30 caps contain 4 mg of pure astaxanthin, a powerful carotenoid and antioxidant.</p>
<b>PHY482</b> Therascience	gel/jour	bte	<b>Pycnogenol - 60 gel : THERASCIENCE</b> <p style="text-align: justify;">60 capsules containing 100 mg of maritime pine extract Pycnogenol,

standardized to 65 mg of procyanidins, improving microcirculation by increasing capillary permeability and protecting vascular walls.</p></div>

<b>PHY490</b> Therascience	comp/jour	bte	<b>Acide Lipoique Gold - 60 comp : THERASCIENCE</b> <p style="text-align: justify;">60 tablets containing 300 mg of R-lipoic acid, the naturally occurring form of lipoate, a powerful sulfur-containing antioxidant.</p>
<b>PPSDL</b> Energetica Natura	caps/jour	bte	<b>Phosphatidylcholine - 100 caps : BIOTICS RESEARCH</b> <p style="text-align: justify;"><span>100 vegan caps contain 1,200 mg of lecithin providing 420 mg of phosphatidyl-choline (from soy lecithin).</span></p>
<b>PPSTR</b> Thorne Research	caps/jour	bte	<b>Phosphatidylserine - 60 caps : THORNE RESEARCH</b> <p style="text-align: justify;">60 capsules containing 100 mg of phosphatidylserine, used to support brain function, improve memory and concentration, reduce stress, and potentially enhance athletic performance.</p>
<b>PQQDL</b> Purely Yours Laboratories	gel/jour	bte	<b>PQQ 20 mg - 60 caps : PURELY YOURS</b> <span>60 capsules contain 20 mg of powerful antioxidant phytonutrient BioPQQ (</span><em>Pyrroloquinoline Quinone Disodeum Salt</em><span>) to support mitochondrial health.</span>
<b>PQQJF</b> Purely Yours Laboratories	gel/jour	bte	<b>PQQ 20 mg - 60 caps : PURELY YOURS</b> <p>60 capsules contain 20 mg of powerful antioxidant phytonutrient BioPQQ (<em>Pyrroloquinoline Quinone Disodeum Salt</em>) to support mitochondrial health<span>.</span></p>
<b>PQQPY</b> Purely Yours Laboratories	gel/jour	bte	<b>PQQ 20 mg - 60 caps : PURELY YOURS</b> <p>60 capsules contain 20 mg of powerful antioxidant phytonutrient BioPQQ (<em>Pyrroloquinoline Quinone Disodeum Salt</em>) to support mitochondrial health.</p>
<b>PQRPY</b> Purely Yours Laboratories	gel/jour	bte	<b>PQQ 20 mg - 90 caps : PURELY YOURS</b> <p>90 capsules contain 20 mg of powerful antioxidant phytonutrient BioPQQ (<em>Pyrroloquinoline Quinone Disodeum Salt</em>) to support mitochondrial health.</p>
<b>PQSPY</b> Purely Yours Laboratories	gel/jour	bte	<b>PQQ 20 mg - 120 caps : PURELY YOURS</b> <p>120 capsules contain 20 mg of powerful antioxidant phytonutrient BioPQQ (<em>Pyrroloquinoline Quinone Disodeum Salt</em>) to support mitochondrial health.</p>
<b>QCTPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Quercetine - 60 caps : PURELY YOURS</b> 60 caps containing 400 mg of quercetine (from Sophora Japonica L).
<b>QCUPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Quercetine - 90 caps : PURELY YOURS</b> 90 caps containing 400 mg of quercetine (from Sophora Japonica L).
<b>QCWPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Quercetine - 120 caps : PURELY YOURS</b> 120 caps containing 400 mg of quercetine (from Sophora Japonica L).
<b>RLAPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Acide R-Lipoic - 60 caps : PURELY YOURS</b> 60 capsules contain 100 mg of R-lipoic acid (the naturally occurring form of lipoate, a powerful sulphur-containing antioxidant).
<b>RLBPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Acide R-Lipoic - 90 caps : PURELY YOURS</b> 90 caps contain 100 mg of R-lipoic acid (the naturally occurring form of lipoate, a powerful sulphur-containing antioxidant).
<b>RLCPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Acide R-Lipoic - 120 caps : PURELY YOURS</b> 120 capsules contain 100 mg of R-lipoic acid (the naturally occurring form of lipoate, a powerful sulphur-containing antioxidant).
<b>RSVPE</b> Purely Yours Laboratories	gel/jour	bte	<b>Resveratrol 100 mg - 60 caps : PURELY YOURS</b> <span>60 capsules containing 100 mg of resveratrol (from Polygonum cuspidatum), and 100 mg of vitamin C.</span>
<b>RSVPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Resveratrol 100 mg - 60 caps : PURELY YOURS</b> 60 capsules containing 100 mg of resveratrol (from Polygonum cuspidatum), and 100 mg of vitamin C.
<b>RSWPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Resveratrol 100 mg - 90 caps : PURELY YOURS</b> 90 capsules containing 100 mg of resveratrol (from Polygonum cuspidatum), and 100 mg of vitamin C.
<b>RSXPY</b>	gel/jour	bte	<b>Resveratrol 100 mg - 120 caps : PURELY YOURS</b>



Purely Yours Laboratories

120 capsules containing 100 mg of resveratrol (from Polygonum cuspidatum), and 100 mg of vitamin C.

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<b>SAGLB</b>	tab/jour	bte	<b>Sage - 90 tabs : LAMBERTS</b>
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Lamberts

<p>90 vegan tablets containing 500 mg of highly concentrated sage extract, contributing to comfort before/during menstruation and providing a soothing effect for the respiratory tract.</p>

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<b>SAMOH</b>	caps/jour	bte	<b>SAMe - 60 caps : HANOJU</b>
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Original Hanoju

60 caps provide 200 mg of SAMe (S-adenosylmethionine) to support mood and cognitive functions.

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<b>SPCNE</b>	caps/jour	bte	<b>Spirulina-Chlorella Balance - 500 caps : CERES PHARMA</b>
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Ceres Pharma

<p style="text-align: justify;">500 caps containing 10.5g of Spirulina platensis and 4.5g of Chlorella vulgaris</p>

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<b>SPKNE</b>	caps/jour	bte	<b>2x Spirulina-Chlorella Balance - 500 caps : CERES PHARMA</b>
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Ceres Pharma

<p style="text-align: justify;">500 caps containing 10.5g of Spirulina platensis and 4.5g of Chlorella vulgaris</p>

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<b>UBQSG</b>	gel/jour	bte	<b>Ubiquinol - 30 capsules : NUTRISENTIEL</b>
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Nutrisentiel

<p style="text-align: justify;">30 capsules containing 100 mg of ubiquinol, the biologically active form of coenzyme Q10, playing a central role in cellular energy production, antioxidant protection, and supporting cardiovascular and muscular health.</p>

## 7 - BONE

## 8 - CARDIOVASCULAR SUPPORT

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<b>NMCNE</b>	gel/jour	bte	<b>Normochol - 120 caps : CERES PHARMA</b>
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Ceres Pharma

<p style="text-align: justify;">120 vegan caps containing 350mg of dry extract of Cynara scolymus, 90mg of choline bitartrate, 150mg of dry extract of Allium sativum, 2.9mg of calcium carbonate, 50mg of dry extract of Olea europaea, and 4mg of Vitamin B3 (Nicotinamide).</p>

## 9 - CAROTENOIDS

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<b>ATXHN</b>	caps/jour	bte	<b>Astaxanthine - 90 caps : PURELY YOURS</b>
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Purely Yours Laboratories

90 caps contain 4 mg of pure astaxanthin, a powerful carotenoid and antioxidant.

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<b>CARJF</b>	caps/jour	bte	<b>Carotenoides Forte - 60 caps : PURELY YOURS</b>
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Purely Yours Laboratories

60 caps contain mix carotenoids (alpha-carotene, beta-carotene, astaxanthin, zeaxanthin, lutein, lycopene) from non-GMO natural sources.

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<b>CARPY</b>	gel/jour	bte	<b>Carotenoides Forte - 60 caps : PURELY YOURS</b>
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Purely Yours Laboratories

60 softgels contain mix carotenoids (alpha-carotene, beta-carotene, astaxanthin, zeaxanthin, lutein, lycopene) from non-GMO natural sources.

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<b>CASPY</b>	gel/jour	bte	<b>Carotenoides Forte - 90 caps : PURELY YOURS</b>
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Purely Yours Laboratories

<span>90 softgels contain mix carotenoids (alpha-carotene, beta-carotene, astaxanthin, zeaxanthin, lutein, lycopene) from non-GMO natural sources.</span>

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<b>CATPY</b>	gel/jour	bte	<b>Carotenoides Forte - 120 caps : PURELY YOURS</b>
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Purely Yours Laboratories

<span>120 softgels contain mix carotenoids (alpha-carotene, beta-carotene, astaxanthin, zeaxanthin, lutein, lycopene) from non-GMO natural sources.</span>

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<b>LUTOV</b>	caps/jour	bte	<b>Luteine Forte - 60 caps : AOV</b>
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AOV

<p>60 vegan caps contain 20 mg of lutein and 1000 mcg of zeaxanthin, two carotenoids crucial for eye health.</p>

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<b>LYCPY</b>	gel/jour	bte	<b>Lycopene 20 mg - 60 caps : PURELY YOURS</b>
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Purely Yours Laboratories

60 caps containing 20 mg of lycopene, a carotenoid important for its powerful antioxidant properties.

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<b>LYDPY</b>	gel/jour	bte	<b>Lycopene 20 mg - 90 caps : PURELY YOURS</b>
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Purely Yours Laboratories

90 caps containing 20 mg of lycopene, a carotenoid important for its powerful antioxidant properties.

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<b>LYEPY</b>	gel/jour	bte	<b>Lycopene 20 mg - 120 caps : PURELY YOURS</b>
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Purely Yours Laboratories

120 caps containing 20 mg of lycopene, a carotenoid important for its powerful antioxidant properties.

## 10 - DIINDOLYLMETHANE

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<b>DIMAR</b>	gel/jour	bte	<b>DIM 120 caps : ALLERGY RESEARCH</b>
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Allergy Research

<p style="text-align: justify;">

<span lang="EN-GB" style="font-size:9.0pt;mso-bidi-font-size:12.0pt;font-family:"arial",sans-serif;mso-fareast-font-family:cambria;="" mso-fareast-theme-font:minor-latin;mso-bidi-font-family:"times="" new="" roman";="" mso-bidi-theme-font:minor-bidi;mso-ansi-language:en-gb;mso-fareast-language:="" en-us;mso-bidi-language:ar-sa="">120 vegan caps contain 75 mg of diindolylmethane (DIM) extracted from cruciferous plants.</span><style>@font-face {font-family:"Cambria Math";panose-1:2 4 5 3 5 4 6 3 2 4;mso-font-charset:0;mso-generic-font-family:roman;mso-font-pitch:variable;mso-font-signature:-536870145 1107305727 0 0 415 0;}@font-face {font-family:Cambria;panose-1:2 4 5 3 5 4 6 3 2 4;mso-font-charset:0;mso-generic-font-family:roman;mso-font-pitch:variable;mso-font-signature:-536870145 1073743103 0 0 415 0;}p.MsoNormal, li.MsoNormal, div.MsoNormal {mso-style-unhide:no;mso-style-qformat:yes;mso-style-parent:"";margin-top:0cm;margin-right:0cm;margin-bottom:10.0pt;margin-left:0cm;mso-pagination:widow-orphan;font-size:12.0pt;font-family:"Cambria",serif;mso-ascii-font-family:Cambria;mso-ascii-theme-font:minor-latin;mso-fareast-font-family:Cambria;mso-fareast-theme-font:minor-latin;mso-hansi-font-family:Cambria;mso-hansi-theme-font:minor-latin;mso-bidi-font-family:"Times New Roman";mso-bidi-theme-font:minor-bidi;mso-ansi-language:EN-US;mso-fareast-language:EN-US;}.MsoChpDefault {mso-style-type:export-only;mso-default-props:yes;font-family:"Cambria",serif;mso-ascii-font-family:Cambria;mso-ascii-theme-font:minor-latin;mso-fareast-font-family:Cambria;mso-fareast-theme-font:minor-latin;mso-hansi-font-family:Cambria;mso-hansi-theme-font:minor-latin;mso-bidi-font-family:"Times New Roman";mso-bidi-theme-font:minor-bidi;mso-font-kerning:0pt;mso-ligatures:none;mso-ansi-language:FR;mso-fareast-language:EN-US;}.MsoPapDefault

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<b>DIMJF</b> caps/jour Jarrow Formulas	bte	<b>DIM + CDG - 30 caps : JARROW FORMULAS</b> <p>30 vegan caps containing 100 mg of DIM (diindolylmethane) and 250 mg of CDG (calcium-D-glucarate), a support for detoxification pathways (glucuronidation and hepatic hydroxylation) in hormonal regulation (estrogen and testosterone)</p>
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<b>DIMOV</b> gel/jour Allergy Research	bte	<b>DIM - 120 caps : ALLERGY RESEARCH</b> <p style="text-align: justify;">
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<span lang="EN-GB" style="font-size:9.0pt;mso-bidi-font-size:12.0pt;font-family:"arial",sans-serif;mso-fareast-font-family:cambria;="" mso-fareast-theme-font:minor-latin;mso-bidi-font-family:"times="" new="" roman";="" mso-bidi-theme-font:minor-bidi;mso-ansi-language:en-gb;mso-fareast-language:="" en-us;mso-bidi-language:ar-sa="">120 vegan caps contain 75 mg of diindolylmethane (DIM) extracted from cruciferous plants.</span><style>@font-face {font-family:"Cambria Math"; panose-1:2 4 5 3 5 4 6 3 2 4; mso-font-charset:0; mso-generic-font-family:roman; mso-font-pitch:variable; mso-font-signature:-536870145 1107305727 0 0 415 0;}@font-face {font-family:Cambria; panose-1:2 4 5 3 5 4 6 3 2 4; mso-font-charset:0; mso-generic-font-family:roman; mso-font-pitch:variable; mso-font-signature:-536870145 1073743103 0 0 415 0;}p.MsoNormal, li.MsoNormal, div.MsoNormal {mso-style-unhide:no; mso-style-qformat:yes; mso-style-parent:""; margin-top:0cm; margin-right:0cm; margin-bottom:10.0pt; margin-left:0cm; mso-pagination:widow-orphan; font-size:12.0pt; font-family:"Cambria",serif; mso-ascii-font-family:Cambria; mso-ascii-theme-font:minor-latin; mso-fareast-font-family:Cambria; mso-fareast-theme-font:minor-latin; mso-hansi-font-family:Cambria; mso-hansi-theme-font:minor-latin; mso-bidi-font-family:"Times New Roman"; mso-bidi-theme-font:minor-bidi; mso-ansi-language:EN-US; mso-fareast-language:EN-US;}MsoChpDefault {mso-style-type:export-only; mso-default-props:yes; font-family:"Cambria",serif; mso-ascii-font-family:Cambria;

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**DIMPE** caps/jour bte  
Pure Encapsulations

**DIM Ultra - 60 caps : PURE ENCAPSULATIONS**

<p style="text-align: justify;">contain 50 mg of DIM (diindolylmethane) complex and 50 mg of CDG (calcium-D-glucarate) supporting healthy œstrogen detoxification.</p>

**DIMPY** gel/jour bte  
Allergy Research

**DIM - (120 caps) : ALLERGY RESEARCH**

<p style="text-align: justify;">

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DINPY gel/jour  
Allergy Research

bte

**DIM-120 caps : ALLERGY RESEARCH**

<p style="text-align: justify;">

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DIOPY gel/jour  
Allergy Research

bte

**DIM / 120 caps : ALLERGY RESEARCH**

<p style="text-align: justify;">

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I3CNV gel/jour  
Allergy Research

bte

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I3COV gel/jour  
Allergy Research

bte

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I3CTR gel/jour  
Allergy Research

bte

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## 11 - ENZYMES

<b>AUENF</b> NutriFarma	gel/jour	bte	<b>Alfa Ultra Enzymes - 30 caps : NUTRIFARMA</b> <p style="text-align: justify;">30 caps containing a complex of enzymes necessary for proper digestion.</p>
<b>AUFNF</b> NutriFarma	gel/jour	bte	<b>Alfa Ultra Enzymes - 120 caps : NUTRIFARMA</b> <p>120 caps containing a complex of enzymes necessary for proper digestion.</p>
<b>ENZOL</b> Ortholon	caps/jour	bte	<b>Enzym - 60 caps : ORTHOLON</b> <p style="text-align: justify;">60 caps containing 100 mg of bromelain, 37 mg of protease 6, 13 mg of protease 4.5, 33 mg of amylase, 6.5 mg of lipase, and 5.5 mg of cellulase, catalytic enzymes that help break down proteins, fats, carbohydrates, and fibers, thereby improving the efficiency of digestion and nutrient availability in the body.</p>

<b>ENZVL</b> Vital Cell Life	caps/jour	bte	<b>Super Enzymes - 100 caps : VITAL CELL LIFE</b> <p style="text-align: justify;">100 veggie caps containing 333mg of pancreatin, 75mg of rutin, 150mg of bromelain, and 150mg of papain, improving digestion, detoxification, cellular health, and providing better metabolic support.</p>
<b>GSCNF</b> NutriFarma	gel/jour	bte	<b>Gastric - 60 gel : NUTRIFARMA</b> <p style="text-align: justify;">60 capsules contain 150 mg of licorice, 300 mg of taurine, 400 mcg of vitamin A, 7.5 mg of zinc, 50 mg of protease, 75 mg of lipase and 5 mg of L-cysteine</p>
<b>GTZEN</b> Energetica Natura	comp/jour	bte	<b>Gastrazyme - 90 comp : ENERGETICA NATURA</b> <p>90 vegicaps containing 10 mg of Vitamin U complex, 100 mg of gamma-oryzanol, 90 mg of pea powder, 20 mg of chlorophyllin, and 850 mcg of Vitamin A.</p>
<b>SE40NV</b> Vital Cell Life	gel/jour	bte	<b>Serrapeptase - 60 caps : VITAL CELL LIFE</b> <p style="text-align: justify;">60 veggie caps containing 400mg (130,000 SPU) of Serrapeptase enzyme, helping to break down unnecessary proteins in the body, with anti-inflammatory and detoxifying effects.</p>
<b>SF25GH</b> Vital Cell Life	gel/jour	bte	<b>Serrapeptase - 60 caps : VITAL CELL LIFE</b> <p style="text-align: justify;">60 veggie caps containing 400mg (130,000 SPU) of Serrapeptase enzyme, helping to break down unnecessary proteins in the body, with anti-inflammatory and detoxifying effects.</p>
<b>12 - ESSENTIAL FATTY ACIDS</b>			
<b>EOMHN</b> Ceres Pharma	caps/jour	bte	<b>2X Omega Complex - 90 capsules : CERES PHARMA</b> <p style="text-align: justify;"><span>2 X 90 capsules contain a mixture of omega 3 (119 mg of EPA and 84 mg of DHA) and borage oil providing 200 mg of GLA (omega 6).</span></p>
<b>EPAPE</b> Pure Encapsulations	gel/jour		<b>One Omega - 30 caps : PURE ENCAPSULATIONS</b> <p>30 caps containing 600mg of EPA and 400mg of DHA, omega-3 fatty acids promoting cardiovascular health (through healthy blood pressure), with anti-inflammatory effects and helping nutrient transmission across the blood-brain barrier.</p>
<b>FSOBA</b> Beola	ml/jour	bout.	<b>Flax Seed Oil - 250 ml : BEOLA</b> <p style="text-align: justify;">1 bottle contains 250 ml of flax seed oil high in ALA (cold pressed ? 100% virgin); <strong>keep in the fridge as soon as opened.</strong></p>
<b>HSOBA</b> Beola	ml/jour	bout.	<b>Hemp Seed Oil - 250 ml : BEOLA</b> <p style="text-align: justify;">1 bottle contains 250 ml of hemp seed oil high in GLA (cold pressed – 100% virgin); <strong>keep in the fridge as soon as opened.</strong></p>
<b>KKSOH</b> Original Hanoju	caps/jour	bte	<b>Bio Kokos Öl - 1000 ml : HANOJU</b> <p style="text-align: justify;">One jar contains 1000 ml of organic virgin coconut oil (53% lauric acid), playing an important role in skin hydration, reducing inflammation, supporting the immune system, and brain health. It also helps improve metabolism, supports oral health, and nourishes hair.</p>
<b>O369OH</b> Original Hanoju	gel/jour		<b>Omega 3-6-9 1000 mg - 90 caps : HANOJU</b> <p style="text-align: justify;">90 capsules containing 400 mg of fish oil (including 48 mg of DHA), 300 mg of flaxseed oil (including 150 mg of omega-3), 240 mg of sunflower oil, 140 mg of omega-6, 51 mg of omega-9, and 10 mg of tocopherols.</p>
<b>O7LB</b> Lamberts	gel/jour	bte	<b>Sea Buckthorn Berry Oil - 30 caps : LAMBERTS</b> <p>30 vegan caps containing 1000 mg of sea buckthorn berries, including 270 mg of omega-7 (palmitoleic acid), necessary for reducing cholesterol, inflammation, and having a beneficial effect on insulin sensitivity.</p>
<b>PHY141</b> Therascience	gel/jour		<b>Flaxseed oil - 90 caps : THERASCIENCE</b> <p style="text-align: justify;">90 capsules containing 500 mg of flaxseed oil, including 250 mg of omega-3 alpha-linolenic acid, and 3.35 mg of vitamin E</p>

### 12.1 - ALA

<b>FSODL</b> Ceres Pharma	gel/jour	bte	<b>Gelules de Lin - 60 caps : CERES PHARMA</b> <p style="text-align: justify;"><span>60 caps contains 1000 mg of linseed.</span></p>
<b>FSOJF</b> Ceres Pharma	caps/jour	bte	<b>3X Gelules de Lin - 60 caps : CERES PHARMA</b> <p style="text-align: justify;"><span>180 caps contains 1000 mg of linseed.</span></p>
<b>HDLBA</b> Beola	ml/jour	bout.	<b>Huile de Lin - 250 ml : BEOLA</b> <p style="text-align: justify;">1 bottle contains 250 ml of flax seed oil high in ALA (cold pressed ? 100%

virgin); <strong>keep in the fridge as soon as opened.</strong></p>

<b>LIGNE</b> Ceres Pharma	caps/jour	bte	<b>Gelules de Lin - 60 caps : CERES PHARMA</b> <p>60 caps contains 1000 mg of linseed.</p>
<b>PHY464</b> Therascience	gel/jour	bout.	<b>Origan - 30 gel : THERASCIENCE</b> <p style="text-align: justify;">30 capsules containing 50 mg of oregano essential oil and 5 mg of lemongrass essential oil, for optimal intestinal function and assimilation without reflux.</p><p></p></td>

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## 12.2 - GLA

<b>BRONE</b> Ceres Pharma	caps/jour	bte	<b>Huile de Bourrache - 90 capsules : CERES PHARMA</b> <p>90 caps contain 1000 mg of borage oil providing 200 mg of GLA (omega 6).</p>
<b>BSOBD</b> Metagenics	caps/jour	bte	<b>Borage 500 - 90 caps : METAGENICS</b> <p>90 vegicaps containing 500 mg of borage oil (Oleum Borago officinalis), including 90 mg of gamma-linolenic acid, contributing to improved skin elasticity, support for premenstrual syndrome, and enhancing cardiovascular effects by increasing good cholesterol (HDL).</p>
<b>BSOKF</b> Ceres Pharma	caps/jour	bte	<b>Huile de Bourrache - 250 caps : CERES PHARMA</b> <p style="text-align: justify;"><span>250 capsules contain borage oil providing &nbsp;200 mg of omega 6 GLA fatty acid.</span></p>
<b>BSONE</b> Ceres Pharma	caps/jour	bte	<b>Huile de Bourrache - 250 caps : CERES PHARMA</b> <p style="text-align: justify;">250 capsules contain borage oil providing 200 mg of omega 6 GLA fatty acid.</p>
<b>EPOBL</b> Biolife	gel/jour	bte	<b>Evening Primrose 1000 - 90 caps : BIOLIFE</b> <p style="text-align: justify;">90 vegan caps contain 1000 mg of evening primrose oil providing at least 92 mg of GLA (omega 6).</p>
<b>EPOOH</b> Original Hanoju	caps/jour	bte	<b>Bio Teunisbloem olie - 90 gel : HANOJU</b> <p>90 caps containing 500mg of primrose oil (including 45mg of omega-6), reducing symptoms of premenstrual syndrome and supporting the skin and cardiovascular system.</p>
<b>EPOPE</b> Original Hanoju	caps/jour	bte	<b>Bio Teunisbloem olie - 90 gel : HANOJU</b> <p>90 caps containing 500mg of primrose oil (including 45mg of omega-6), reducing symptoms of premenstrual syndrome and supporting the skin and cardiovascular system.</p><style type="text/css">p.p1 {margin: 0.0px 0.0px 0.0px 0.0px; font: 7.9px Arial; color: #000000}</style>
<b>EPQBL</b>	gel/jour	bte	<b>Evening Primrose 1000 - 180 caps : BIOLIFE</b>

Biolife <p style="text-align: justify;">180 vegan caps contain 1000 mg of evening primrose oil providing at least 92 mg of GLA (omega 6).</p>

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**GLADL** caps/jour bte **Huile de Bourrache - 90 capsules : CERES PHARMA**  
Ceres Pharma <p style="text-align: justify;"><span>90 caps contain 1000 mg of borage oil providing 200 mg of GLA (omega 6).</span></p>

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**GLDBC** caps/jour bte **Huile de Bourrache - 250 caps : CERES PHARMA**  
Ceres Pharma <p style="text-align: justify;"><span>250 capsules contain borage oil providing &nbsp;200 mg of omega 6 GLA fatty acid.</span></p>

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**PHY08** caps/jour bte **Huile d'Onagre - 100 caps : THERASCIENCE**  
Therascience <p style="text-align: justify;">100 capsules containing 0.5 g of evening primrose oil standardized to 50 mg of GLA and natural vitamin E (D-alpha-tocopherol), necessary for maintaining optimal comfort during menstruation and protecting cells against oxidative stress.</p>

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**PHY148** gel/jour bte **Bourrache - 90 caps : THERASCIENCE**  
Therascience <p style="text-align: justify;">90 capsules containing 1 g of borage oil (standardized to 380 mg of linoleic acid and 200 mg of GLA) and vitamin E, promoting skin hydration and protecting cells against oxidative stress.</p>

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**PHY316** gel/jour bte **Krill Oil - 60 caps : THERASCIENCE**  
Therascience <p style="text-align: justify;">60 capsules containing 330 mg of phospholipids, 159 mg of omega-3 (89 mg of EPA and 41 mg of DHA), 41 mg of choline, and 60 mcg of astaxanthin, for the proper functioning of the cardiovascular and nervous systems and to support the normal metabolism of lipids.</p>

## 12.3 - ALA/GLA

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**HDCBA** ml/jour bout. **Huile de Chanvre - 250 ml : BEOLA**  
Beola <p style="text-align: justify;">1 bottle contains 250 ml of hemp seed oil high in GLA (cold pressed – 100% virgin); <strong>keep in the fridge as soon as opened.</strong></p>

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**LINFR** ml/jour flacon **Linolia GLA+ - 238 ml : FREDANISA**  
Fredanisa <p>1 box contains 14 bottles of 17 ml, each containing a blend of 3859 mg of LA, 1190 mg of GLA, and 1639 mg of ALA (olive oil, flaxseed oil, borage seed oil, and sunflower oil, as well as natural tocopherols).</p>

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**LINGFR** ml/jour flacon **Linolia GLA+ - 238 ml 3=3 : FREDANISA**  
Fredanisa <p>1 box contains 14 bottles of 17 ml, each containing a blend of 3859 mg of LA, 1190 mg of GLA, and 1639 mg of ALA (olive oil, flaxseed oil, borage seed oil, and sunflower oil, as well as natural

tocopherols)</p>

## 12.4 - ALA/SDA

<b>ECHOT</b>	caps/jour	bte	<b>Omega 3 Vegan - 60 caps : ORTHICA</b>
Orthica			<p style="text-align: justify;">60 vegcaps containing Echium plantagineum oil and marine algae oil (Schizochytrium sp.) providing 29 mg of SDA (omega 6), 22 mg of GLA (omega 6), and 122 mg of DHA (long-chain omega 3), essential for cardiovascular, brain, eye, and skin health. They also play a key role in reducing inflammation, regulating metabolism, and supporting the immune system.</p>

## 12.5 - ALA/GLA/SDA

<b>BCOPE</b>	caps/jour	bte	<b>Black Currant Seed Oil - 100 caps : PURE ENCAPSULATIONS</b>
Pure Encapsulations			<p style="text-align: justify;">100 capsules containing 500 mg of black currant seed oil providing omega-3 and omega-6, essential for heart, brain, and eye health, as well as their anti-inflammatory properties and role in the prevention of certain chronic diseases.</p>

## 12.6 - EPA/DHA

<b>DHABS</b>	gel/jour	bte	<b>Omega3 DHA Forte - 60 caps : BONUSAN</b>
Bonusan			<p style="text-align: justify;">60 softgels contain 470 mg of DHA and 100 mg of EPA, two long chain omega 3 fatty acids.</p>

<b>ECEOV</b>	caps/jour	bte	<b>Visolie Forte - 60 caps : AOV</b>
AOV			<p style="text-align: justify;">60 vegan caps provide ultra pure fish oil concentrate with 250 mg of EPA and 150 mg of DHA (omega 3s).</p>

<b>EDEOV</b>	caps/jour	bte	<b>Visolie - 120 caps : AOV</b>
AOV			<p style="text-align: justify;">120 vegan caps provide ultra pure fish oil concentrate with 250 mg of EPA and 150 mg of DHA (omega 3s).</p>

<b>EDLOV</b>	ml/jour	bout.	<b>Eskimo 3 - 210 ml : METAGENICS</b>
Metagenics			<p>1 bottle of 210 ml of deep-sea fish oil and mixed tocopherols (1 teaspoon = 5 ml; lemon flavor), rich in omega-3 fatty acids (750 mg EPA/500 mg DHA) and vitamin E (13 mg), necessary during pregnancy and breastfeeding. Keep refrigerated!</p>

<b>EDOPB</b>	gel/jour	bte	<b>EPA/DHA Omega 3 Fish Oil - 90 caps : PUREBIO</b>
Purebio			<p style="text-align: justify;">90 caps containing 1000 mg of omega-3 (330 mg of EPA and 220 mg of DHA) in the form of fish oil, essential for the proper functioning of the heart, brain, eyes, and for reducing inflammation in the body.</p>

<b>EDPPB</b>	gel/jour	bte	<b>2x One Omega - 30 caps : PURE ENCAPSULATIONS</b>
Pure Encapsulations			<p>60 caps containing 600mg of EPA and 400mg of DHA, omega-3 fatty acids promoting cardiovascular health (through healthy blood pressure), with anti-inflammatory effects and helping nutrient transmission across the blood-brain barrier.</p>

<b>EKEBD</b>	caps/jour	bte	<b>Eskimo Extra - 90 gel : METAGENICS</b>
Metagenics			<p>90 capsules containing 300mg of EPA and 200mg of DHA, supporting heart function and the proper functioning of the brain and vision.</p>

<b>EKLBD</b>	caps/jour	bte	<b>Eskimo 3 - 210 ml : METAGENICS</b>
Metagenics			<p>1 bottle of 210 ml of deep-sea fish oil and mixed tocopherols (1 teaspoon = 5 ml; lemon flavor), rich in omega-3 fatty acids (750 mg EPA/500 mg DHA) and vitamin E (13 mg), necessary during pregnancy and breastfeeding. Keep refrigerated!</p>

<b>EPA6</b>	caps/jour	bte	<b>Eskimo 6/1 - 90 caps : METAGENICS</b>
Metagenics			<p>90 capsules containing 550mg of EPA and 100mg of DHA (omega-3 fatty acids) for a powerful anti-inflammatory effect, as well as beneficial effects on vision and the cardiovascular system.</p>

<b>EPBTR</b>	caps/jour	bte	<b>2xOne Omega - 30 caps : PURE ENCAPSULATIONS</b>
Pure Encapsulations			<p style="text-align: justify;">60 caps containing 600mg of EPA and 400mg of DHA, omega-3 fatty acids promoting cardiovascular health (through healthy blood pressure), with anti-inflammatory effects and helping nutrient transmission across the blood-brain barrier.</p>

<b>EPWPE</b>	gel/jour	bte	<b>2x One Omega - 30 caps : PURE ENCAPSULATIONS</b>
Pure Encapsulations			<p>60 caps containing 600mg of EPA and 400mg of DHA, omega-3 fatty acids promoting cardiovascular health (through healthy blood pressure), with anti-inflammatory effects and helping nutrient transmission across the blood-brain barrier.</p>

<b>FISHFR</b> Fredanisa	ml/jour	flacon	<b>Fisholia - 238 ml : FREDANISA</b> one box contains 14 vials (17 ml) of fish oil adapted to provide 1395 mg of DHA and 1269 mg of EPA (plus some vitamins A, D, and E) for each vial.
<b>FOKOH</b> Original Hanoju	caps/jour	bte	<b>Omega 3 Visolie - 90 caps : HANOJU</b> <p>90 caps containing 1,000mg of concentrated fish oil, providing 180mg of EPA and 120mg of DHA, with anti-inflammatory, pro-cognitive, and pro-cardiovascular effects.</p>
<b>ODHDL</b> Bonusan	caps/jour	bte	<b>Omega 3 DHA Forte - 60 caps : BONUSAN</b> <p style="text-align: justify;">60 softgels contain 470 mg of DHA and 100 mg of EPA, two long chain omega 3 fatty acids.</p>
<b>ODSSG</b> Solgar	gel/jour	bte	<b>Omega 3 double strength - 60 caps : SOLGAR</b> <p style="text-align: justify;">60 capsules containing 360 mg of EPA and 240 mg of DHA, supporting heart, brain, and eye health. They reduce inflammation, help regulate blood pressure and triglyceride levels, and are beneficial for memory and mental health.</p>
<b>OM3BL</b> Biolife	gel/jour	bte	<b>Omega 3 Magnum 1400 - 90 caps : BIOLIFE</b> <p style="text-align: justify;">90 vegan caps contain wild fish oil without heavy metals, pollutants, GMOs providing 210 mg of EPA & 140 mg of DHA.</p>
<b>OMBNS</b> AOV		bte	<b>Visolie Forte - 60 caps : AOV</b> <p style="text-align: justify;">60 vegan caps provide ultra pure fish oil concentrate with 250 mg of EPA and 150 mg of DHA (omega 3s).</p>
<b>OTSSG</b> Solgar	gel/jour	bte	<b>Omega 3 triple strength - 100 softgels : SOLGAR</b> <p style="text-align: justify;">100 capsules containing 504 mg of EPA and 378 mg of DHA, supporting heart, brain, and eye health. They reduce inflammation, help regulate blood pressure and triglyceride levels, and are beneficial for memory and mental health.</p> <p style="text-align: justify;"><strong>OUT OF STOCK: Replace with EDEOV (2 EDEOV capsules = 1 OTSSG capsule).</strong></p>
<b>PHY18</b> Therascience	gel/jour	bte	<b>Omega 3 - 90 gel : THERASCIENCE</b> <p>

<p><p style="text-align: justify;">90 capsules provide 1 g of fish oil standardized to 150 mg of EPA and 100 mg of DHA, essential for cardiovascular health, brain function, eye health, inflammation reduction, and immune function.</p><p><style>@font-face

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## 12.7 - EPA/DHA/PMA

<b>EPASR</b>	caps/jour	bte	<b>Omega 3+7 - 90 caps : CERES PHARMA</b>
Ceres Pharma			<p style="text-align: justify;"><span>90 capsules contain a blend of omega 3 (176,25 mg of EPA and 75 mg of DHA) and 45 mg of omega 7 (150 mg of sea buckthorn or Hippophae rhamnoides extract).</span></p>
<b>EPCBC</b>	caps/jour	bte	<b>Omega 3+7 - 90 caps : CERES PHARMA</b>
Ceres Pharma			<p style="text-align: justify;"><span>90 capsules contain a blend of omega 3 (176,25 mg of EPA and 75 mg of DHA) and 45 mg of omega 7 (150 mg of sea buckthorn or Hippophae rhamnoides extract).</span></p>
<b>O37BNE</b>	caps/jour	bte	<b>Omega 3+7 - 90 caps : CERES PHARMA</b>
Ceres Pharma			<p style="text-align: justify;">90 capsules contain a blend of omega 3 (176,25 mg of EPA and 75 mg of DHA) and 45 mg of omega 7 (150 mg of sea buckthorn or Hippophae rhamnoides extract).</p>
<b>OMPTR</b>	caps/jour	bte	<b>Omega 3+7 - 90 caps : CERES PHARMA</b>
Ceres Pharma			<p style="text-align: justify;"><span>90 capsules contain a blend of omega 3 (176,25 mg of EPA and 75 mg of DHA) and 45 mg of omega 7 (150 mg of sea buckthorn or Hippophae rhamnoides extract).</span></p>

## 12.8 - ALA/EPA/DHA

<b>EKKBD</b>	caps/jour	bte	<b>Eskimo kids Tutti-frutti 105ml : METAGENICS</b>
Metagenics			<p>One bottle contains a blend (5ml = 1 teaspoon) of omega-3 (460mg of EPA, 275mg of DHA, and 230mg of ALA), omega-6 (460mg of LA), and omega-9 (1600mg of Oleic Acid), supporting heart function as well as vision.</p>

## 12.9 - GLA/EPA/DHA

### 12.10 - ALA/GLA/EPA/DHA

<b>OMCNE</b>		bte	<b>Super Gamma Linolenic - 180 caps : BIOLIFE</b>
Biolife			<p style="text-align: justify;">180 vegan caps contain 250 mg of evening primrose oil, borage oil and fish oil providing 90 mg of EPA, 60 mg of DHA (omega 3), and 145 mg of GLA (omega 6) (2 caps at a time).</p>
<b>OMGOH</b>	gel/jour	bte	<b>Super Gamma Linolenic - 90 caps : BIOLIFE</b>
Biolife			<p style="text-align: justify;">90 vegan caps contain 250 mg of evening primrose oil, borage oil and fish oil, providing 90 mg of EPA & 60 mg of DHA (omega 3), and 145 mg of GLA (omega 6).</p>
<b>SGKBL</b>	gel/jour	bte	<b>Super Gamma Linolenic - 90 caps : BIOLIFE</b>
Biolife			<p style="text-align: justify;">90 vegan caps contain 250 mg of evening primrose oil, borage oil and fish oil, providing 90 mg of EPA & 60 mg of DHA (omega 3), and 145 mg of GLA (omega 6).</p>
<b>SGLBL</b>	gel/jour	bte	<b>Super Gamma Linolenic - 180 caps : BIOLIFE</b>
Biolife			<p style="text-align: justify;">180 vegan caps contain 250 mg of evening primrose oil, borage oil and fish oil providing 90 mg of EPA, 60 mg of DHA (omega 3), and 145 mg of GLA (omega 6).</p>

## 13 - GLANDULAR SUPPORT

<b>GABOV</b>	gel/jour	bte	<b>GABA 300 mg - 60 capsules : PURELY YOURS</b>
Purely Yours Laboratories			<span>60 capsules contain 300 mg of GABA (gamma-amino-butyric acid) to promote more restful sleep.</span>
<b>GABPY</b>	gel/jour	bte	<b>GABA 300 mg - 60 capsules : PURELY YOURS</b>
Purely Yours Laboratories			60 capsules contain 300 mg of GABA (gamma-amino-butyric acid) to promote more restful sleep.
<b>GACPY</b>	gel/jour	bte	<b>GABA 300 mg - 90 capsules : PURELY YOURS</b>
Purely Yours Laboratories			90 capsules contain 300 mg of GABA (gamma-amino-butyric acid) to promote more restful sleep.



<b>GADPY</b>	gel/jour Purely Yours Laboratories	bte	<b>GABA 300 mg - 120 capsules : PURELY YOURS</b> 120 capsules contain 300 mg of GABA (gamma-amino-butyric acid) to promote more restful sleep.
<b>MELPY</b>	gel/jour Purely Yours Laboratories	bte	<b>Melatonin 2 mg - 60 caps : PURELY YOURS</b> 60 capsules provide 2 mg of melatonin to improve sleep quality. This product is not available in the UK.
<b>MEMPY</b>	gel/jour Purely Yours Laboratories	bte	<b>Melatonin 2 mg - 90 caps : PURELY YOURS - This product is not available in the UK</b> 90 capsules provide 2 mg of melatonin to improve sleep quality. This product is not available in the UK.
<b>MENPY</b>	gel/jour Purely Yours Laboratories	bte	<b>Melatonin 2 mg - 120 caps : PURELY YOURS</b> 120 capsules provide 2 mg of melatonin to improve sleep quality. This product is not available in the UK.
<b>MEOPY</b>	gel/jour Purely Yours Laboratories	bte	<b>Melatonin 2 mg - 120 caps : PURELY YOURS</b> 120 capsules provide 2 mg of melatonin to improve sleep quality. This product is not available in the UK.
<b>PHY378</b>	caps/jour Therascience	bte	<b>GABA - 60 caps : THERASCIENCE</b> <p style="text-align: justify;">60 capsules containing 250 mg of GABA and 150 mg of L-arginine, a synergistic action to restore serenity.</p>
<b>SLTPY</b>	gel/jour Purely Yours Laboratories	bte	<b>Sleep Tight - 60 caps : PURELY YOURS</b> 60 capsules provide a mix to improve sleep quality.
<b>SLUPY</b>	gel/jour Purely Yours Laboratories	bte	<b>Sleep Tight - 90 caps : PURELY YOURS</b> 90 capsules provide a mix to improve sleep quality.
<b>SLWPY</b>	gel/jour Purely Yours Laboratories	bte	<b>Sleep Tight - 120 caps : PURELY YOURS</b> 120 capsules provide a mix to improve sleep quality.
<b>THNJF</b>	caps/jour Purely Yours Laboratories	bte	<b>L-Theanine 200 mg - 60 gélules: PURELY YOURS</b> 60 caps contain 200 mg of L-theanine (amino acid obtained from <em>Camellia sinensis</em>) promoting relaxation, mental focus and acuity.
<b>THNPY</b>	gel/jour Purely Yours Laboratories	bte	<b>L-Theanine 200 mg - 60 gélules : PURELY YOURS</b> 60 caps contain 200 mg of L-theanine (amino acid obtained from <em>Camellia sinensis</em>) promoting relaxation, mental focus and acuity.
<b>THOPY</b>	gel/jour Purely Yours Laboratories	bte	<b>L-Theanine 200 mg - 90 capsules : PURELY YOURS</b> 90 caps contain 200 mg of L-theanine (amino acid obtained from <em>Camellia sinensis</em>) promoting relaxation, mental focus and acuity.
<b>THPPY</b>	caps/jour Purely Yours Laboratories	bte	<b>L-Theanine 200 mg - 120 capsules : PURELY YOURS</b> 120 caps contain 200 mg of L-theanine (amino acid obtained from <em>Camellia sinensis</em>) promoting relaxation, mental focus and acuity.
<b>TREOH</b>	caps/jour Original Hanoju	bte	<b>Tribulus Extrakt - 90 tabs : HANOJU</b> <p style="text-align: justify;">90 tabs containing 450 mg of Tribulus terrestris extract (with 80% saponins) to support testosterone production by stimulating LH synthesis.</p>
<b>VTXOV</b>	caps/jour AOV	bte	<b>Vitex Agnus Cactus - 60 caps : AOV</b> <p>60 vegan caps contain 200 mg of Vitex agnus-castus (chaste tree extract), a progesteronic herb.</p>
<b>VTXPE</b>	caps/jour AOV	bte	<b>Vitex Agnus Cactus - 60 caps : AOV</b> <p style="text-align: justify;"><span>60 vegan caps contain 200 mg of Vitex agnus-castus (chaste tree extract), a progesteronic herb.</span></p>
<b>14 - IMMUNE PROTECTION</b>			
<b>BSEOV</b>	caps/jour AOV	bte	<b>Boswellia-Extract - 60 caps : AOV</b> <p style="text-align: justify;">60 vegan caps contain 400 mg of boswellia extract (Boswellia serrata).</p>
<b>CCKOH</b>	caps/jour Original Hanoju	bte	<b>Curcuma - 180 caps : HANOJU</b> <p style="text-align: justify;">180 caps contain 400 mg of <em>Curcuma longa</em>, with anti-inflammatory, antioxidant, antimicrobial, and immune-supporting properties.</p>
<b>CCLOH</b>	caps/jour Original Hanoju	bte	<b>Curcuma - 90 caps : HANOJU</b> <p>90 caps contain 400 mg of Curcuma longa, with anti-inflammatory, antioxidant, antimicrobial, and immune-supporting properties.</p>

<b>CCLPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Curcuma - 60 caps : PURELY YOURS</b> <p>60 capsules containing 500 mg of Meriva® Turmeric with anti-inflammatory, antioxidant, antimicrobial, and immune-supporting properties. (proprietary blend of turmeric rhizome extract and phosphatidylcholine).</p>
<b>CCLSF</b> Santafior	caps/jour	bte	<b>Curcuma - 100 gr : SANTAFLOR</b> <p style="text-align: justify;">One 100 g jar containing 100% pure turmeric powder, acting as a natural anti-inflammatory thanks to curcumin, its main active compound.</p>
<b>CCMPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Curcuma - 90 caps : PURELY YOURS</b> <p>90 capsules containing 500 mg of Meriva® Turmeric with anti-inflammatory, antioxidant, antimicrobial, and immune-supporting properties. (proprietary blend of turmeric rhizome extract and phosphatidylcholine).</p>
<b>CCNPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Curcuma - 120 caps : PURELY YOURS</b> <span style="caret-color: #000000; color: #000000; font-family: Helvetica; font-size: 12px; font-style: normal; font-variant-caps: normal; font-weight: normal; letter-spacing: normal; orphans: auto; text-align: start; text-indent: 0px; text-transform: none; white-space: normal; widows: auto; word-spacing: 0px; -webkit-text-size-adjust: auto; -webkit-text-stroke-width: 0px; text-decoration: none; display: inline !important; float: none;">120 capsules containing 500 mg of Meriva® Turmeric with anti-inflammatory, antioxidant, antimicrobial, and immune-supporting properties. (proprietary blend of turmeric rhizome extract and phosphatidylcholine).</span>
<b>CCPBL</b> Biolife	gel/jour	bte	<b>Curcuma Magnum 3200 Bio - 60 caps : BIOLIFE</b> <p style="text-align: justify;"><span>60 vegan caps contain a highly concentrated standardized extract of <em>Curcuma longa</em> providing 400 mg of curcumin.</span></p>
<b>CQFPY</b> Purely Yours Laboratories	gel/jour	bte	<b>CurQfen - 60 capsules : PURELY YOURS</b> 60 capsules contain 450 mg of CurQfen (Curcuma Longa, trigonella foenum-graecum).
<b>CQGPY</b> Purely Yours Laboratories	gel/jour	bte	<b>CurQfen - 90 capsules : PURELY YOURS</b> 90 capsules containing 450 mg of CurQfen (Curcuma Longa, trigonella foenum-graecum).
<b>CQHPY</b> Purely Yours Laboratories	gel/jour	bte	<b>CurQfen - 120 capsules : PURELY YOURS</b> 120 capsules containing 450 mg of CurQfen (Curcuma Longa, trigonella foenum-graecum).
<b>DIMPB</b> Pure Encapsulations	gel/jour	bte	<b>DIM Ultra - 60 caps : PURE ENCAPSULATIONS</b> <p style="text-align: justify;"><span>60 caps contain 50 mg of DIM (diindolylmethane) complex and 50 mg of CDG (calcium-D-glucarate) supporting healthy oestrogen detoxification.</span></p>
<b>IMBBL</b> Biolife	gel/jour	bte	<b>Imubiol - 30 caps : BIOLIFE</b> <p style="text-align: justify;">30 vegan caps containing 8 billion bacteria from 9 strains of bacteria, as well as 80 mg of L-Glutamine, 50 mg of Zinc pidolate,...</p>
<b>PHY285</b> Therascience	gel/jour	bte	<b>O-modul - 60 caps : THERASCIENCE</b> <p style="text-align: justify;">60 capsules containing 200 mg of broccoli seed extract, 50 mg of spirulina powder, 50 mg of quercetin, 25 mg of trans-resveratrol, 17 mg of Curcussentiel® complex, and 3 mg of vitamin B5, for a protective and regulatory effect on the hormonal system.</p>
<b>PPLOV</b> AOV		bte	<b>Propolis-Extract - 60 caps : AOV</b> <p style="text-align: justify;">60 vegan caps contain 600 mg of Propolis extrac. </p>
<b>PT274</b> Therascience	caps/jour	bte	<b>Curcuma Gold - 120 caps : THERASCIENCE</b> <p style="text-align: justify;">120 capsules containing 337.5 mg of the Curcussentiel® complex, standardized to 87.5 mg of highly bioavailable curcumin (x270) and 87.5 mg of ginger extract, with anti-inflammatory properties.</p> 
<b>15 - INTESTINAL DYSBIOSIS</b>			
<b>ADPEN</b> Energetica Natura	caps/jour	bte	<b>A.D.P. (Anti Dysbiosis Product) - 120 tabs : BIOTICS RESEARCH</b> <p style="text-align: justify;">120 vegan tablets contain 50 mg oregano oil.</p>
<b>AKMBD</b> Metagenics	caps/jour	bte	<b>Akkermansia - 30 caps : METAGENICS</b> <p>30 capsules containing 30 billion of pasteurized Akkermansia muciniphila, along with green tea extract and chromium, necessary for weight management and maintaining normal blood sugar levels.</p>
<b>ALMAM</b> Allimax	caps/jour	bte	<b>Allimed - 60 caps : ALLIMAX</b> <p data-start="0" data-end="151" style="caret-color: rgb(0, 0, 0); color: rgb(0, 0, 0); font-style: normal; font-variant-caps: normal; letter-spacing: normal; text-indent: 0px; text-transform: none; white-space: normal;">

word-spacing: 0px; -webkit-text-stroke-width: 0px; text-decoration: none; text-align: justify;"><span data-start="0" data-end="151">60 vegan caps containing 450 mg of ALLISURE® AC-23, a professional concentrated natural allicin extract (made from fresh garlic) stabilized in powder form.</span></p>

<b>BBR5PY</b> Purely Yours Laboratories	caps/jour	bte	<b>Berberine 500 mg - 60 caps : PURELY YOURS</b> 60 capsules containing 500 mg of berberine used for its helpful insulin sensitizing activity, which improves glycaemic control.
<b>BBRNA</b> Purely Yours Laboratories	caps/jour	bte	<b>Berberine 500 mg - 60 caps : PURELY YOURS</b> <p>60 capsules containing 500 mg of berberine used for its helpful insulin sensitizing activity, which improves glycaemic control.</p>
<b>BBSNA</b> Purely Yours Laboratories	caps/jour	bte	<b>Berberine 500 mg - 120 caps : PURELY YOURS</b> <p>120 capsules containing 500 mg of berberine used for its helpful insulin sensitizing activity, which improves glycaemic control.</p>
<b>BBSPY</b> Purely Yours Laboratories	caps/jour	bte	<b>Berberine 500 mg - 120 caps : PURELY YOURS</b> 120 capsules containing 500 mg of berberine used for its helpful insulin sensitizing activity, which improves glycaemic control.
<b>BBTPY</b> Purely Yours Laboratories	caps/jour	bte	<b>Berberine 500 mg - 180 caps : PURELY YOURS</b> 180 caps containing 500 mg of berberine used for its helpful insulin sensitizing activity, which improves glycaemic control.
<b>BTPPE</b> Pure Encapsulations	caps/jour	bte	<b>Betaine with Pepsin - 250 caps - PURE ENCAPSULATIONS</b> <p style="text-align: justify;">250 capsules containing 520 mg of Betaine HCl and 21 mg of pure pepsin to promote a healthy digestive tract.</p>
<b>CLSOH</b> Original Hanoju	caps/jour	bte	<b>Bio Colostrum - 90 caps : HANOJU</b> <p>90 capsules containing 400mg of IgG (bovine origin), strengthening the immune system and supporting cellular growth.</p>
<b>CTBBL</b> Biolife	ml/jour	bout.	<b>Citrobiotic Plus - 50 ml : BIOLIFE</b> <p style="text-align: justify;">1 bottle of 50 ml contains grapefruit seed extract.</p>
<b>DAOSD</b> Stada	caps/jour	bte	<b>Daosin - 30 caps : STADA</b> <p style="text-align: justify;">30 capsules contain histamine-free protein extract rich in natural diamine oxidase (DAO) to reduce the usual symptoms of histamine intolerance.</p>
<b>FCLPY</b> Purely Yours Laboratories	caps/jour	bte	<b>2'Fucosyllactose - 120 gr : PURELY YOURS</b> <span>each spoon contains 2 grams of 2-Fucosyllactose.</span>
<b>FUCBD</b> Metagenics	gel/jour	bte	<b>Bactiol HMO Fucose - 60 gel : METAGENICS</b> <p>60 capsules containing 2'-Fucosyllactose (trisaccharide), L-Threonine (an essential amino acid necessary for mucus production), and 15 billion live bacteria (L. acidophilus and B. lactis), supporting proper intestinal function and ensuring better natural defenses.</p>
<b>GIMAN</b> Designs For Health	caps/jour	bte	<b>GI Microb X - 60 caps : DESIGNS FOR HEALTH</b> <p style="text-align: justify;">60 veggie capsules containing a blend of botanical extracts (100 mg of berberine, 200 mg of tribulus extract, 150 mg of magnesium caprylate, and 100 mg of bearberry extract).</p>
<b>GLYNV</b> Nova vitae	gel/jour	bte	<b>Glycine 1000 mg - 100 caps : Nova Vitae</b> <p style="text-align: justify;">100 capsules containing 1000 mg of glycine.</p>
<b>GSEPE</b> Pure Encapsulations	caps/jour	bte	<b>Grapefruit Seed extract - 120 caps : PURE ENCAPSULATIONS</b> <p style="text-align: justify;">120 caps contain 250 mg of grapefruit seed extract, a natural anti-microbial.</p>
<b>GSEVI</b> Viridian	caps/jour	bte	<b>Grapefruit Seed Extract - 90 caps : VIRIDIAN</b> <p style="text-align: justify;">90 vegan caps contain 400 mg of grapefruit seed extract, a natural anti-microbial.</p>
<b>HDZEN</b> Energetica Natura	comp/jour	bte	<b>Hydro-Zyme - 90 caps : BIOTICS RESEARCH</b> <p style="text-align: justify;">90 tablets (porcine origin) containing 150 mg of Betain, 100 mg of a mixture of peas, 50 mg of glutamic acid, 35 mg of ammonium chloride, 10 mg of Pancreatin, 10 mg of Pepsin and 2 mg of vitamin B6.</p>
<b>IMPNS</b> Nutrissentiel	sachet/jour	bte	<b>Immuperm - 30 sachets : NUTRISENTIEL</b> <p style="text-align: justify;">30 sachets containing fiber 3g, L-glutamine 1.5 mg, <em>Boswellia serrata</em>

250 mg, and *Aloe barbadensis* dried powder 250 mg.

<b>KWZVI</b> Viridian	caps/jour	bte	<b>KiwiZyme - 30 caps : VIRIDIAN</b> <p style="text-align: justify;">30 capsules containing 500 mg of kiwi enzyme, 25 mg of Aloe vera, and 75 mg of FOS prebiotic, whose proteases accelerate and enhance the breakdown of proteins in food.</p>
<b>MTCBD</b> Metagenics	caps/jour	bte	<b>MetaClear - 60 comp : METAGENICS</b> <p>60 tablets containing choline (83mg) to support the phases of liver detoxification (phase I and II), milk thistle (80mg) and artichoke (75mg) to support bile function, as well as antioxidants (vitamin E, vitamin C, and selenium) protecting the body from oxidative stress.</p>
<b>MTGJF</b> Jarrow Formulas	caps/jour	bte	<b>Mastic Gum - 60 caps : JARROW FORMULAS</b> <p>60 vegan caps containing 500 mg of mastic tree resin ( <i>Pistacia lentiscus</i> ) to support stomach and duodenal health.</p>
<b>NEEAY</b> Ayurveda Biological Remedies	caps/jour	bte	<b>Ayu-Neem-Chlorofyl - 60 caps : AYURVEDA BIOLOGICAL REMEDIES</b> <p>60 vegan caps provide 300 mg of neem extract ( <i>Azadirachta indica</i> )</p>
<b>ORBTG</b> Tigon	caps/jour	bte	<b>Oregabiotic - 60 vegicaps : TIGON</b> 60 caps containing oil of wild oregano P73, oil of wild bay leaf, cumin oil, oil of wild sage, and black seed oil emulsified in natural beeswax which slowly releases the oils as it passes along the digestive tract.
<b>ORGHN</b> Tigon	caps/jour	bte	<b>Oregabiotic - 60 vegicaps : TIGON</b> <span>containing oil of wild oregano P73, oil of wild bay leaf, cumin oil, oil of wild sage, and black seed oil emulsified in natural beeswax which slowly releases the oils as it passes along the digestive tract.</span>
<b>ORGTG</b> Tigon	caps/jour	bte	<b>Oreganol Oil - 60 gelcaps : TIGON</b> 60 capusles containing 7 drops of regular strength wild oregano oil P73 providing high amount of polyphenol "carvacrol" (over 70%).
<b>ORTTG</b> Tigon	caps/jour	bte	<b>Oreganol Super Strength - 120 gelcaps : TIGON</b> contain 7 drops of mountain grown wild oregano oil emulsified in extra virgin olive (300% more concentrated than regular P73 oil).
<b>PHY312</b> Therascience	caps/jour	bte	<b>Berberine - 60 tabs : THERASCIENCE</b> <p style="text-align: justify;">60 tablets containing 500 mg of berberine, to regulate blood sugar levels and triglyceride levels.</p>
<b>PHY327B</b> Therascience	gel/jour	bte	<b>HCL + - 120 caps : THERASCIENCE</b> <p style="text-align: justify;">120 capsules containing 375 mg of betaine HCl, 120 mg of chloride, and 28 mg of pepsin-1, with a synergistic action for improved digestion.</p>
<b>PHY396</b> Therascience	gel/jour	bte	<b>2'FL - 60 gel : THERASCIENCELY YOURS</b> <span>60 caps contains 500 mg of 2-Fucosyllactose.</span>
<b>PHY411</b> Therascience	caps/jour	bte	<b>Mucus - 60 caps : THERASCIENCE</b> <p style="text-align: justify;">60 capsules containing 500 mg of 2'fucosyllactose, 100 mg of L-Threonine, and 25 mg of L-Serine, with a synergistic action supporting proper intestinal function.</p>
<b>PHY434</b> Therascience	gel/jour	bte	<b>Butyrox LR - 60 gel : THERASCIENCE</b> <p style="text-align: justify;">60 capsules containing 300 mg of butyrate, helping to maintain gut health, reduce inflammation, support metabolism, and protect brain function.</p>
<b>PHY444</b> Therascience	gel/jour	bte	<b>Gastrolox - 60 comp : THERASCIENCE</b> <p style="text-align: justify;">60 tablets containing 250 mg of lithothamnium and 75 mg of chamomile extract, with a synergistic action to support against gastrointestinal discomfort.</p> <ul><li><table><tbody><tr style="height: 43.2188px;"><td style="width: 121.273px; height: 43.2188px;"> </td><td style="width: 121.273px; height: 39.3608px;"> </td><td style="width: 121.273px; height: 39.3608px;"> </td><td style="width: 121.273px; height: 44.0341px;"> </td><td style="width: 231.81px; height: 44.0341px;"> </td><td style="width: 121.273px; height: 49.3608px;"> </td><td style="width: 121.273px; height: 49.3608px;"> </td><td style="width: 121.273px; height: 36.0511px;"> </td><td style="width: 121.273px; height: 36.0511px;"> </td></tr></tbody></table></li></ul>
<b>PHY451</b> Therascience	caps/jour	bte	<b>Postbium - 60 caps : THERASCIENCE</b> <p style="text-align: justify;">60 capsules containing 250 mg of Epicor ( <i>Saccharomyces cerevisiae</i> ) and 250 mg of butyrate, necessary for supporting the immune system and beneficially modulating the gut

<b>PHY461</b>	caps/jour		<b>BUTYRATE LR - 60 caps : THERASCIENCE</b>
Therascience			<p style="text-align: justify;">60 capsules containing 300 mg of butyrate, helping to maintain intestinal health, reduce inflammation, support metabolism, and protect brain function.</p> </p>
<b>PHY494</b>	comp/jour	bte	<b>Lipideol - 60 tabs : THERASCIENCE</b>
Therascience			<p style="text-align: justify;">60 tablets containing 730 mg of Berbessentiel®, 125 mg of red yeast rice extract (standardized to 5 mg of monacolin K), and 25 mg of coenzyme Q10, working synergistically as an antioxidant.</p> <ul><li><table><tbody><tr style="height: 43.2188px;"><td style="width: 121.273px; height: 43.2188px;"> </td></tr><tr style="height: 39.3608px;"><td style="width: 231.81px; height: 39.3608px;"> </td><td style="width: 121.273px; height: 39.3608px;"> </td></tr><tr style="height: 44.0341px;"><td style="width: 231.81px; height: 44.0341px;"> </td><td style="width: 121.273px; height: 44.0341px;"> </td></tr><tr style="height: 49.3608px;"><td style="width: 121.273px; height: 49.3608px;"> </td><td style="width: 231.81px; height: 49.3608px;"> </td></tr><tr style="height: 36.0511px;"><td style="width: 231.81px; height: 36.0511px;"> </td><td style="width: 121.273px; height: 36.0511px;"> </td></tr></tbody></table></li></ul>
<b>PT15</b>	gel/jour	bte	<b>Ail - 90 caps : THERASCIENCE</b>
Therascience			<p style="text-align: justify;">90 capsules containing 250 mg of garlic extract standardized to allicin (5 mg), contributing to the balance of the microbiota, normal immune function, proper respiratory and cardiovascular system function, and maintaining normal cholesterol levels.</p>
<b>UCPBD</b>	sachet/jour	bte	<b>Ultraclear Plus pH Vanille - 38P : METAGENICS</b>
Metagenics			<p>One jar of 38 servings (1 scoop = 25g) containing hypoallergenic rice protein concentrate (18g) blended with rice dextrans (source of carbohydrates) and medium-chain triglycerides (source of fats), as well as a complete blend of plant extracts, vitamins & minerals, antioxidants, proteins, carbohydrates, and fibers, necessary to support the metabolic pathways of liver and kidney detoxification, with antioxidant action and optimizing the elimination of bodily waste.</p>

**16 - JOINT HEALTH**

<b>BSEOH</b>	caps/jour	bte	<b>Boswellia (Weirook) Extract - 90 caps : HANOJU</b>
Original Hanoju			<p style="text-align: justify;">90 capsules containing 375mg of Boswellia serrata and 5mg of Vitamin B, recognized for its anti-inflammatory properties and supporting joint health.</p>
<b>CNESF</b>	gel/jour	bte	<b>Cannelle Ecorce - 120 caps : SANTAFLOR</b>
Santaflor			<p style="text-align: justify;">120 capsules containing 250 mg of cinnamon bark, with antioxidant, anti-inflammatory, and antimicrobial properties, also used in regulating blood sugar and cholesterol levels, as well as supporting the immune system.</p>
<b>GCMJF</b>	gel/jour	bte	<b>L-Glucosamine + Chondroitin + MSM - 120 caps : JARROW FORMULAS</b>
Jarrow Formulas			<p>120 capsules (bovine origin) containing 375 mg of glucosamine, 300 mg of chondroitin, and 75 mg of MSM (methylsulfonylmethane) to support joint health.</p>
<b>GCMOH</b>	caps/jour	bte	<b>Gelenk Komplex 2 - 90 gel : HANOJU</b>
Original Hanoju			<p style="text-align: justify;">90 caps containing 400mg of glucosamine, 250mg of chondroitin, and 250mg of MSM (methylsulfonylmethane), a support for the joints.</p>
<b>MSMDL</b>	caps/jour	bte	<b>MSM 900 mg - 120 caps : PURELY YOURS</b>
Purely Yours Laboratories			<span>120 caps contain 900 mg of methyl - sulfonyl - methane (natural form).</span>
<b>MSMOH</b>	gel/jour	bte	<b>MSM 900 mg - 120 caps : PURELY YOURS</b>
Purely Yours Laboratories			<span>120 caps contain 900 mg of methyl - sulfonyl - methane (natural form).</span>
<b>MSMPY</b>	gel/jour	bte	<b>MSM 900 mg - 60 caps : PURELY YOURS</b>
Purely Yours Laboratories			60 caps contain 900 mg of methyl - sulfonyl - methane (natural form).
<b>MSNPY</b>	gel/jour	bte	<b>MSM 900 mg - 90 caps : PURELY YOURS</b>
Purely Yours Laboratories			<span>90 caps contain 900 mg of methyl - sulfonyl - methane (natural form).</span>
<b>MSOPY</b>	gel/jour	bte	<b>MSM 900 mg - 120 caps : PURELY YOURS</b>
Purely Yours Laboratories			<span>120 caps contain 900 mg of methyl - sulfonyl - methane (natural form).</span>

**17 - L-GLUTAMINE**

<b>GIPE</b>	caps/jour	bte	<b>2X L-Glutamine 800 mg - 120 caps : PURELY YOURS</b>
Purely Yours Laboratories			<span>2X 120 capsules contain 800 mg of L-glutamine designed to fight the leaky gut syndrome by feeding the enterocytes.</span>

<b>GLPBD</b> Purely Yours Laboratories	gel/jour	bte	<b>2X L-Glutamine - 300 gr : PURELY YOURS</b> <span>2 X 300 g of powder provide L-glutamine designed to fight the leaky gut syndrome by feeding the enterocytes.</span>
<b>GLPDL</b> Original Hanoju	caps/jour	bte	<b>Gereduceerd Glutathion - 60 caps : HANOJU</b> <p>60 capsules containing 250 mg of L-glutathione, with antioxidant, detoxifying, and immune-supporting effects.</p>
<b>GLPLB</b> Purely Yours Laboratories	caps/jour	bte	<b>L-Glutamine - 300 gr : PURELY YOURS</b> <span>300 g of powder provide L-glutamine designed to fight the leaky gut syndrome by feeding the enterocytes.</span>
<b>GLPOH</b> Original Hanoju	caps/jour	bte	<b>Gereduceerd Glutathion - 60 caps : HANOJU</b> <p>60 capsules containing 250 mg of L-glutathione, with antioxidant, detoxifying, and immune-supporting effects.</p>
<b>GLPPY</b> Purely Yours Laboratories	caps/jour	bte	<b>L-Glutamine - 300 gr : PURELY YOURS</b> 300 g of powder provide L-glutamine designed to fight the leaky gut syndrome by feeding the enterocytes.
<b>GLTBD</b> Purely Yours Laboratories	gel/jour	bte	<b>L-Glutamine 800 mg - 90 caps : PURELY YOURS</b> <span>90 capsules contain 800 mg of L-glutamine designed to fight the leaky gut syndrome by feeding the enterocytes.</span>
<b>GLTBL</b> Purely Yours Laboratories	gel/jour	bte	<b>L-Glutamine 800 mg - 120 caps : PURELY YOURS</b> <span>120 capsules contain 800 mg of L-glutamine designed to fight the leaky gut syndrome by feeding the enterocytes.</span>
<b>GLTLB</b> Purely Yours Laboratories	gel/jour	bte	<b>L-Glutamine 800 mg - 90 caps : PURELY YOURS</b> <span>90 capsules contain 800 mg of L-glutamine designed to fight the leaky gut syndrome by feeding the enterocytes.</span>
<b>GLTPY</b> Purely Yours Laboratories	gel/jour	bte	<b>L-Glutamine 800 mg - 60 caps : PURELY YOURS</b> 60 capsules contain 800 mg of L-glutamine designed to fight the leaky gut syndrome by feeding the enterocytes.
<b>GLUPY</b> Purely Yours Laboratories	gel/jour	bte	<b>L-Glutamine 800 mg - 90 caps : PURELY YOURS</b> 90 capsules contain 800 mg of L-glutamine designed to fight the leaky gut syndrome by feeding the enterocytes.
<b>GLWPY</b> Purely Yours Laboratories	gel/jour	bte	<b>L-Glutamine 800 mg - 120 caps : PURELY YOURS</b> <span>120 capsules contain 800 mg of L-glutamine designed to fight the leaky gut syndrome by feeding the enterocytes.</span>
<b>IPSEN</b> Energetica Natura	caps/jour	bte	<b>IPS (Intestinal Permeability Support) - 90 gel : BIOTICS RESEARCH</b> <p style="text-align: justify;">90 caps (ovine origin) containing 600mg of a blend (jerusalem artichoke, L-glutamine, Spanish moss, glucosamine sulfate (shellfish), gamma-oryzanol, L-glutathione, cellulase).</p>
<b>NMPBD</b> Metagenics	caps/jour	bte	<b>Nutrionium - 56 portions : METAGENICS</b> <p class="flex max-w-full flex-col flex-grow"><div data-message-author-role="assistant" data-message-id="dc3d4f65-6338-4fa7-8459-9cebbfea5ce2" dir="auto" class="min-h-8 text-message relative flex w-full flex-col items-end gap-2 whitespace-normal break-words text-start [.text-message+&]:mt-5" data-message-model-slug="gpt-4o-mini"><div class="flex w-full flex-col gap-1 empty:hidden first:pt-[3px]"><div class="markdown prose w-full break-words dark:prose-invert dark"><p data-start="0" data-end="308" class="">56 sachets containing 2000mg of L-glutamine, 1500mg of FOS, 10 billion Lactobacillus acidophilus, vitamins A/B/C/D/E, trace elements, and minerals, optimizing various bodily functions, controlling oxidative stress, addressing nutritional deficiencies, and promoting quality of life (energy - immunity - gut).</p></div></div></div></p>

## 18 - LIVER SUPPORT

<b>BCMJF</b> JARROW FORMULAS	caps/jour	bte	<b>Brocco Max 60 caps - JARROW FORMULAS</b> <p>60 vegan caps containing 35 mg of active myrosinase enzyme extracted from broccoli seeds, which metabolizes sulforaphane glucosinolate supporting cells and liver health.</p>
<b>BCNJF</b> JARROW FORMULAS	caps/jour	bte	<b>Brocco Max 120 caps - JARROW FORMULAS</b> <p>120 vegan caps containing 35 mg of active myrosinase enzyme extracted from broccoli seeds, which metabolizes sulforaphane glucosinolate supporting cells and liver health.</p>

<b>BTCLB</b> Lamberts	caps/jour	bte	<b>Natural Beta Carotene 15 mg - 90 caps : LAMBERTS</b> <p>90 vegan caps containing a blend of natural carotenoids (15 mg), precursors of vitamin A, necessary for the renewal of epithelial tissues.</p>
<b>DMDBL</b> Biolife	gel/jour	bte	<b>Desmodium - 90 caps : BIOLIFE</b> <p style="text-align: justify;">90 vegan caps contain 200 mg of Desmodium ascendens, an african plant.</p>
<b>GLPNA</b> Energetica Natura	caps/jour	bte	<b>Beta Plus - 90 caps : BIOTICS RESEARCH</b> <p style="text-align: justify;">90 caps (bovine and porcine origin) contain 150 mg of pea mixture, 100 mg of beetroot concentrate, &nbsp;100 mg of bovine bile and 50 mg of porcine pancreatic lipase.</p>
<b>HPDNE</b> Ceres Pharma	caps/jour	bte	<b>Hepudrain - 60 caps : CERES PHARMA</b> <p style="text-align: justify;">60 caps containing 125mg of choline bitartrate, 100mg of Cynara scolymus, 100mg of Silybum marianum, 100mg of Boldo extract, 75mg of turmeric extract, and 50mg of N-acetylcysteine.</p>
<b>MTEOH</b> Original Hanoju	caps/jour	bte	<b>Mariadistel Extract - 60 caps : HANOJU</b> <p>60 caps containing 250mg of milk thistle extract, rich in silymarin, to support the liver (antioxidant and detoxifying).</p>
<b>PHY165</b> Therascience	ml/jour	bte	<b>Hepatoboost - 500 ml : THERASCIENCE</b> <p>
			</p><p style="text-align: justify;">500 ml containing a blend of natural herbs (angelica, desmodium, artichoke, black radish, milk thistle, tamarind, rosemary, boldo, dandelion, and chicory), for 5 complementary liver actions (elimination, drainage, detoxification, protection, and digestive comfort).</p><p><style>@font-face {font-family:"Cambria Math"; panose-1:2 4 5 3 5 4 6 3 2 4; mso-font-charset:0; mso-generic-font-family:roman; mso-font-pitch:variable; mso-font-signature:-536870145 1107305727 0 0 415 0;}p.MsoNormal, li.MsoNormal, div.MsoNormal {mso-style-unhide:no; mso-style-qformat:yes; mso-style-parent:""; margin:0cm; mso-pagination:widow-orphan; font-size:10.0pt; font-family:"Times New Roman",serif; mso-fareast-font-family:"Times New Roman"; mso-ansi-language:EN-GB; mso-fareast-language:EN-US;}p.MsoChpDefault {mso-style-type:export-only; mso-default-props:yes; font-size:10.0pt; mso-ansi-font-size:10.0pt; mso-bidi-font-size:10.0pt; mso-font-kerning:0pt; mso-ligatures:none;}div.WordSection1 {page:WordSection1;}</style></p>
<b>PPTEN</b> Energetica Natura	gel/jour	bte	<b>Phosphatidylcholine - 100 caps : BIOTICS RESEARCH</b> <p style="text-align: justify;">100 vegan caps contain 1,200 mg of lecithin providing 420 mg of

phosphatidyl-choline (from soy lecithin).

<b>SLMPE</b>	caps/jour	bte	<b>Silymax - 60 caps : METAGENICS</b>
Metagenics			<p>60 capsules containing 82.5mg of Choline to support liver function, along with 150mg of milk thistle extract (Silybum marianum) and 150mg of artichoke leaf extract (Cynara scolymus) for bile function, with synergistic antioxidant and hepatoprotective actions (liver cleansing).</p>

## 19 - MINERALS

<b>MGTBC</b>	gel/jour		<b>Magnesium Taurate - 60 capsules : PURELY YOURS</b>
Purely Yours Laboratories			<span>60 caps contain 85 mg of elemental magnesium from a magnesium taurate complex.</span>

<b>MGTDL</b>	gel/jour	bte	<b>Magnesium Taurate - 120 capsules : PURELY YOURS</b>
Purely Yours Laboratories			<span>120 caps contain 85 mg of elemental magnesium from a magnesium taurate complex.</span>

<b>MTSBD</b>	gel/jour	bte	<b>Silicium 50 mg - 60 caps : PURELY YOURS</b>
Purely Yours Laboratories			<span>60 caps contain 50 mg of silicon (from choline stabilized orthosilicic acid).</span>

### 19.1 - BORON

<b>BOGPE</b>	caps/jour	bte	<b>Boron Glycinate - 60 caps : PURE ENCAPSULATIONS</b>
Pure Encapsulations			<p style="text-align: justify;">60 capsules containing 2 mg of glycinate, essential for bone health, hormonal balance, and several other important physiological functions.</p>

<b>BORVL</b>	tab/jour	bte	<b>Boron - 100 tabs : VITAL CELL LIFE</b>
Vital Cell Life			<p>100 tablets providing 4mg of boron, supporting joints and bones.</p>

### 19.2 - CALCIUM

<b>CAMBL</b>	gel/jour	bte	<b>Calci 900 - 60 caps : BIOLIFE</b>
Biolife			<p style="text-align: justify;">60 vegan caps contain 900 mg of elemental calcium (as pidolate) and 15 mg of elemental magnesium (bisglycinate).</p>

<b>CANBL</b>	gel/jour	bte	<b>Calci 900 - 90 caps : BIOLIFE</b>
Biolife			<p style="text-align: justify;">90 vegan caps contain 900 mg of elemental calcium (as pidolate) and 15 mg of elemental magnesium (bisglycinate).</p>

### 19.3 - CALCIUM-MAGNESIUM

<b>CAMPE</b>	caps/jour	bte	<b>2x Cal-Mag 80/40 - 90 caps : PURELY YOURS</b>
Purely Yours Laboratories			180 caps contain 80 mg of calcium in the form of malate and 40 mg of magnesium in the form of malate.

<b>CMCAR</b>	gel/jour	bte	<b>Cal-Mag 60/60 - 90 caps : PURELY YOURS</b>
Purely Yours Laboratories			<span>90 capsules contain 60 mg of calcium in the form malate and 60 mg of magnesium in the form malate.</span>

<b>CMCJF</b>	gel/jour	bte	<b>Cal-Mag 80/40 - 90 caps : PURELY YOURS</b>
Purely Yours Laboratories			<span>90 caps contain 80 mg of calcium in the form of malate and 40 mg of magnesium in the form of malate.</span>

<b>CMKPE</b>	caps/jour	bte	<b>2X Cal-Mag 60/60 - 90 caps : PURELY YOURS</b>
Purely Yours Laboratories			<span>2X 90 capsules contain 60 mg of calcium in the form malate and 60 mg of magnesium in the form malate.</span>

<b>CMMLE</b>	gel/jour	bte	<b>Calm-Mag - 30 gel : LIFE EXTENSION</b>
Life Extension			<p>



30 vegan caps containing 45 mg of magnesium, to help manage stress healthily and support neurotransmitter activity.<style>@font-face  
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<b>CMMSJ</b>	gel/jour	bte	<b>Cal-Mag 80/40 - 60 caps : PURELY YOURS</b> Purely Yours Laboratories 60 caps contain 80 mg of calcium in the form of malate and 40 mg of magnesium in the form of malate.
<b>CMNSJ</b>	gel/jour	bte	<b>Cal-Mag 80/40 - 90 caps : PURELY YOURS</b> Purely Yours Laboratories 90 caps contain 80 mg of calcium in the form of malate and 40 mg of magnesium in the form of malate.
<b>CMOSJ</b>	gel/jour	bte	<b>Cal-Mag 80/40 - 120 caps : PURELY YOURS</b> Purely Yours Laboratories 120 caps contain 80 mg of calcium in the form of malate and 40 mg of magnesium in the form of malate.
<b>CMPOV</b>	gel/jour	bte	<b>Cal-Mag 60/60 - 90 caps : PURELY YOURS</b> Purely Yours Laboratories 90 capsules contain 60 mg of calcium in the form malate and 60 mg of magnesium in the form malate.
<b>HHMPY</b>	gel/jour	bte	<b>Cal-Mag 60/60 - 60 caps : PURELY YOURS</b> Purely Yours Laboratories 60 capsules contain 60 mg calcium in the form of malate and 60 mg of magnesium in the form malate.
<b>HHNPY</b>	gel/jour	bte	<b>Cal-Mag 60/60 - 90 caps : PURELY YOURS</b> Purely Yours Laboratories 90 capsules contain 60 mg of calcium in the form malate and 60 mg of magnesium in the form malate.
<b>HHOPY</b>	gel/jour	bte	<b>Cal-Mag 60/60 - 120 caps : PURELY YOURS</b> Purely Yours Laboratories 120 capsules contain 60 mg of calcium in the form malate and 60 mg of magnesium in the form malate.
<b>MCMSJ</b>	gel/jour	bte	<b>Cal-Mag 40/80 - 60 caps : PURELY YOURS</b> Purely Yours Laboratories <span>60 capsules contain 40 mg calcium in the form of malate and 80 mg of magnesium in the form malate.</span>
<b>MCNSJ</b>	gel/jour	bte	<b>Cal-Mag 40/80 - 90 caps : PURELY YOURS</b> Purely Yours Laboratories <span>90 capsules contain 40 mg calcium in the form of malate and 80 mg of magnesium in the form malate.</span>
<b>MCOSJ</b>	gel/jour	bte	<b>Cal-Mag 40/80 - 120 caps : PURELY YOURS</b> Purely Yours Laboratories <span>120 capsules contain 40 mg calcium in the form of malate and 80 mg of magnesium in the form malate.</span>
<b>NRMLE</b>	gel/jour	bte	<b>Neuro-Mag - 90 gel : LIFE EXTENSION</b> Life Extension <p>

90 vegan caps containing 144 mg of magnesium, easily absorbed by the brain for healthy functioning (supporting memory).

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**PHY544** gel/jour  
Therascience

bte

**Magnesium L-Threonate - 90 gel : THERASCIENCE**  
<p>

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## 19.4 - CALCIUM-MAGNESIUM-POTASSIUM

### 19.5 - CHROMIUM

<b>CRPOT</b>	caps/jour	bte	<b>Chroom-200 - 90 caps : ORTHICA</b> <p style="text-align: justify;">90 capsules containing 200 mcg of elemental chromium (from chromium picolinate), a highly bioavailable form of chromium, supporting weight management (regulation of glucose metabolism, improvement of insulin sensitivity, and regulation of blood lipids).</p>
Orthica			

### 19.6 - COPPER

<b>CUGPE</b>	gel/jour	bte	<b>Cuivre - 60 capsules : PURELY YOURS</b> <span>60 caps containing 2 mg of copper element (as glycinate).</span>
Purely Yours Laboratories			
<b>CUGPY</b>	gel/jour	bte	<b>Cuivre - 60 capsules : PURELY YOURS</b> 60 caps containing 2 mg of copper element (as glycinate).
Purely Yours Laboratories			
<b>CUHPY</b>	gel/jour	bte	<b>Cuivre - 90 capsules : PURELY YOURS</b> 90 caps containing 2 mg of copper element (as glycinate).
Purely Yours Laboratories			
<b>CUIPY</b>	gel/jour	bte	<b>Cuivre - 120 capsules : PURELY YOURS</b> 120 caps containing 2 mg of copper element (as glycinate).
Purely Yours Laboratories			

### 19.7 - IRON

<b>FEEPY</b>	gel/jour	bte	<b>Fer - 60 caps : PURELY YOURS</b> 60 capsules containing 28 mg of iron element (as bis-glycinate) plus vitamin C and nettle leaves powder for a better absorption.
Purely Yours Laboratories			
<b>FEPY</b>	gel/jour	bte	<b>Fer - 90 caps : PURELY YOURS</b> 90 capsules containing 28 mg of iron element (as bis-glycinate) plus vitamin C and nettle leaves powder
Purely Yours Laboratories			

for a better absorption.

<b>FEGPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Fer - 120 caps : PURELY YOURS</b> 120 capsules containing 28 mg of iron element (as bis-glycinate) plus vitamin C and nettle leaves powder for a better absorption.
<b>FELPE</b> Trenker	ml/jour	flacon	<b>Ferricure - 200 ml : Trenker</b> <p style="text-align: justify;">One bottle containing 225 mg of iron polysaccharide (equivalent to 100 mg of Fe3+) per 5 ml, to prevent deficiencies and treat iron deficiency anemia.</p>
<b>FELTK</b> Trenker	ml/jour	flacon	<b>Ferricure - 200 ml : Trenker</b> <p style="text-align: justify;">One bottle containing 225 mg of iron polysaccharide (equivalent to 100 mg of Fe3+) per 5 ml, to prevent deficiencies and treat iron deficiency anemia.</p>
<b>FELVI</b> Trenker	ml/jour	flacon	<b>Ferricure - 200 ml : Trenker</b> <p style="text-align: justify;">One bottle containing 225 mg of iron polysaccharide (equivalent to 100 mg of Fe3+) per 5 ml, to prevent deficiencies and treat iron deficiency anemia.</p>
<b>FESTR</b> Thorne Research	caps/jour	bte	<b>FerraSorb - 60 caps : THORNE RESEARCH</b> <p style="text-align: justify;">60 capsules containing 36 mg of iron (from iron bisglycinate), 667 mcg of folate (from L-5-methyltetrahydrofolate), 300 mcg of vitamin B12 (from adenosylcobalamin and methylcobalamin), 15 mg of vitamin C, and 5 mg of vitamin B6.</p>
<b>IRCPE</b> Pure Encapsulations	caps/jour	bte	<b>Iron-C - 60 caps : PURE ENCAPSULATIONS</b> <p style="text-align: justify;">60 capsules containing 15 mg of elemental iron (half as iron glycinate and half as iron aspartate), essential for the proper functioning of cells and the circulatory system.</p>
<b>OFEPE</b> Purely Yours Laboratories	caps/jour	bte	<b>Fer - 60 caps : PURELY YOURS</b> <span>60 capsules containing 28 mg of iron element (as bis-glycinate) plus vitamin C and nettle leaves powder for a better absorption.</span>
<b>PHY480</b> Therascience	comp/jour	bte	<b>Fer - 90 comp : THERASCIENCE</b> <p>

</p><p style="text-align: justify;">90 tablets containing 28 mg of iron in the form of bisglycinate, a bioavailable form ensuring optimal intestinal absorption, contributing to hematopoiesis, reducing fatigue, and supporting the proper functioning of the immune system.</p><p><style>@font-face

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## 19.8 - MAGNESIUM

<b>MC12PY</b>	caps/jour	bte	<b>Magnesium Citrate 210 mg - 120 caps : PURELY YOURS</b> <span>120 capsules contain 210 mg of elemental magnesium.</span>
Purely Yours Laboratories			
<b>MC6PY</b>	caps/jour	bte	<b>Magnesium Citrate 210 mg - 60 caps : PURELY YOURS</b> <span>60 capsules contain 210 mg of elemental magnesium.</span>
Purely Yours Laboratories			
<b>MC9PY</b>	caps/jour	bte	<b>Magnesium Citrate 210 mg - 90 caps : PURELY YOURS</b> <span>90 capsules contain 210 mg of elemental magnesium.</span>
Purely Yours Laboratories			
<b>MGBPYP</b>	gel/jour	bte	<b>Magnesium 120 mg - 120 capsules : PURELY YOURS</b> 120 capsules containing 120 mg of elemental magnesium from magnesium bisglycinate.
Purely Yours Laboratories			
<b>MGCPYP</b>	gel/jour	bte	<b>Magnesium 120 mg - 180 capsules : PURELY YOURS</b> 180 capsules containing 120 mg of elemental magnesium from magnesium bisglycinate.
Purely Yours Laboratories			
<b>MGCSG</b>	gel/jour	bte	<b>Magnesium Citrate 210 mg - 60 caps : PURELY YOURS</b> <span>60 capsules contain 210 mg of magnesium (as citrate).</span>
Purely Yours Laboratories			
<b>MGEPY</b>	gel/jour	bte	<b>Magnesium 120 mg - 240 capsules : PURELY YOURS</b> 240 capsules containing 120 mg of elemental magnesium from magnesium bisglycinate.
Purely Yours Laboratories			
<b>MKGPE</b>	caps/jour	bte	<b>Magnesium 120 mg - 180 capsules: PURELY YOURS</b> 180 caps provide highly absorbable magnesium salt (120 mg of Mg element).
Purely Yours Laboratories			
<b>MGMBL</b>	gel/jour	bte	<b>Magnesium Magnum - 60 caps : BIOLIFE</b> <p style="text-align: justify;">60 vegan caps provide<span id="noHighlight_0.7002297157204911"> 900 mg of magnesium element in the form of magnesium bisglycinate.</span></p>
Biolife			
<b>MGMNM</b>	caps/jour	bte	<b>Magnesium Malate - 120 caps : EPIGENAR</b> <p style="text-align: justify;">120 vegan caps contain 200 mg of magnesium (as di-magnesium malate).</p>
Epigenar			
<b>MGNBL</b>	gel/jour	bte	<b>Magnesium Magnum - 90 caps : BIOLIFE</b> <p style="text-align: justify;">90 vegan caps contain 900 mg of elemental magnesium in the form of magnesium bisglycinate.</p>
Biolife			
<b>MGPBC</b>	gel/jour	bte	<b>Magnesium 120 mg - 120 capsules : PURELY YOURS</b> <span>120 capsules containing 120 mg of elemental magnesium from magnesium bisglycinate.</span>
Purely Yours Laboratories			
<b>MGPOV</b>	caps/jour	bte	<b>Magnesium 120 mg - 120 caps : PURELY YOURS</b> <span>120 capsules containing 120 mg of elemental magnesium from magnesium bisglycinate.</span>
Purely Yours Laboratories			
<b>MGPPE</b>	gel/jour	bte	<b>2X Magnesium 120 mg - 180 capsules: PURELY YOURS</b> <span>2X 180 caps provide highly absorbable magnesium salt (120 mg of Mg element).</span>
Purely Yours Laboratories			
<b>MGSBT</b>		bte	<b>Magnesium Sulfaat - 1 kg - BTS</b> <p style="text-align: justify;">1 kg of magnesium sulfate</p>
BTS			
<b>MGTPY</b>	gel/jour	bte	<b>Magnesium Taurate - 60 caps : PURELY YOURS</b> 60 caps contain 85 mg of elemental magnesium from a magnesium taurate complex.
Purely Yours Laboratories			
<b>MGUPY</b>	gel/jour	bte	<b>Magnesium Taurate - 90 caps : PURELY YOURS</b> 90 caps contain 85 mg of elemental magnesium from a magnesium taurate complex.
Purely Yours Laboratories			
<b>MGWPY</b>	gel/jour	bte	<b>Magnesium Taurate - 120 caps : PURELY YOURS</b> 120 caps contain 85 mg of elemental magnesium from a magnesium taurate complex.
Purely Yours Laboratories			
<b>MGXPY</b>	gel/jour	bte	<b>Magnesium Taurate - 180 caps : PURELY YOURS</b> <p>180 caps contain 85 mg of elemental magnesium and 915 mg of L-taurine from magnesium taurate
Purely Yours Laboratories			

complex.</p>

<b>MGYPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Magnesium Taurate - 240 caps : PURELY YOURS</b> <p>240 caps contain 85 mg of elemental magnesium and 915 mg of L-aurine from magnesium taurate complex.</p>
<b>MGZPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Magnesium Taurate - 360 caps : PURELY YOURS</b> 360 caps contain 85 mg of elemental magnesium and 915 mg of L-aurine from magnesium taurate complex.
<b>MMPVL</b> Vital Cell Life	caps/jour	bte	<b>Magnesium Malate - 100 gr : VITAL CELL LIFE</b> <p style="text-align: justify;">1 box contains 100 grams of magnesium malate powder providing 150 mg of elemental magnesium per gram, reducing fatigue (improving mood and reducing stress), enhancing bone health, and supporting muscles and the nervous system.</p>
<b>PHY488</b> Therascience	gel/jour	bte	<b>Magnesium Glycerophosphate - 90 gel : THERASCIENCE</b> <p>

</p><p style="text-align: justify;">90 capsules containing 818 mg of magnesium glycerophosphate, standardized to 90 mg of magnesium, contributing to psychological well-being, reducing fatigue, and ensuring normal muscle function.</p><p><style>@font-face {font-family:"Cambria Math"; panose-1:2 4 5 3 5 4 6 3 2 4; mso-font-charset:0; mso-generic-font-family:roman; mso-font-pitch:variable; mso-font-signature:-536870145 1107305727 0 0 415 0;}p.MsoNormal, li.MsoNormal, div.MsoNormal {mso-style-unhide:no; mso-style-qformat:yes; mso-style-parent:""; margin:0cm; mso-pagination:widow-orphan; font-size:12.0pt; font-family:"Times New Roman",serif; mso-fareast-font-family:"Times New Roman"; mso-ansi-language:FR;}MsoChpDefault {mso-style-type:export-only; mso-default-props:yes; font-size:10.0pt; mso-ansi-font-size:10.0pt; mso-bidi-font-size:10.0pt; mso-font-kerning:0pt; mso-ligatures:none; mso-fareast-language:EN-US;}div.WordSection1 {page:WordSection1;}</style></p>

<b>TAUOV</b> AOV	caps/jour	bte	<b>Taurine - 60 caps : AOV</b> <p style="text-align: justify;">60 vegan caps containing 500 mg of taurine.</p>
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## 19.9 - MAGNESIUM-POTASSIUM

<b>MGKBL</b> Biolife	gel/jour	bte	<b>Mg K - 60 caps : BIOLIFE</b> <p style="text-align: justify;">60 <span>vegan caps contain 375 mg of elemental magnesium (as bisglycinate) and 140 mg of elemental potassium (as citrate).</span></p>
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## 19.10 - MANGANESE

<b>MNAPE</b>	caps/jour	bte	<b>Manganese 8 mg - 60 caps: PURE ENCAPSULATIONS</b> <p style="text-align: justify;"><span>60 capsules contain 8 mg of manganese (as aspartate and citrate), indispensable cofactor for the mitochondrial enzyme superoxide dismutase (Mn-SOD).</span></p>
Pure Encapsulations			
<b>MNBTR</b>	caps/jour	bte	<b>Manganese 4 mg - 100 tablets : LAMBERTS</b> <p>100 vegan tablets containing 4 mg of manganese (in the form of citrate), contributing to normal energy metabolism, as well as maintaining bones and protecting cells from oxidative stress.</p>
Lamberts			
<b>MNGLB</b>	tab/jour	bte	<b>Manganese 4 mg - 100 tablets : LAMBERTS</b> <p>100 vegan tablets containing 4 mg of manganese (in the form of citrate), contributing to normal energy metabolism, as well as maintaining bones and protecting cells from oxidative stress</p>
Lamberts			
<b>MNGOV</b>	tab/jour	bte	<b>Manganese 4 mg - 100 tablets : LAMBERTS</b> <p>100 vegan tablets containing 4 mg of manganese (in the form of citrate), contributing to normal energy metabolism, as well as maintaining bones and protecting cells from oxidative stress.</p>
Lamberts			

## 19.11 - MOLYBDENUM

<b>MOBPY</b>	gel/jour	bte	<b>Molybdene - 60 caps : PURELY YOURS</b> <span>60 capsules contain 500 mcg of molybdenum (from sodium molybdate) used as a cofactor or to fight aldehydes side effects.</span>
Purely Yours Laboratories			
<b>MOCPY</b>	gel/jour	bte	<b>Molybdene - 90 caps : PURELY YOURS</b> <span>90 capsules contain 500 mcg of molybdenum (from sodium molybdate) used as a cofactor or to fight aldehydes side effects.</span>
purely Yours Laboratories			
<b>MODPY</b>	gel/jour	bte	<b>Molybdene - 120 caps : PURELY YOURS</b> <span>120 capsules contain 500 mcg of molybdenum (from sodium molybdate) used as a cofactor or to fight aldehydes side effects.</span>
Purely Yours Laboratories			
<b>MOGDL</b>	gel/jour	bte	<b>Molybdene - 60 caps : PURELY YOURS</b> <span>60 capsules contain 500 mcg of molybdenum (from sodium molybdate) used as a cofactor or to fight aldehydes side effects.</span>
Purely Yours Laboratories			
<b>MOGTR</b>	caps/jour	bte	<b>Molybdene - 120 caps : PURELY YOURS</b> 120 capsules contain 500 mcg of molybdenum (from sodium molybdate) used as a cofactor or to fight aldehydes side effects. 2 caps = 1 000mcg
Purely Yours Laboratories			

## 19.12 - POTASSIUM

## 19.13 - SELENIUM

<b>SEMBC</b>	caps/jour	bte	<b>L-Selenomethionine-100 - 60 caps : ORTHICA</b> <p style="text-align: justify;">60 capsules containing 100 mcg of selenium in the form of L-selenomethionine, supporting immunity, protecting against oxidative damage, helping to maintain healthy thyroid function, and promoting heart health and detoxification.</p>
Orthica			
<b>SEMDL</b>	gel/jour	bte	<b>Selenium - 90 caps : PURELY YOURS</b> <span>90 caps contain 200 mcg of selenium element in the form of selenomethionine.</span>
Purely Yours Laboratories			
<b>SEMOT</b>	gel/jour	bte	<b>L-Selenomethionine-100 - 60 caps : ORTHICA</b> <p style="text-align: justify;">60 capsules containing 100 mcg of selenium in the form of L-selenomethionine, supporting immunity, protecting against oxidative damage, helping to maintain healthy thyroid function, and promoting heart health and detoxification.</p>
Orthica			
<b>SEMOV</b>	caps/jour	bte	<b>Selenium - 60 caps: PURELY YOURS</b> <span>60 caps contain 200 mcg of selenium element in the form of selenomethionine. </span>
Purely Yours Laboratories			
<b>SEMPE</b>	gel/jour	bte	<b>Selenium - 60 caps : PURELY YOURS</b> <span>60 caps contain 200 mcg of selenium element in the form of selenomethionine. </span>
Purely Yours Laboratories			
<b>SEMPY</b>	gel/jour	bte	<b>Selenium - 60 caps : PURELY YOURS</b> <span>60 caps contain 200 mcg of selenium element in the form of selenomethionine. </span>
Purely Yours Laboratories			
<b>SEMSJ</b>	gel/jour	bte	<b>Selenium - 60 caps : PURELY YOURS</b> <span>60 caps contain 200 mcg of selenium element in the form of selenomethionine. </span>
Purely Yours Laboratories			



<b>SENPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Selenium - 90 caps : PURELY YOURS</b> <span>90 caps contain 200 mcg of selenium element in the form of selenomethionine.</span>
<b>SENSJ</b> Purely Yours Laboratories	gel/jour	bte	<b>Selenium - 90 caps : PURELY YOURS</b> <span>90 caps contain 200 mcg of selenium element in the form of selenomethionine.</span>
<b>SEOPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Selenium - 120 caps : PURELY YOURS</b> <span>120 caps contain 200 mcg of selenium element in the form of selenomethionine.</span>
<b>SEOSJ</b> Purely Yours Laboratories	gel/jour	bte	<b>Selenium - 120 caps : PURELY YOURS</b> <span>120 caps contain 200 mcg of selenium element in the form of selenomethionine.</span>
<b>SEQOT</b> Orthica	caps/jour	bte	<b>L-Selenomethionine-100 - 180 caps : ORTHICA</b> <p style="text-align: justify;">180 capsules containing 100 mcg of selenium in the form of L-selenomethionine, supporting immunity, protecting against oxidative damage, helping to maintain healthy thyroid function, and promoting heart health and detoxification.</p>
<b>SEQPE</b> Purely Yours Laboratories	gel/jour	bte	<b>Selenium - 120 caps : PURELY YOURS</b> <span>120 caps contain 200 mcg of selenium element in the form of selenomethionine.</span>

## 19.14 - SILICIUM

<b>PSBBL</b> Purely Yours Laboratories	gel/jour	bte	<b>Silicium 50 mg - 60 caps : PURELY YOURS</b> <span>60 caps contain 50 mg of silicon (from choline stabilized orthosilicic acid).</span>
<b>SLCLB</b> Purely Yours Laboratories	gel/jour	bte	<b>Silicium 50 mg - 90 caps : PURELY YOURS</b> <span>90 caps contain 50 mg of silicon (from choline stabilized orthosilicic acid).</span>
<b>SLCPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Silicium 50 mg - 60 caps : PURELY YOURS</b> 60 caps contain 50 mg of silicon (from choline stabilized orthosilicic acid).
<b>SLDPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Silicium 50 mg - 90 caps : PURELY YOURS</b> 90 caps contain 50 mg of silicon (from choline stabilized orthosilicic acid).
<b>SLEPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Silicium 50 mg - 120 caps : PURELY YOURS</b> 120 caps contain 50 mg of silicon (from choline stabilized orthosilicic acid).

## 19.15 - ZINC

<b>PHY493</b> Therascience	gel/jour	bte	<b>Zinc - 90 caps : THERASCIENCE</b> <p style="text-align: justify;">90 capsules containing 30 mg of zinc in the form of bisglycinate, supporting the immune system, growth and development, cognitive function, wound healing, as well as skin health and antioxidant protection.</p>
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<b>PUZSP</b> SolidPharma	caps/jour	bte	<b>Pure Zinc - 60 tabs : SOLIDPHARMA</b> <p style="text-align: justify;">60 tablets containing 15 mg of elemental zinc, a support for immunity, skin, and the proper functioning of the body (growth and development).</p>
<b>ZCBJF</b> Purely Yours Laboratories	gel/jour	bte	<b>Zinc Gluconate 30 mg - 90 caps : PURELY YOURS</b> <span>90 caps contain 30 mg of zinc element as zinc gluconate, plus nettle leaves powder as healthy filler.</span>
<b>ZNALB</b> Purely Yours Laboratories	gel/jour	bte	<b>Zinc Gluconate 30 mg - 90 caps : PURELY YOURS</b> <span>90 caps contain 30 mg of zinc element as zinc gluconate, plus nettle leaves powder as healthy filler.</span>
<b>ZNAPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Zinc Gluconate 30 mg - 60 caps : PURELY YOURS</b> <span>60 caps contain 30 mg of zinc element as zinc gluconate, plus nettle leaves powder as healthy filler.</span>
<b>ZNBPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Zinc Gluconate 30 mg - 90 caps : PURELY YOURS</b> <span>90 caps contain 30 mg of zinc element as zinc gluconate, plus nettle leaves powder as healthy filler.</span>
<b>ZNCBC</b> Purely Yours Laboratories	gel/jour	bte	<b>Zinc Gluconate 30 mg - 90 caps : PURELY YOURS</b> <span>90 caps contain 30 mg of zinc element as zinc gluconate, plus nettle leaves powder as healthy filler.</span>
<b>ZNCPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Zinc Gluconate 30 mg - 120 caps : PURELY YOURS</b> <span>120 caps contain 30 mg of zinc element as zinc gluconate, plus nettle leaves powder as healthy filler.</span>
<b>ZNGPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Zinc Gluconate 50 mg - 60 caps : PURELY YOURS</b> 60 caps contain 50 mg of zinc element as zinc gluconate, plus nettle leaves powder as healthy filler.
<b>ZNHPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Zinc Gluconate 50 mg - 90 caps : PURELY YOURS</b> 90 caps contain 50 mg of zinc element as zinc gluconate, plus nettle leaves powder as healthy filler.
<b>ZNIPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Zinc Gluconate 50 mg - 120 caps : PURELY YOURS</b> 120 caps contain 50 mg of zinc element as zinc gluconate, plus nettle leaves powder as healthy filler.
<b>ZNKNE</b> Purely Yours Laboratories	gel/jour	bte	<b>2X Zinc Gluconate 30 mg - 90 caps : PURELY YOURS</b> <span>2 X 90 caps contain 30 mg of zinc element as zinc gluconate, plus nettle leaves powder as healthy filler.</span>
<b>ZNKPE</b> Purely Yours Laboratories	gel/jour	bte	<b>2X Zinc Gluconate 30 mg - 90 caps : PURELY YOURS</b> 2X <span>90 caps contain 30 mg of zinc element as zinc gluconate, plus nettle leaves powder as healthy filler.</span>
<b>ZNPOV</b> Purely Yours Laboratories	gel/jour	bte	<b>Zinc Gluconate 30 mg - 60 caps : PURELY YOURS</b> <span>60 caps contain 30 mg of zinc element as zinc gluconate, plus nettle leaves powder as healthy filler.</span>
<b>ZNPPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Zinc Picolinate 50 mg - 60 caps : PURELY YOURS</b> 60 capsules containing 50 mg of zinc element in the form of zinc picolinate plus nettle leaves powder for better absorption.
<b>ZNQPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Zinc Picolinate 50 mg - 90 caps : PURELY YOURS</b> 90 caps contain 50 mg of zinc element as zinc picolinate, plus nettle leaves powder as healthy filler.
<b>ZNRPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Zinc Picolinate 50 mg - 120 caps : PURELY YOURS</b> 120 capsules containing 50 mg of zinc element in the form of zinc picolinate plus nettle leaves powder for better absorption.

## 19.16 - OTHER

## 20 - MUSHROOMS

## 21 - MUSCLES

<b>ALCDL</b> Purely Yours Laboratories	gel/jour	bte	<b>Acetyl-L-carnitine 500 mg - 60 caps : PURELY YOURS</b> <span>60 capsules contain 500 mg of acetyl-L-carnitine designed to boost mitochondrial function.</span>
<b>BALMM</b> Mammut		bte	<b>Beta-Alanine Powder - 300 gr : MAMMUT</b> 1 pot contains 300 g of <em>beta-alanine</em> powder (1 scoop = 3g), as an anabolic workout support during sport.
<b>BCAPE</b> Pure Encapsulations	caps/jour	bte	<b>BCAA - 90 caps : PURE ENCAPSULATIONS</b> <p style="text-align: justify;">90 capsules containing 600 mg of branched-chain amino acids (free form), including 300 mg of L-leucine, 150 mg of L-isooleucine, and L-valine, essential for muscle building, post-exercise recovery, and reducing muscle protein breakdown.</p>
<b>CITEVL</b> Evolution Nutrition		bte	<b>L-Citrulline 2000 : EVLUTION NUTRITION</b> 1 pot contains 200 g of plant-based <em>L-citrulline</em> (1 scoop = 2g), as an anabolic workout support during sport
<b>CRNOH</b> Original Hanoju	caps/jour	bte	<b>L-Carnosine - 90 caps : HANOJU</b> <p>90 caps containing 400mg of L-carnosine, a peptide with powerful antioxidant and anti-aging effects, supporting the nervous system.</p>
<b>CRXL</b> Metagenics	caps/jour	bte	<b>CreaDyn - 293 gr : METAGENICS</b> <p>1 pt contains 3g of creatine, 1.5g of L-glutamine, 750mg of taurine (1 scoop = 8g), enhancing physical performance in short, high-intensity exercises, and stimulating muscle growth during strength efforts.</p>
<b>HMBET</b> Etixx	comp/jour	bte	<b>HMB 1000 mg - 60 caps : ETIXX</b> <p>60 caps containing hydroxymethylbutyrate (HMB), a branched-chain amino acid derived from leucine that supports lean mass gain.</p>
<b>HMBUS</b> QNT	caps/jour	bte	<b>HMB 1000 mg - 120 caps : QNT</b> <p style="text-align: justify;">120 caps containing 250 mg of hydroxymethylbutyrate (HMB), a branched-chain amino acid derived from leucine, promoting lean mass gain.</p>
<b>PRCSW</b> Sun Warrior	sachet/jour	bte	<b>Protein Chocolat - 750 gr : SUNWARRIOR</b> <p style="text-align: justify;">750 gr contains Organic pea protein, organic hemp protein, organic goji berries, organic chocolate flavoring, organic guar gum, sea salt, organic stevia extract, organic coconut grater, to support muscle mass gain.</p>
<b>PRVSW</b> Sun Warrior		bte	<b>Protein Vanille - 750 gr : SUNWARRIOR</b> <p style="text-align: justify;">750 gr contains Organic pea protein, organic hemp protein, organic goji berries, organic vanilla flavoring, organic guar gum, sea salt, organic stevia extract, organic coconut grater, to support muscle mass gain.</p>
<b>PWVBD</b> Metagenics	sachet/jour	bte	<b>Pro Whey Vanille 518 gr : METAGENICS</b> <p>One jar containing 21 servings of a blend of whey protein isolate and concentrate (23.5g), low in carbohydrates and fats, and rich in chromium (helps maintain normal blood sugar levels), contributing to the development and maintenance of muscle mass, as well as having immunostimulatory properties.</p>
<b>RIBJF</b> Purely Yours Laboratories	caps/jour	bte	<b>D-Ribose - 150 gr : PURELY YOURS</b> <span>150 gr of D-ribose designed to support ATP production directly involved energy metabolism.</span>
<b>RICPY</b> Purely Yours Laboratories	caps/jour	bte	<b>D-Ribose - 300 gr : PURELY YOURS</b> 300 gr of D-ribose designed to support ATP production directly involved energy metabolism.

## 22 - NERVOUS SYSTEM

## 23 - PROBIOTICS - PREBIOTICS - SYNBIOTICS - FIBRES

<b>68120SJ</b> Sanjm	gel/jour	bte	<b>Faecium - 120 caps : SAN JM</b> <p style="text-align: justify;">120 caps containing 14 billion CFU of Enterococcus faecium, necessary for people suffering from intestinal dysbiosis and constipation.</p>
<b>6820SJ</b> Sanjm	sachet/jour	bte	<b>Ferment Faecium - 20 sticks : SANJM</b> 20 sticks provide the probiotic Enterococcus faecium (14 billion bacteria CFU); suitable for people suffering from intestinal dysbiosis and constipation.
<b>6826SJ</b> Sanjm	sachet/jour	bte	<b>Ferment 68 1 Month - 26 sachets : SAN JM</b> provide the probiotic Enterococcus faecium (14 billion bacteria CFU); suitable for people suffering from intestinal dysbiosis and constipation.

<b>6860SJ</b> Sanjm	gel/jour	bte	<b>Faecium - 60 caps : SAN JM</b> <p style="text-align: justify;">60 caps containing 14 billion CFU of Enterococcus faecium, necessary for people suffering from intestinal dysbiosis and constipation.</p>
<b>6890SJ</b> Sanjm	gel/jour	bte	<b>Faecium - 90 caps : SAN JM</b> <p style="text-align: justify;">90 caps containing 14 billion CFU of Enterococcus faecium, necessary for people suffering from intestinal dysbiosis and constipation.</p>
<b>AXTLB</b> Lamberts	caps/jour	bte	<b>Acidophilus Extra 10 - 60 caps : LAMBERTS</b> <p style="text-align: justify;">60 vegan capsules contain 10 billion healthy bacteria for the gut (<em>Lactobacillus acidophilus et Bifidobacterium bifidum</em>).</p>
<b>BCGBC</b> Sanjm	caps/jour	bte	<b>Ferment Daily - 60 capsules : SANJM</b> <p style="text-align: justify;">60 veggie caps containing a blend of 5 probiotics (25 billion CFU: Lactobacillus acidophilus, Bifidobacterium longum, Streptococcus thermophilus, Lactobacillus casei, Lactobacillus reuteri), without inulin, starch, preservatives, additives, coloring, lactose, or gluten, necessary for intestinal microbiota health.</p>
<b>BCIBC</b> Optibac Probiotics	caps/jour	bte	<b>Every Day Extra - 90 caps: OPTIBAC PROBIOTICS</b> <p style="text-align: justify;">90 caps containing 20 billion live bacteria (Lactobacillus spp. and Bifidobacterium spp.), supporting the intestinal barrier.</p>
<b>BCKBC</b> Optibac Probiotics	caps/jour	bte	<b>Every Day Max - 30 caps : OPTIBAC PROBIOTICS</b> <p style="text-align: justify;">30 caps containing 75 billion live bacteria (Lactobacillus acidophilus and Bifidobacterium spp.), supporting the intestinal barrier.</p>
<b>BFLEN</b> Energetica Natura	caps/jour	bte	<b>Floracare XL - 60 caps : BIOTICS RESEARCH</b> <p style="text-align: justify;">60 vegan caps contain 400 mg of&nbsp;&nbsp;&nbsp;proprietary formula : inulin (extracted from chicory), arabinogalactanes (larch), marshmallow, bifidobacterium bifidum, bifidobacterium lactis, bifidobacterium breve, lactobacillus paracasei, lactobacillus plantarum, lactobacillus salvarius, streptococcus thermophilus 20 billion (2 x 1010) &nbsp;&nbsp;&nbsp;bacteria alive per capsules.</p>
<b>BMMBL</b> Biolife	gel/jour	bte	<b>Be-Munitas Magnum - 30 caps : BIOLIFE</b> <p style="text-align: justify;">30 acid-fast vegan caps contain 60 billion lactic ferments divided into 9 different strains of probiotics.</p>
<b>EDEOB</b> Optibac Probiotics	caps/jour	bte	<b>Every Day Extra - 90 caps : OPTIBAC PROBIOTICS</b> <p style="text-align: justify;">90 caps containing 20 billion live bacteria (Lactobacillus spp. and Bifidobacterium spp.), supporting the intestinal barrier.</p>
<b>EDMOB</b> Optibac Probiotics	caps/jour	bte	<b>Every Day Max - 30 caps : OPTIBAC PROBIOTICS</b> <p style="text-align: justify;">30 caps containing 75 billion live bacteria (Lactobacillus acidophilus and Bifidobacterium spp.), supporting the intestinal barrier.</p>
<b>FBD0B</b> Sanjm		bte	<b>Ferment Junior - 60 gr : SANJM</b> <p style="text-align: justify;">60 grams of a blend of 5 probiotics (L. acidophilus-5, E. faecium-68, L. casei-01, B. infantis-12, S. lactis-7) perfectly suited for children, essential for supporting the intestinal microbiota.</p>
<b>FEDOB</b> Optibac Probiotics	caps/jour	bte	<b>Every Day - 90 caps : OPTIBAC PROBIOTICS</b> <p style="text-align: justify;">90 caps containing 5 billion of 6 strains of live bacteria (Lactobacillus spp. and Bifidobacterium spp.) as well as 88mg of FOS, supporting the intestinal barrier.</p>
<b>FM12SJ</b> Sanjm	gel/jour	bte	<b>Ferment Daily - 120 capsules : SANJM</b> <p style="text-align: justify;">120 veggie caps containing a blend of 5 probiotics (25 billion CFU: Lactobacillus acidophilus, Bifidobacterium longum, Streptococcus thermophilus, Lactobacillus casei, Lactobacillus reuteri), without inulin, starch, preservatives, additives, coloring, lactose, or gluten, necessary for intestinal microbiota health.</p>
<b>FM6SJ</b> Sanjm	gel/jour	bte	<b>Ferment Daily - 60 capsules : SANJM</b> <p style="text-align: justify;">60 veggie caps containing a blend of 5 probiotics (25 billion CFU: Lactobacillus acidophilus, Bifidobacterium longum, Streptococcus thermophilus, Lactobacillus casei, Lactobacillus reuteri), without inulin, starch, preservatives, additives, coloring, lactose, or gluten, necessary for intestinal microbiota health.</p>
<b>FM9SJ</b> Sanjm	gel/jour	bte	<b>Ferment Daily - 90 capsules : SANJM</b> <p style="text-align: justify;">90 veggie caps containing a blend of 5 probiotics (25 billion CFU: Lactobacillus acidophilus, Bifidobacterium longum, Streptococcus thermophilus, Lactobacillus casei, Lactobacillus reuteri), without inulin, starch, preservatives, additives, coloring, lactose, or gluten, necessary for intestinal microbiota health.</p>

health.</p>

<b>FMJSJ</b> Sanjm	sachet/jour	bte	<b>Ferment Junior - 60 gr : SANJM</b> <p style="text-align: justify;">60 grams of a blend of 5 probiotics (L. acidophilus-5, E. faecium-68, L. casei-01, B. infantis-12, S. lactis-7) perfectly suited for children, essential for supporting the intestinal microbiota.</p>
<b>FS26SJ</b> Sanjm	sachet/jour	bte	<b>Ferment 1 Month - 26 sachets : SAN JM</b> contain 12.5 billion bacteria (CFU) providing 5 probiotics strain (Lactobacillus acidophilus ATCC4356, Bifidobacterium longum ATCC15707, Lactobacillus casei (Defensis), Lactobacillus reuteri ATCC55730, Streptococcus thermophilus DSM20259).
<b>LBTNE</b> Ceres Pharma	gel/jour		<b>Labotix MB - 30 caps : CERES PHARMA</b> <p style="text-align: justify;">30 veggie caps containing 50mg of FOS, 40 billion lactic acid bacteria (Bifidobacterium spp., Lactobacillus spp.), and 10 mcg of biotin, supporting the intestinal microbiota.</p>
<b>LXBNM</b> Natura Medicatrix	sachet/jour	bte	<b>Transit Succes - 30 sachets : NATURA MEDICATRIX</b> <p>30 sachets containing 5g of FOS, 1 billion of Bifidobacterium lactis, and 0.5g of Psyllium fiber, for normal digestion and bowel movements.</p>
<b>MNTBL</b> Biolife	gel/jour	bte	<b>Be-Munitas + - 60 caps : BIOLIFE</b> <p style="text-align: justify;">60 acid-fast vegan capsules contain 33,3 billion beneficial gut bacteria (9 &nbsp;different strains).</p>
<b>OQBBI</b> Sanjm	gel/jour	bte	<b>Ferment Daily - 90 capsules : SANJM</b> <p style="text-align: justify;">90 veggie caps containing a blend of 5 probiotics (25 billion CFU: Lactobacillus acidophilus, Bifidobacterium longum, Streptococcus thermophilus, Lactobacillus casei, Lactobacillus reuteri), without inulin, starch, preservatives, additives, coloring, lactose, or gluten, necessary for intestinal microbiota health.</p>
<b>ORBBI</b> Sanjm	gel/jour	bte	<b>Ferment Daily - 120 gélules : SANJM</b> <p style="text-align: justify;">120 veggie caps containing a blend of 5 probiotics (25 billion CFU: Lactobacillus acidophilus, Bifidobacterium longum, Streptococcus thermophilus, Lactobacillus casei, Lactobacillus reuteri), without inulin, starch, preservatives, additives, coloring, lactose, or gluten, necessary for intestinal microbiota health.</p>
<b>PBONS</b> Nutrissentiel	gel/jour	bte	<b>Probiamax - 60 capsules : NUTRISENTIEL</b> <p style="text-align: justify;">60 caps containing <em>Lactobacillus acidophilus</em> (CUL-60 & CUL-21) 18.75 billion CFU, plus <em>Bifidobacterium bifidum</em> (CUL-20) and <em>Bifidobacterium lactis</em> (CUL-34) 6.25 billion CFU, for a total of 25 billion CFU, for better gut health.</p>
<b>PBTIB</b> Metagenics	caps/jour	bte	<b>Bactiol IB - 30 gel : METAGENICS</b> <p>30 capsules containing a very high dosage of L. acidophilus (30 billion bacteria) and B. lactis (30 billion bacteria), helping to boost natural defenses.</p>
<b>PHY248</b> Therascience	gel/jour	bte	<b>HPI 60 - 30 gélules : THERASCIENCE</b> <p style="text-align: justify;">30 gels containing 360 billion CFUs of 7 bacterial strains (Lactobacillus acidophilus LA-3, Bifidobacterium animalis lactis BS01, Lactobacillus rhamnosus GG, Lactobacillus plantarum BG112, Streptococcus thermophilus SP4, Lactobacillus casei LC03, Lactobacillus reuteri LR92), providing digestive support in cases of severe and/or chronic intestinal permeability.</p>
<b>PHY257</b> Therascience	caps/jour	bte	<b>Trisymbio - 90 caps : THERASCIENCE</b> <p style="text-align: justify;">90 capsules containing 3 billion CFUs of 3 bacterial strains (Lactobacillus acidophilus LA-3, Bifidobacterium animalis lactis BS01, Lactobacillus rhamnosus GG), 270 mg of fiber (75 mg of fructo-oligosaccharides (FOS) and 195 mg of inulin), 10 mg of grapefruit extract, and 10 mg of oregano extract, for improved intestinal comfort.</p>
<b>PHY532</b> Therascience	gel/jour		<b>CBM 588 - 90 caps : THERASCIENCE</b> <p style="text-align: justify;">90 capsules containing 450 million <em>Clostridium butyricum</em> CBM588 per capsule</p>
<b>PRDBD</b> Metagenics	caps/jour	bte	<b>Bactiol Duo - 30 caps : METAGENICS</b> <p>30 capsules containing high-dose live organisms (6 billion Saccharomyces boulardii and 8.5 billion live bacteria) for normal stools and improved immunity.</p>
<b>SB20SJ</b> Sanjm	sachet/jour	bte	<b>Saccharomyces Boulardii Plus - 20 sticks : SAN JM</b> <p style="text-align: justify;">20 sticks containing 3,5 billion CFU of Saccharomyces boulardii, to support the intestinal microbiota.</p>

<b>SB6SJ</b> Sanjm	gel/jour	bte	<b>Saccharomyces Boulardii - 60 capsules : SANJM</b> <p style="text-align: justify;">60 veggie caps containing 2.7 billion CFU of Saccharomyces boulardii, to support the intestinal microbiota.</p>
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<b>UCSBD</b> Metagenics	caps/jour	bte	<b>Ultra Sustain - 784 gr : METAGENICS</b> <p class="flex max-w-full flex-col flex-grow"><div data-message-author-role="assistant" data-message-id="25d41061-5197-4dbd-a2e1-ccab38d5ef6a" dir="auto" class="min-h-8 text-message relative flex w-full flex-col items-end gap-2 whitespace-normal break-words text-start [.text-message+&]:mt-5" data-message-model-slug="gpt-4o-mini"><div class="flex w-full flex-col gap-1 empty:hidden first:pt-[3px]"><div class="markdown prose w-full break-words dark:prose-invert dark"><p data-start="0" data-end="323" class="">One jar contains 14 servings (1 scoop = 28g) with a complete blend of L-glutamine (1000mg; for nucleotide synthesis), inulin (2000mg), FOS, antioxidants, vitamins, and trace elements (supporting detoxification function), along with a rice powder concentrate (27g) to improve the proper functioning of the intestinal lining.</p></div></div></div></p>
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<b>UDOBD</b> Metagenics	caps/jour	bte	<b>Nutrimonium - 28 sachets : METAGENICS</b> <p style="text-align: justify;">28 sachets containing 2000mg of L-glutamine, 1500mg of FOS, 10 billion Lactobacillus acidophilus, vitamins A/B/C/D/E, trace elements, and minerals, optimizing various bodily functions, controlling oxidative stress, addressing nutritional deficiencies, and promoting quality of life (energy - immunity - gut).</p>
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<b>WOMOB</b> Optibac Probiotics	caps/jour	bte	<b>For Women - 90 caps : OPTIBAC PROBIOTICS</b> <p style="text-align: justify;">90 caps containing 2.5 billion live bacteria found in the vaginal and urinary tracts (<em>Lactobacillus reuteri RC-14, Lactobacillus rhamnosus GR-1</em>), supporting the reproductive and urinary microbiota.</p>
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## 24 - PROSTATE SUPPORT

<b>SAPBC</b> Nova Vitae	caps/jour	bte	<b>Saw Palmetto Extract 320 mg - 60 caps : NOVA VITAE</b> <p>60 veggie caps containing 320mg of highly concentrated standardized Serenoa repens extract (85%).</p>
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<b>SAPNV</b> Nova Vitae	caps/jour	bte	<b>Saw Palmetto Extract 320 mg - 60 caps : NOVA VITAE</b> <p>60 veggie caps containing 320mg of highly concentrated standardized Serenoa repens extract (85%).</p>
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## 25 - PSYCHOTROPICS

<b>CBDBO</b> Mattisson	gel/jour		<b>CBD olie 15mg - 60 Caps : MATTISSON</b> <p>60 vegan caps containing 15mg of cannabidiol (CBD) derived from hemp, reducing anxiety and stress, as well as pain, and promoting better sleep.</p>
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<b>CBDCE</b> Sanjm	ml/jour	flacon	<b>CBD Oil 15% - 10 ml : SANJM</b> <p style="text-align: justify;">One bottle contains 10 ml (200 drops; 1 drop = 7.5 mg of CBD; topic using) of hemp oil, apple flavor, providing 15% CBD, helping with the management of anxiety, chronic pain, sleep disorders, and inflammation.</p>
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<b>CBDMT</b> Mattisson	gel/jour		<b>CBD olie 15mg - 60 Caps : MATTISSON</b> <p>60 vegan caps containing 15mg of cannabidiol (CBD) derived from hemp, reducing anxiety and stress, as well as pain, and promoting better sleep.</p>
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<b>CBDOR</b> Sanjm	gttes/jour	flacon	<b>CBD Oil 15% - 10 ml : SANJM</b> <p style="text-align: justify;">One bottle contains 10 ml (200 drops; 1 drop = 7.5 mg of CBD; topic using) of hemp oil, apple flavor, providing 15% CBD, helping with the management of anxiety, chronic pain, sleep disorders, and inflammation.</p>
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<b>CBDPO</b> Sanjm	ml/jour	flacon	<b>CBD Oil 15% - 10 ml : SANJM</b> <p style="text-align: justify;">One bottle contains 10 ml (200 drops; 1 drop = 7.5 mg of CBD; topic using) of hemp oil, apple flavor, providing 15% CBD, helping with the management of anxiety, chronic pain, sleep disorders, and inflammation.</p>
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<b>CBDWE</b> Sanjm	gttes/jour		<b>CBD Oil 20% - 10 ml : SANJM</b> <p style="text-align: justify;">One bottle contains 10 ml (200 drops; 1 drop = 10 mg of CBD; topic using) of hemp oil, apple flavor, providing 20% CBD, helping with the management of anxiety, chronic pain, sleep disorders, and inflammation.</p>
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<b>CBEMT</b> Mattisson	gel/jour		<b>CBD olie 50mg - 30 caps : MATTISSON</b> <p>30 vegan caps containing 50mg of cannabidiol (CBD) derived from hemp, reducing anxiety and stress, as well as pain, and promoting better sleep.</p>
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<b>TRPNE</b>	tab/jour	bte	<b>L-Tryptophane 500 mg - 60 tabs : CERES PHARMA</b>
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<p style="text-align: justify;">60 tabs useful for the conversion of L-tryptophan into serotonin, as vitamins B6 (pyridoxine) and B3 (niacin) are required as cofactors. To prevent deficiencies of these nutrients, L-tryptophan should be combined with Vitamin B Complex.</p>

## 26 - SYNDROME X

<b>MTXPE</b>	caps/jour	bte	<b>Metabolic Xtra - 90 caps : PURE ENCAPSULATIONS</b> <p style="text-align: justify;">90 capsules provide a comprehensive support (including berberine, alpha-lipoic acid, resveratrol, and chromium) for healthy insulin function and glucose homeostasis.</p>
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## 27 - THYROID SUPPORT

<b>CMLPY</b>	caps/jour	bte	<b>Supplements 21 Guggulu - 60 caps : BALANCEPHARMA</b> <p style="text-align: justify;">60 vegan caps providing 400 mg of <em>Commiphora mukul</em> extract.</p>
<b>CMMBP</b>	caps/jour	bte	<b>Supplements 21 Guggulu - 60 caps: BALANCEPHARMA</b> <p style="text-align: justify;"><span>60 vegan caps providing 400 mg of </span><em>Commiphora mukul</em><span> extract</span></p> <p style="text-align: justify;"> </p>
<b>CMMPY</b>	caps/jour	bte	<b>Supplements 21 Guggulu - 60 caps : BALANCEPHARMA</b> <p style="text-align: justify;">60 vegan caps providing 400 mg of <em>Commiphora mukul</em> extract.</p>
<b>CMNPY</b>	caps/jour	bte	<b>2X Supplements 21 Guggulu - 60 caps : BALANCEPHARMA</b> <p style="text-align: justify;">120 vegan caps providing 400 mg of <em>Commiphora mukul</em> extract.</p>
<b>GTABR</b>	caps/jour	bte	<b>GTA Forte - 90 caps : BIOTICS RESEARCH</b> <p style="text-align: justify;">90 capsules (porcine origin) contain 20 mg of natural thyroid glandular concentrate (without L-thyroxin), zinc (10 mg), copper (1 mg), and selenium (26 mcg).</p>
<b>GTAEN</b>	caps/jour	bte	<b>GTA - 90 géI : BIOTICS RESEARCH</b> <p style="text-align: justify;">90 capsules (porcine origin) contain 5 mg of natural thyroid extracts (hormones having been removed) and 5 mcg of Zinc.</p>
<b>GTAFN</b>	caps/jour	bte	<b>GTA Forte - 90 cap : BIOTICS RESEARCH</b> <p style="text-align: justify;">90 capsules (porcine origin) contain 20 mg of natural thyroid extracts (without L-thyroxine), zinc (10 mg), copper (1 mg) and selenium (26 mcg).</p>
<b>GTAGN</b>	caps/jour	bte	<b>GTA Forte - 90 caps : BIOTICS RESEARCH</b> <p style="text-align: justify;">90 capsules (porcine origin) contain 20 mg of natural thyroid glandular concentrate (without L-thyroxin), zinc (10 mg), copper (1 mg), and selenium (26 mcg).</p>
<b>IDKPY</b>	gel/jour	bte	<b>Iodine - 60 caps : PURELY YOURS</b> 60 caps contain kelp extract providing 225 mcg of iodine to support healthy thyroid function.
<b>IDLEN</b>	gttes/jour	flacon	<b>Liquid Iodine - 60 ml : BIOTICS RESEARCH</b> <p style="text-align: justify;">1 vial contains 60 ml, or approximately &nbsp;1200 drops providing 75 mcg of iodine per drop.</p>
<b>IDLPY</b>	gel/jour	bte	<b>Iodine - 90 caps : PURELY YOURS</b> 90 caps contain kelp extract providing 225 mcg of iodine to support healthy thyroid function.
<b>IDMPY</b>	gel/jour	bte	<b>Iodine - 120 caps : PURELY YOURS</b> 120 caps contain kelp extract providing 225 mcg of iodine to support healthy thyroid function.
<b>IDTBD</b>	gel/jour	bte	<b>Iodine Thyrosine - 60 caps : PURELY YOURS</b> <span>60 capsules containing 225 mcg of iodine and 500 mg of L-tyrosine.</span>
<b>IDTPY</b>	gel/jour	bte	<b>Iodine Thyrosine - 60 caps : PURELY YOURS</b> 60 capsules containing 225 mcg of iodine and 500 mg of L-tyrosine.
<b>IDUPY</b>	gel/jour	bte	<b>Iodine Thyrosine - 90 caps : PURELY YOURS</b> 90 capsules containing 225 mcg of iodine and 500 mg of L-tyrosine.
<b>IDWPY</b>	gel/jour	bte	<b>Iodine Thyrosine - 120 caps : PURELY YOURS</b> 120 capsules containing 225 mcg of iodine and 500 mg of L-tyrosine.
<b>KLPHN</b>	tab/jour	bte	<b>Kelp-150 - 120 tabs : ORTHICA</b> <p style="text-align: justify;"><span>120 tabs contain 176 mg of Ascophyllum nodosum extract (kelp) providing 150 mcg of iodine to optimize iodine stores.</span></p>

<b>KLPOT</b> Orthica	tab/jour	bte	<b>Kelp-150 - 120 tabs : ORTHICA</b> <p style="text-align: justify;">120 tabs contain 176 mg of Ascophyllum nodosum extract (kelp) providing 150 mcg of iodine to optimize iodine stores.</p>
<b>LTSNE</b> Ceres Pharma	gel/jour	bte	<b>L-Tyrosine 500 mg - 60 caps : CERES PHARMA</b> <p style="text-align: justify;">60 capsules contain 500 mg of L-Tyrosine.</p>
<b>MDSEN</b> Energetica Natura	gel/jour	bte	<b>Meda-Stim - 100 caps : BIOTICS RESEARCH</b> <p style="text-align: justify;">100 vegan caps contain 67 mcg of iodine, plants and the necessary cofactors to transform the thyroid hormones T4 into T3 (including 30 mcg of selenium).</p>
<b>NTQNA</b> Purely Yours Laboratories	tab/jour	bte	<b>Support Thyroïde - 60 caps : PURELY YOURS</b> <p>60 caps provide nutrients (including 75 mcg of iodine) for optimal thyroid gland function</p>
<b>NTRNA</b> Purely Yours Laboratories	tab/jour	bte	<b>Support Thyroïde - 120 caps : PURELY YOURS</b> <p><span>120 caps contain nutrients (including 75 mcg of iodine) for optimal thyroid gland function.</span></p>
<b>PHY344</b> Therascience	comp/jour	bte	<b>Iode+ - 120 comp : THERASCIENCE</b> <p>

</p><p style="text-align: justify;">120 tablets containing 250 µg of iodine, promoting the normal production of thyroid hormones and the proper functioning of the thyroid gland.</p><p><style>@font-face {font-family:"Cambria Math"; panose-1:2 4 5 3 5 4 6 3 2 4; mso-font-charset:0; mso-generic-font-family:roman; mso-font-pitch:variable; mso-font-signature:-536870145 1107305727 0 0 415 0;}p.MsoNormal, li.MsoNormal, div.MsoNormal {mso-style-unhide:no; mso-style-qformat:yes; mso-style-parent:""; margin:0cm; mso-pagination:widow-orphan; font-size:10.0pt; font-family:"Times New Roman",serif; mso-fareast-font-family:"Times New Roman"; mso-ansi-language:EN-GB; mso-fareast-language:EN-US;} .MsoChpDefault {mso-style-type:export-only; mso-default-props:yes; font-size:10.0pt; mso-ansi-font-size:10.0pt; mso-bidi-font-size:10.0pt; mso-font-kerning:0pt; mso-ligatures:none;}div.WordSection1 {page:WordSection1;}</style></p>

<b>PHY484</b> Therascience	gel/jour	bte	<b>L-Tyrosine 500 mg - 120 gel : THERASCIENCE</b> <p style="text-align: justify;">120 capsules containing 500 mg of L-Tyrosine, an amino acid precursor to dopamine, essential for the production of neurotransmitters and thyroid hormones, and crucial for cognitive functions, stress response, and overall well-being.</p>
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**SKNOV** gel/jour bte  
Purely Yours Laboratories

**Support Thyroïde - 60 caps : PURELY YOURS**  
60 caps provide nutrients (including 75 mcg of iodine) for optimal thyroid gland function.

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**TNGAR** gel/jour bte  
Allergy Research

**THYROID Natural Glandular - 100 géI : ALLERGY RESEARCH**  
<p>

<span lang="EN-US" style="font-size:9.0pt;mso-bidi-font-size:12.0pt;font-family:"arial",sans-serif;mso-fareast-font-family:cambria;="" mso-fareast-theme-font:minor-latin;mso-bidi-font-family:"times="" new="" roman";="" mso-bidi-theme-font:minor-bidi;mso-ansi-language:en-us;mso-fareast-language:="" en-us;mso-bidi-language:ar-sa="">100 vegan caps contain 40 mg of concentrated lyophilized bovine thyroid tissue.</span></p><p><style>@font-face {font-family:"Cambria Math";panose-1:2 4 5 3 5 4 6 3 2 4;mso-font-charset:0;mso-generic-font-family:roman;mso-font-pitch:variable;mso-font-signature:-536870145 1107305727 0 0 415 0;}@font-face {font-family:Cambria;panose-1:2 4 5 3 5 4 6 3 2 4;mso-font-charset:0;mso-generic-font-family:roman;mso-font-pitch:variable;mso-font-signature:-536870145 1073743103 0 0 415 0;}p.MsoNormal, li.MsoNormal, div.MsoNormal {mso-style-unhide:no;mso-style-qformat:yes;mso-style-parent:"";margin-top:0cm;margin-right:0cm;margin-bottom:10.0pt;margin-left:0cm;mso-pagination:widow-orphan;font-size:12.0pt;font-family:"Cambria",serif;mso-ascii-font-family:Cambria;mso-ascii-theme-font:minor-latin;mso-fareast-font-family:Cambria;mso-fareast-theme-font:minor-latin;mso-hansi-font-family:Cambria;mso-hansi-theme-font:minor-latin;mso-bidi-font-family:"Times New Roman";mso-bidi-theme-font:minor-bidi;mso-ansi-language:EN-US;mso-fareast-language:EN-US;}MsoChpDefault {mso-style-type:export-only;mso-default-props:yes;font-family:"Cambria",serif;mso-ascii-font-family:Cambria;mso-ascii-theme-font:minor-latin;mso-fareast-font-family:Cambria;mso-fareast-theme-font:minor-latin;mso-hansi-font-family:Cambria;mso-hansi-theme-font:minor-latin;mso-bidi-font-family:"Times New Roman";

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<b>TRFBD</b> Metagenics	caps/jour	bte	<b>TirForm - 60 caps : METAGENICS</b> <p>60 capsules containing guggul extract (Commiphora mukul) and ashwagandha root (Withania somnifera), along with co-factors necessary for converting thyroid hormones from T4 to T3, thus supporting thyroid function and providing additional adaptogenic benefits.</p>
<b>TRKTR</b> Thorne Research	caps/jour	bte	<b>Thyrocsin - 120 caps : THORNE RESEARCH</b> <p style="text-align: justify;">120 capsules containing nutrients and herbs (112.5 mcg of iodine and 45 mg of ashwagandha extract) to support optimal thyroid function.</p>
<b>TRSBD</b> Metagenics	caps/jour	bte	<b>TirStim - 90 caps : METAGENICS</b> <p>90 capsules containing iodine (100mcg) and all the necessary co-factors to support and enhance thyroid function.</p>
<b>TRXNE</b> Ceres Pharma	caps/jour	bte	<b>Thyrex - 60 caps : CERES PHARMA</b> <p style="text-align: justify;">60 caps containing 300mg of ashwagandha, 112mcg of iodine, 50mcg of selenium (in the form of selenomethionine), 11mg of zinc (in the form of citrate), and 300mg of L-tyrosine, to support thyroid function.</p>
<b>TSCPE</b> Purely Yours Laboratories	gel/jour	bte	<b>Support Thyroïde - 60 gel : PURELY YOURS</b> <span>60 caps provide nutrients (including 75 mcg of iodine) for optimal thyroid gland function.</span>
<b>TSCPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Support Thyroïde - 60 caps : PURELY YOURS</b> <span>60 caps provide nutrients (including 75 mcg of iodine) for optimal thyroid gland function.</span>
<b>TSDPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Support Thyroïde - 90 caps : PURELY YOURS</b> <span>90 caps provide nutrients (including 75 mcg of iodine) for optimal thyroid gland function.</span>
<b>TSEPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Support Thyroïde - 120 caps : PURELY YOURS</b> <span>120 caps provide nutrients (including 75 mcg of iodine) for optimal thyroid gland function.</span>
<b>TSKPE</b> Purely Yours Laboratories	gel/jour	bte	<b>Support Thyroïde - 120 caps : PURELY YOURS</b> <span>120 caps contain nutrients (including 75 mcg of iodine) for optimal thyroid gland function.</span>
<b>TSTBR</b> Energetica Natura	tab/jour	bte	<b>Thyrotabs - 90 tabs : BIOTICS RESEARCH</b> <p style="text-align: justify;">90 tablets (ovine origin) containing nutrients (including 50 mg of L-Tyrosine, 25 mcg of selenium, 500 mcg of copper, and 375 mcg of vitamin A) and 20 mg of lamb pituitary and hypothalamus concentrate.</p>

## 28 - URIC ACID - ALKALINIZING AGENTS

<b>FOANM</b> Natura Medicatrix	comp/jour	bte	<b>Formule Alcalinisante - 250 Comp : NATURA MEDICATRIX</b> The Alkalinizing Formula in Acido-Basic Balance tablets Food supplement increased with citrates, vitamins D and essential minerals Box of 250 tablets. The &nbsp;alkalinizing formula in tablets, 250 tablets in the box, 2 x 4 tablets/day i.e. 31 days/or 1 month.
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## 29 - VAGUS NERVE

<b>DGEVN</b> Vagus Nerve Support	caps/jour	bte	<b>Digestive Enzymes - 60 caps : VAGUS NERVE</b> <p style="text-align: justify;">60 capsules containing a digestive enzyme complex (proteases, amylases, lipases), secreted under the responsibility of the vagus nerve, helping the digestive system.</p>
<b>PSPVN</b> Vagus Nerve Support	gel/jour	bte	<b>Parasym Plus - 60 caps: VAGUS NERVE</b> <p style="text-align: justify;">60 capsules containing 60 mg of thiamine and 740 mg of a patented blend (alpha-glycerol, P-choline, and acetyl-L-carnitine), a support to help the parasympathetic nervous system responsible for normal digestion and a relaxed state.</p>

## 30 - VITAMINS

### 30.1 - VITAMINS A-D-E-K

### 30.1.1 - VITAMIN A

<b>BAMEN</b> Energetica Natura	gttes/jour	bout.	<b>Bio-A-Mulsion - 29,6 ml : BIOTICS RESEARCH</b> <p style="text-align: justify;">1 vial contains 29,6 ml (740 drops) of vitamin A at 2000 UI per drop.</p>
<b>VA4SJ</b> Sanjmi	gel/jour	bte	<b>Vitamine A - 60 caps : SANJMI</b> <p style="text-align: justify;">60 capsules containing 4,000 IU of natural vitamin A from cod liver and halibut oils, supporting vision, the immune system, cell growth, and the maintenance of healthy skin and mucous membranes.</p>
<b>WA4SJ</b> Sanjmi	gel/jour	bte	<b>Vitamine A - 90 caps : SANJMI</b> <p style="text-align: justify;">90 capsules containing 4,000 IU of natural vitamin A from cod liver and halibut oils, supporting vision, the immune system, cell growth, and the maintenance of healthy skin and mucous membranes.</p>
<b>XA4SJ</b> Sanjmi	gel/jour	bte	<b>Vitamine A - 120 caps : SANJMI</b> <p>120 capsules containing 4,000 IU of natural vitamin A from cod liver and halibut oils, supporting vision, the immune system, cell growth, and the maintenance of healthy skin and mucous membranes.</p>

### 30.1.2 - VITAMIN D

<b>BDMEN</b> Energetica Natura	gttes/jour	flacon	<b>D-Mulsion Forte - 29,6 ml : BIOTICS RESEARCH</b> <p><span style="caret-color: #000000; color: #000000; font-family: Arial, sans-serif; font-size: 12px; font-style: normal; font-variant-caps: normal; font-weight: 400; letter-spacing: normal; orphans: auto; text-align: justify; text-indent: 0px; text-transform: none; white-space: normal; widows: auto; word-spacing: 0px; -webkit-text-stroke-width: 0px; text-decoration: none; display: inline !important; float: none;">1 vial contains 26,9 ml (750 drops) of 2000UI of cholecalciferol (Vitamin D3) per drop. </span></p>
<b>D10KTR</b> Purely Yours Laboratories	gel/jour	bte	<b>Vitamine D3 10 000 IU - 120 caps : PURELY YOURS</b> <p>120 capsules containing 5000 IU of cholecalciferol (vitamin D3) (2 caps at a time).</p>
<b>D10LPE</b> Purely Yours Laboratories	gel/jour	bte	<b>Vitamine D3 5000 IU - 120 caps : PURELY YOURS</b> <p>120 capsules containing 5000 IU of cholecalciferol (vitamin D3) (2 caps at a time)</p>
<b>D1KTR</b> Pure Encapsulations	gel/jour	bte	<b>Vitamin D3 1,000 IU - 120 caps: PURE ENCAPSULATIONS</b> <p style="text-align: justify;">120 capsules containing 1,000 IU of cholecalciferol (vitamin D3), essential for good bone health, mental well-being, and immune system function.</p>
<b>D1LPE</b> Pure Encapsulations	caps/jour	bte	<b>Vitamin D3 1,000 IU - 120 caps : PURE ENCAPSULATIONS</b> <p style="text-align: justify;">120 capsules containing 1,000 IU of cholecalciferol (vitamin D3), essential for good bone health, mental well-being, and immune system function.</p>
<b>D2JPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Vitamine D3 2500 IU - 60 caps : PURELY YOURS</b> 60 capsules containing 2500 IU of cholecalciferol (vitamin D3).
<b>D2KBD</b> Metagenics	caps/jour	bte	<b>Vitamine D3 2000 UI - 168 caps : METAGENICS</b> <p>168 chewable tablets (lemon flavor) containing 50 mcg of vitamin D, indicated for good immunity and the maintenance of strong bones.</p>
<b>D2KNS</b> Purely Yours Laboratories	gel/jour	bte	<b>Vitamine D3 2500 IU - 90 caps : PURELY YOURS</b> 90 capsules containing 2500 IU of cholecalciferol (vitamin D3).
<b>D2KPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Vitamine D3 2500 IU - 90 caps : PURELY YOURS</b> 90 capsules containing 2500 IU of cholecalciferol (vitamin D3).
<b>D2LPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Vitamine D3 2500 IU - 120 caps : PURELY YOURS</b> 120 capsules containing 2500 IU of cholecalciferol (vitamin D3).
<b>D5JPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Vitamine D3 5000 IU - 60 caps : PURELY YOURS</b> 60 capsules containing 5000 IU of cholecalciferol (vitamin D3).
<b>D5KPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Vitamine D3 5000 IU - 90 caps : PURELY YOURS</b> 90 capsules containing 5000 IU of cholecalciferol (vitamin D3).
<b>D5KTR</b> Purely Yours Laboratories	gel/jour	bte	<b>Vitamine D3 5000 IU - 60 caps : PURELY YOURS</b> <span>60 capsules containing 5000 IU of cholecalciferol (vitamin D3).</span>

<b>D5LPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Vitamine D3 5000 IU - 120 caps : PURELY YOURS</b> 120 capsules containing 5000 IU of cholecalciferol (vitamin D3).
<b>LVDDL</b> Therascience	gttes/jour	flacon	<b>D-Nat 1000 - 20 ml : THERASCIENCE</b> <p style="text-align: justify;">20 ml equivalent to 600 drops, containing 25 mcg of natural vitamin D3 per drop, essential for immunity and maintaining normal bone structure.</p>
<b>LVDPE</b> Therascience	gttes/jour	flacon	<b>D-Nat 1000 - 20 ml : THERASCIENCE</b> <p style="text-align: justify;">20 ml equivalent to 600 drops, containing 25 mcg of natural vitamin D3 per drop, essential for immunity and maintaining normal bone structure.</p>
<b>PHY269</b> Therascience	gttes/jour	bte	<b>D-Nat 1000 - 20 ml - THERASCIENCE</b> <p style="text-align: justify;">20 ml equivalent to 600 drops, containing 25 mcg of natural vitamin D3 per drop, essential for immunity and maintaining normal bone structure.</p><p><style>@font-face {font-family:"Cambria Math"; panose-1:2 4 5 3 5 4 6 3 2 4; mso-font-charset:0; mso-generic-font-family:roman; mso-font-pitch:variable; mso-font-signature:-536870145 1107305727 0 0 415 0;}p.MsoNormal, li.MsoNormal, div.MsoNormal {mso-style-unhide:no; mso-style-qformat:yes; mso-style-parent:""; margin:0cm; mso-pagination:widow-orphan; font-size:10.0pt; font-family:"Times New Roman",serif; mso-fareast-font-family:"Times New Roman"; mso-ansi-language:EN-GB; mso-fareast-language:EN-US;} .MsoChpDefault {mso-style-type:export-only; mso-default-props:yes; font-size:10.0pt; mso-ansi-font-size:10.0pt; mso-bidi-font-size:10.0pt; mso-font-kerning:0pt; mso-ligatures:none;}div.WordSection1 {page:WordSection1;}</style></p>
<b>PHY341</b> Therascience	gttes/jour	bte	<b>D-Nat 2000 - 20 ml - THERASCIENCE</b> <p style="text-align: justify;">20 ml (600 drops) containing 2,000 IU (50 ?g) of natural vitamin D3 per drop, essential for immunity and maintaining normal bone structure.</p><p><style>@font-face {font-family:"Cambria Math"; panose-1:2 4 5 3 5 4 6 3 2 4; mso-font-charset:0; mso-generic-font-family:roman; mso-font-pitch:variable; mso-font-signature:-536870145 1107305727 0 0 415 0;}p.MsoNormal, li.MsoNormal, div.MsoNormal {mso-style-unhide:no; mso-style-qformat:yes; mso-style-parent:""; margin:0cm; mso-pagination:widow-orphan; font-size:10.0pt; font-family:"Times New Roman",serif; mso-fareast-font-family:"Times New Roman"; mso-ansi-language:EN-GB; mso-fareast-language:EN-US;} .MsoChpDefault {mso-style-type:export-only; mso-default-props:yes; font-size:10.0pt; mso-ansi-font-size:10.0pt; mso-bidi-font-size:10.0pt; mso-font-kerning:0pt; mso-ligatures:none;}div.WordSection1 {page:WordSection1;}</style></p>
<b>PHY432</b> Therascience	gel/jour	bte	<b>D-Nat 3000 - 60 gel : THERASCIENCE</b> <p style="text-align: justify;">60 capsules containing 3,000 IU (75 ?g) of vitamin D3, essential for

immunity and maintaining normal bone structure.</p><p style="text-align: justify;">

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### 30.1.3 - VITAMIN E

<b>EDYBD</b> Metagenics	caps/jour	bte	<b>E-DYN - 60 caps : METAGENICS</b> <p>60 caps containing a balanced formula of tocopherols, with vitamin E protecting cells from oxidative stress and vitamin C helping to regenerate the active forms of vitamin E.</p>
<b>GMEJF</b> Metagenics	caps/jour	bte	<b>2X E-DYN - 60 caps : METAGENICS</b> <p>60 caps containing a balanced formula of tocopherols, with vitamin E protecting cells from oxidative stress and vitamin C helping to regenerate the active forms of vitamin E.</p>
<b>NE4DL</b> Metagenics	caps/jour	bte	<b>E-DYN - 60 caps : METAGENICS</b> <p>60 caps containing a balanced formula of tocopherols, with vitamin E protecting cells from oxidative stress and vitamin C helping to regenerate the active forms of vitamin E.</p>
<b>TCTPB</b> Purebio	gel/jour	bte	<b>TOCOTRIENOLS - 60 gel : PUREBIO</b> <p style="text-align: justify;">60 capsules contain 300 mg of tocotrienols, in the form of tocopherols derived from palm tree fruits and vegetables, beneficial for cellular protection, cardiovascular health, inflammation reduction, and protection against premature aging.</p>
<b>TVEJF</b> Metagenics	caps/jour	bte	<b>E-DYN - 60 caps : METAGENICS</b> <p>60 caps containing a balanced formula of tocopherols, with vitamin E protecting cells from oxidative stress and vitamin C helping to regenerate the active forms of vitamin E.</p>

### 30.1.4 - VITAMINE K

<b>PHY291</b>	gttes/jour	bte	<b>Vitamine K2 - 20 ml : THERASCIENCE</b>
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<p style="text-align: justify;">20 ml containing 90 mcg of natural vitamin K2 (per 5 drops) derived from Bacillus subtilis, for the prevention of cardiovascular health and the maintenance of healthy bone structure.</p>

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<b>VJ2PY</b> Purely Yours Laboratories	gel/jour	bte	<b>Vitamine K2 - 60 caps : PURELY YOURS</b> 60 capsules containing 180 mcg of vitamin K2 (in the form of menaquinone-7) and 1000 mcg of vitamin K1.
<b>VK2OT</b> Orthica	caps/jour	bte	<b>K2 - 60 caps : ORTHICA</b> <p style="text-align: justify;">60 caps containing 45 mcg of vitamin K2 in the form of menaquinone-7, essential for bone health, cardiovascular health, calcium regulation in the body, and support for blood clotting.</p>
<b>VK2OV</b> AOV	gel/jour	bte	<b>Vitamines D3 &amp; K2 - 60 gel : AOV</b> <p style="text-align: justify;"><span>60 caps contain 45</span><span> mcg of vitamin K2</span></span><em>ménaquinone-7</em><span></span></span></span>, 1000 IU of vitamin D3</span><em>cholecalciferol</em><span></span></span></span>.</p>
<b>VK2PY</b> Purely Yours Laboratories	gel/jour	bte	<b>Vitamine K2 - 90 caps : PURELY YOURS</b> 90 capsules containing 180 mcg of vitamin K2 (in the form of menaquinone-7) and 1000 mcg of vitamin K1.
<b>VK2WH</b> Life extension	gel/jour	bte	<b>Super K - 90 softgels : LIFE EXTENSION</b> <p>90 capsules containing 1500 mcg of vitamin K1, 1000 mcg of vitamin K2 menaquinone-4, and 200 mcg of vitamin K2 trans-menaquinone-7, helping to combat arterial calcification and maintain strong bones.</p>
<b>VL2PY</b> Purely Yours Laboratories	gel/jour	bte	<b>Vitamine K2 - 120 caps : PURELY YOURS</b> 120 capsules containing 180 mcg of vitamin K2 (in the form of menaquinone-7) and 1000 mcg de vitamin K1.

### 30.1.5 - VITAMIN D-K

<b>K2DNA</b> Therascience		bte	<b>Vitamin D3 &amp; K2 - 60 caps : THERASCIENCE</b> <p style="text-align: justify;">60 capsules containing 2000 IU of vitamin D3 (50 mcg) and 75 mcg of natural vitamin K2, supporting muscle maintenance, bone health, and strengthening your immunity.</p>
<b>K2DTR</b> Therascience		bte	<b>Vitamin D3 &amp; K2 - 60 caps : THERASCIENCE</b> <p style="text-align: justify;">60 capsules containing 2000 IU of vitamin D3 (50 mcg) and 75 mcg of natural vitamin K2, supporting muscle maintenance, bone health, and strengthening your

immunity.</p>

<b>KD12PY</b> gel/jour Purely Yours Laboratories	bte	<b>Vitamines K1/K2/D3 - 120 caps : PURELY YOURS</b> <p>120 caps contain 150 mcg of vitamin K1 (<em>phylloquinone</em>), 90 mcg of vitamin K2 (<em>ménaquinone-7</em>), 1500 IU of vitamin D3 (<em>cholecalciferol</em>).</p>
<b>KD6PY</b> gel/jour Purely Yours Laboratories	bte	<b>Vitamines K1/K2/D3 - 60 caps: PURELY YOURS</b> <span>60 caps contain 150 mcg of vitamin K1 (</span><em>phylloquinone</em></span>), 90 mcg of vitamin K2 (</span><em>ménaquinone-7</em></span>), 1500 IU of vitamin D3 (</span><em>cholecalciferol</em></span>).</span>
<b>KD9PY</b> gel/jour Purely Yours Laboratories	bte	<b>Vitamines K1/K2/D3 - 90 caps : PURELY YOURS</b> <span>90 caps contain 150 mcg of vitamin K1 (</span><em>phylloquinone</em></span>), 90 mcg of vitamin K2 (</span><em>ménaquinone-7</em></span>), 1500 IU of vitamin D3 (</span><em>cholecalciferol</em></span>).</span>
<b>LE12PY</b> gel/jour Purely Yours Laboratories	bte	<b>Vitamines K1/K2/D3 PLUS - 120 caps : PURELY YOURS</b> <span>120 caps contain 250 mcg of vitamin K1 (phylloquinone), 90 mcg of vitamin K2 (ménaquinone-7), 2500 IU of vitamin D3 (cholecalciferol).</span>
<b>LE6PY</b> gel/jour Purely Yours Laboratories	bte	<b>Vitamines K1/K2/D3 PLUS - 60 caps : PURELY YOURS</b> <span>60 caps contain 250 mcg of vitamin K1 (phylloquinone), 90 mcg of vitamin K2 (ménaquinone-7), 2500 IU of vitamin D3 (cholecalciferol).</span>
<b>LE9PY</b> gel/jour Purely Yours Laboratories	bte	<b>Vitamines K1/K2/D3 PLUS - 90 caps : PURELY YOURS</b> <span>90 caps contain 250 mcg of vitamin K1 (phylloquinone), 90 mcg of vitamin K2 (ménaquinone-7), 2500 IU of vitamin D3 (cholecalciferol).</span>
<b>MF12PY</b> gel/jour Purely Yours Laboratories	bte	<b>Vitamines K1/K2/D3 FORTE - 120 caps : PURELY YOURS</b> <span>120 caps contain 150 mcg of vitamin K1 (phylloquinone), 90 mcg of vitamin K2 (ménaquinone-7), 4500 IU of vitamin D3 (cholecalciferol).</span>
<b>MF6PY</b> gel/jour Purely Yours Laboratories	bte	<b>Vitamines K1/K2/D3 FORTE - 60 caps : PURELY YOURS</b> <span>60 caps contain 150 mcg of vitamin K1 (phylloquinone), 90 mcg of vitamin K2 (ménaquinone-7), 4500 IU of vitamin D3 (cholecalciferol).</span>
<b>MF9PY</b> gel/jour Purely Yours Laboratories	bte	<b>Vitamines K1/K2/D3 FORTE - 90 caps : PURELY YOURS</b> <span>90 caps contain 150 mcg of vitamin K1 (phylloquinone), 90 mcg of vitamin K2 (ménaquinone-7), 4500 IU of vitamin D3 (cholecalciferol).</span>
<b>PHY309</b> gtttes/jour Therascience	bout.	<b>VITAMINES D3 &amp; K2 - 20 ml : THERASCIENCE</b> <p>

</p><p style="text-align: justify;">20 ml containing 2 drops (800 IU, or 20 ?g, of natural vitamin D3, and 36 ?g of natural vitamin K2), essential for maintaining normal bone structure and the normal functioning of the immune system.</p><p></p>

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<b>PHY387</b> Therascience	caps/jour	bte	<b>Vitamin D3 &amp; K2 - 60 caps : THERASCIENCE</b> <p style="text-align: justify;">60 capsules containing 2000 IU of vitamin D3 (50 mcg) and 75 mcg of natural vitamin K2, supporting muscle maintenance, bone health, and strengthening your immunity.</p>
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### 30.2 - VITAMINS B-C

<b>VB5NS</b> ORTHICA	gel/jour		<b>PB6-20 Co-Enzyme - 60 caps : ORTHICA</b> <p style="text-align: justify;">60 caps contain 20 mg of pyridoxal-5-phosphate, the active form of vitamin B6.</p>
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#### 30.2.1 - VITAMIN B1

<b>B1LB</b> Lamberts	caps/jour	bte	<b>Thiamin 100 mg - 90 caps : LAMBERTS</b> <p>90 vegan caps containing 100 mg of vitamin B1 (thiamine), necessary for normal energy metabolism, normal functioning of the nervous system, psychological function, and the heart.</p>
<b>BFTPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Benfotiamine 200 mg - 60 caps : PURELY YOURS</b> 60 caps containing 200 mg of benfotiamine, a relative to vitamin B1 giving more bioavailability into nervous cells.
<b>BFUPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Benfotiamine 200 mg - 90 caps : PURELY YOURS</b> 90 caps containing 200 mg of benfotiamine, a relative to vitamin B1 giving more bioavailability into nervous cells.
<b>BFWPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Benfotiamine 200 mg - 120 caps : PURELY YOURS</b> 120 caps containing 200 mg of benfotiamine, a relative to vitamin B1 giving more bioavailability into nervous cells.
<b>TMXON</b> Objective Nutrients	gel/jour	bte	<b>Thiamax - 60 caps : OBJECTIVE NUTRIENTS</b> <p style="text-align: justify;">

60 caps containing 100mg of thiamine tetrahydrofurfuryl disulfide (TTFD), a highly bioavailable form of vitamin B1, necessary for the proper functioning of the body and the nervous system.<style>@font-face  
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### 30.2.2 - VITAMIN B2

<b>VA2PY</b>	gel/jour	bte	<b>Riboflavine-5-Phosphate - 60 caps : PURELY YOURS</b> <span>60 capsules contain 25 mg of riboflavin-5-phosphate, the active form of vitamin B2.</span>
Purely Yours Laboratories			
<b>VB2OV</b>	gel/jour	bte	<b>Riboflavine-5-Phosphate - 90 caps : PURELY YOURS</b> <span>90 capsules contain 25 mg of riboflavin-5-phosphate, the active form of vitamin B2.</span>
Purely Yours Laboratories			
<b>VB2PY</b>	gel/jour	bte	<b>Riboflavine-5-Phosphate - 90 caps : PURELY YOURS</b> <span>90 capsules contain 25 mg of riboflavin-5-phosphate, the active form of vitamin B2.</span>
Purely Yours Laboratories			
<b>VB2TR</b>	gel/jour	bte	<b>Riboflavine-5-Phosphate - 60 caps : PURELY YOURS</b> <span>60 capsules contain 25 mg of riboflavin-5-phosphate, the active form of vitamin B2.</span>
Purely Yours Laboratories			
<b>VC2PY</b>	gel/jour	bte	<b>Riboflavine-5-Phosphate - 120 caps : PURELY YOURS</b> <span>120 capsules contain 25 mg of riboflavin-5-phosphate, the active form of vitamin B2.</span>
Purely Yours Laboratories			

### 30.2.3 - VITAMIN B3

<b>NADNA</b>	gel/jour	bte	<b>NADH - 60 caps : PURELY YOURS</b> <p><span lang="EN-US" style="font-size:9.0pt;mso-bidi-font-size:10.0pt;font-family:" arial",sans-serif;mso-fareast-font-family:"times="" new="" roman";="="" mso-bidi-font-family:"times="" roman";mso-ansi-language:en-us;mso-fareast-language="" en-us;mso-bidi-language:ar-sa;mso-bidi-font-weight:bold=""="">60 caps contain 3 mg of NADH (reduced Nicotinamide Adenine Dinucleotide)</span></p>
Purely Yours Laboratories			

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**NADPB**

Purely Yours Laboratories

bte

**NADH - 60 caps : PURELY YOURS**

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**NADPY** gel/jour

Purely Yours Laboratories

bte

**NADH - 60 caps : PURELY YOURS**

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**NAEPY** gel/jour bte  
Purely Yours Laboratories

**NADH - 90 caps : PURELY YOURS**

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**NAFPY** gel/jour bte  
Purely Yours Laboratories

**NADH - 120 caps : PURELY YOURS**

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<b>NCUPE</b> Purely Yours Laboratories	caps/jour	bte	<b>2X Niacinamide 500 mg - 90 caps : PURELY YOURS</b> <span>2X 90 capsules containing 500 mg of niacinamide (non-flushing form of vitamin B3).</span>
<b>VA3PY</b> Purely Yours Laboratories	gel/jour	bte	<b>Niacinamide 500 mg - 60 caps : PURELY YOURS</b> 60 capsules containing 500 mg of niacinamide (non-flushing form of vitamin B3).
<b>VB3PY</b> Purely Yours Laboratories	gel/jour	bte	<b>Niacinamide 500 mg - 90 caps : PURELY YOURS</b> 90 capsules containing 500 mg of niacinamide (non-flushing form of vitamin B3).
<b>VC3PY</b> Purely Yours Laboratories	gel/jour	bte	<b>Niacinamide 500 mg - 120 caps : PURELY YOURS</b> 120 capsules containing 500 mg of niacinamide (non-flushing form of vitamin B3).
<b>30.2.4 - VITAMIN B5</b>			
<b>VB5BS</b> Bonusan	caps/jour	bte	<b>Vitamine B5 - 90 caps : BONUSAN</b> <p style="text-align: justify;"><span>90 capsules contain 500 mg of pantothenic acid as D-calcium pantothenate (vitamin B5).</span></p>
<b>VB5DL</b> Bonusan	caps/jour	bte	<b>Vitamine B5 - 500 mg - 90 caps: BONUSAN</b> <p style="text-align: justify;"><span>90 capsules contain 500 mg of pantothenic acid as D-calcium pantothenate (vitamin B5).</span></p>
<b>VC5PE</b> Bonusan	caps/jour	bte	<b>Vitamine B5 (500 mg) - 90 caps : BONUSAN</b> <p style="text-align: justify;"><span>90 capsules contain 500 mg of pantothenic acid as D-calcium pantothenate (vitamin B5).</span></p>
<b>30.2.5 - VITAMIN B6</b>			
<b>PDXOT</b> ORTHICA	gel/jour		<b>PB6-20 Co-Enzyme - 60 caps - ORTHICA</b> <p style="text-align: justify;">60 caps contain 20 mg of pyridoxal-5-phosphate, the active form of vitamin B6.</p>
<b>PDXPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Pyridoxal-5-Phosphate 75 mg - 60 caps : PURELY YOURS</b> 60 capsules contain 75 mg of pyridoxal-5-phosphate, the active form of vitamin B6.
<b>PDYBC</b> Purely Yours Laboratories	caps/jour	bte	<b>Pyridoxal-5-Phosphate 75 mg - 60 caps: PURELY YOURS</b> 60 capsules contain 75 mg of pyridoxal-5-phosphate, the active form of vitamin B6.
<b>PDYDL</b> Purely Yours Laboratories	caps/jour	bte	<b>Pyridoxal-5-Phosphate 75 mg - 90 caps PURELY YOURS</b> <span>90 capsules contain 75 mg of pyridoxal-5-phosphate, the active form of vitamin B6.</span>
<b>PDYNS</b> Nutrisan	caps/jour	bte	<b>Pyridoxal-5-phosphate - 120 caps : NUTRISAN</b> <p style="text-align: justify;">120 vegan caps contain 21 mg of pyridoxal-5-phosphate, the active form of vitamin B6.</p>
<b>PDYOT</b> ORTHICA			<b>PB6-20 Co-Enzyme - 60 caps - ORTHICA</b> <p style="text-align: justify;">60 caps contain 20 mg of pyridoxal-5-phosphate, the active form of vitamin B6.</p>
<b>PDYOV</b> ORTHICA	gel/jour		<b>PB6-20 Co-Enzyme - 60 caps - ORTHICA</b> <p style="text-align: justify;">60 caps contain 20 mg of pyridoxal-5-phosphate, the active form of vitamin B6.</p>

<b>PDYPE</b>	caps/jour	bte	<b>2x Pyridoxal-5-Phosphate 75 mg - 90 caps : PURELY YOURS</b> <span>90 capsules contain 75 mg of pyridoxal-5-phosphate, the active form of vitamin B6.</span>
<b>PDYPY</b>	gel/jour	bte	<b>Pyridoxal-5-Phosphate 75 mg - 90 caps : PURELY YOURS</b> <span>90 capsules contain 75 mg of pyridoxal-5-phosphate, the active form of vitamin B6.</span>
<b>PDYTR</b>	gel/jour		<b>3X PB6-20 Co-Enzyme - 60 caps : ORTHICA</b> <p style="text-align: justify;">180 caps contain 20 mg of pyridoxal-5-phosphate, the active form of vitamin B6.</p>
<b>PDZPY</b>	gel/jour	bte	<b>Pyridoxal-5-Phosphate 75 mg - 120 caps : PURELY YOURS</b> <span>120 capsules contain 75 mg of pyridoxal-5-phosphate, the active form of vitamin B6.</span>
<b>VB6PE</b>	caps/jour	bte	<b>B6 Complex - 60 caps : PURE ENCAPSULATIONS</b> <p style="text-align: justify;">60 capsules containing a B-vitamin complex with 250 mg of pyridoxine (B6) and 100 mg of thiamine (B1), supporting energy metabolism and promoting proper nervous system function.</p>

### 30.2.6 - VITAMIN B8

<b>VA8PE</b>	caps/jour	bte	<b>Biotin - 500 mcg - 90 caps : LAMBERTS</b> <p>90 vegan caps containing 500 mcg of vitamin B8 (biotin), contributing to normal energy metabolism and the proper functioning of the nervous system.</p>
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<b>VB8PE</b>	caps/jour	bte	<b>Biotin - 500 mcg - 90 caps : LAMBERTS</b> <p class="flex max-w-full flex-col flex-grow"></p><div data-message-author-role="assistant" data-message-id="375737d4-a13a-4c61-a68b-ff08b142b95f" dir="auto" class="min-h-8 text-message relative flex w-full flex-col items-end gap-2 whitespace-normal break-words text-start [.text-message+&]:mt-5" data-message-model-slug="gpt-4o-mini"><div class="flex w-full flex-col gap-1 empty:hidden first:pt-[3px]"><div class="markdown prose w-full break-words dark:prose-invert dark"><p data-start="0" data-end="145" class="">90 vegan caps containing 500 mcg of vitamin B8 (biotin), contributing to normal energy metabolism and the proper functioning of the nervous system.</p></div></div></div><p></p>

### 30.2.7 - VITAMIN B9

<b>MTFNA</b>	caps/jour	bte	<b>B12 Folate - 60 caps : PURE ENCAPSULATIONS</b> <p style="text-align: justify;">60 capsules containing 800 mcg of 5-methyl-tetrahydrofolate (the biologically active and natural form of vitamin B9) and 800 mcg of methylcobalamin, essential for fetal development and the proper functioning of energy metabolism.</p>
<b>MTFPE</b>	caps/jour	bte	<b>B12 Folate - 60 caps : PURE ENCAPSULATIONS</b> <p style="text-align: justify;">60 capsules containing 800 mcg of 5-methyl-tetrahydrofolate (the biologically active and natural form of vitamin B9) and 800 mcg of methylcobalamin, essential for fetal development and the proper functioning of energy metabolism.</p>
<b>MTFQE</b>	gel/jour		<b>Folate 1000 - 90 caps : PURE ENCAPSULATIONS</b> <p style="text-align: justify;">90 capsules containing 1,000 mcg of L-5-methyltetrahydrofolate, the active form of vitamin B9, directly usable by the body, and plays a crucial role in DNA synthesis, cellular repair, and the reduction of homocysteine, an amino acid whose elevated levels may be associated with heart problems.</p>
<b>PHY471</b>	gel/jour	bte	<b>Vitamine B9 - 90 caps : THERASCIENCE</b> <p style="text-align: justify;">90 capsules containing 500 µg of vitamin B9 in the bioavailable form of calcium L-methylfolate, contributing to the growth of maternal tissues during pregnancy.</p>
<b>VFABC</b>	tab/jour	bte	<b>B12 Folate - 60 caps : PURE ENCAPSULATIONS</b> <p style="text-align: justify;">60 capsules containing 800 mcg of 5-methyl-tetrahydrofolate (the biologically active and natural form of vitamin B9) and 800 mcg of methylcobalamin, essential for fetal

development and the proper functioning of energy metabolism.</p>

### 30.2.8 - VITAMIN B12

<b>B12APY</b>	gel/jour	bte	<b>Methylcobalamine 1.000 UG - 60 caps : PURELY YOURS</b> 60 caps containing 1,000 mcg of vitamin B12 in the form of methylcobalamin.
<b>B12BPY</b>	gel/jour	bte	<b>Methylcobalamine 1.000 UG - 90 caps : PURELY YOURS</b> 90 caps containing 1,000 mcg of vitamin B12 in the form of methylcobalamin.
<b>B12CPY</b>	gel/jour	bte	<b>Methylcobalamine 1,000 UG - 120 caps : PURELY YOURS</b> 120 caps containing 1,000 mcg of vitamin B12 in the form of methylcobalamin.
<b>B12EN</b>	caps/jour	bte	<b>B12-2000 - 60 tabs : BIOTICS RESEARCH</b> <p style="text-align: justify;">60 vegan tablets contain 2000 mcg of vitamin B12 (as hydroxocobalamin), 800 mcg of vitamin B9 (as calcium folinate) and 2 mg of vitamin B6 (as pyridoxal-5-phosphate).</p>
<b>B12JF</b>	tab/jour	bte	<b>Methylcobalamine 1.000 UG - 90 caps: PURELY YOURS</b> 90 caps containing 1,000 mcg of vitamin B12 in the form of methylcobalamin.
<b>B12KF</b>	tab/jour	bte	<b>Methyl B-12 5000 mcg - 60 tabs : JARROW FORMULAS</b> <p>60 sublingual tablets containing 5000 mcg of methylcobalamin, the natural form of vitamin B12, necessary for supporting cellular energy production, sleep, and brain health.</p>
<b>B12LDL</b>	gttes/jour	flacon	<b>B12 Liquid - 100 ml : PUREBIO</b> <p style="text-align: justify;">1 bottle of 100 ml containing 670 mcg of vitamin B12 (methylcobalamin), essential for nerve health, energy production, and the prevention of various diseases.</p>
<b>B12LE</b>	gttes/jour	flacon	<b>B12 Liquid - 100 ml : PUREBIO</b> <p style="text-align: justify;">1 bottle of 100 ml containing 670 mcg of vitamin B12 (methylcobalamin), essential for nerve health, energy production, and the prevention of various diseases.</p>
<b>B12OV</b>	caps/jour	bte	<b>Methylcobalamine - 60 caps : AOV</b> <p style="text-align: justify;">60 vegan caps contain 1,500 mcg of methylcobalamin (vitamin B12).</p>
<b>PHY244</b>	sachet/jour	bte	<b>Methylup - 30 sachets : THERASCIENCE</b> <p>

</p><p style="text-align: justify;">30 sachets containing a blend of betaine, choline, dimethylglycine, zinc, vitamin B2, vitamin B6, vitamin B9, and vitamin B12, for proper cellular function.</p><p><style>@font-face {font-family:"Cambria Math"; panose-1:2 4 5 3 5 4 6 3 2 4; mso-font-charset:0; mso-generic-font-family:roman; mso-font-pitch:variable; mso-font-signature:-536870145 1107305727 0 0 415 0;}p.MsoNormal, li.MsoNormal, div.MsoNormal {mso-style-unhide:no; mso-style-qformat:yes; mso-style-parent:""; margin:0cm; mso-pagination:widow-orphan; font-size:10.0pt;

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**PHY272** gel/jour bte  
Therascience

**Methyl'up - 180 gel : THERASCIENCE**  
<p>

</p><p style="text-align: justify;">180 capsules containing a blend of betaine, choline, dimethylglycine, zinc, vitamin B2, vitamin B6, vitamin B9, and vitamin B12, for proper cellular function.</p><p><style>@font-face  
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**PHY370** caps/jour bte  
Therascience

**Vitamin B12 - 90 caps : THERASCIENCE**  
<p style="text-align: justify;">90 capsules containing 1000 mcg of vitamin B12, essential for red blood cell formation, nerve function, DNA synthesis, energy production, cognitive health, and cardiovascular health.</p>

### 30.2.9 - VITAMINE B9 AND B12

**B1290V** caps/jour bte  
AOV

**Vitamine B12 & Foliumzuur - 60 caps : AOV**  
<p>60 vegan capsules contain 800 mcg of methyl-cobalamin (vitamin B12) and 800 mcg of 5-methyltetrahydrofolate (natural and active form of vitamin B9)</p>

### 30.2.10 - MULTI VITAMINS B

<b>B12AOV</b> AOV	tab/jour	bte	<b>B12 Adenosyl &amp; Methylcobalamine - 60 tabs : AOV</b> <p>60 vegan tablets to be melt under the tongue contain 1.500 mcg of vitamin B12 from adenosylcobalamin and methylcobalamin (active) and 500 mcg of vitamin B9 from 5-methyltetrahydrofolate.</p>
<b>BBPPE</b> Purely Yours Laboratories	gel/jour	bte	<b>B Complex Forte - 60 caps : PURELY YOURS</b> <span>60 caps contain a balanced B vitamin formula (B1, B2, B3, B5, B6, B8, B9, B12), including vitamin B9 in its natural form (L-5-methyltetrahydrofolate).</span>
<b>BC12TR</b> Thorne Research	caps/jour	bte	<b>B Complex #12 - 60 caps : THORNE RESEARCH</b> <p style="text-align: justify;">60 capsules containing 1 mg of vitamin B12, essential for the production of red blood cells, proper nervous system function, and energy metabolism.</p>
<b>BC6TR</b> Thorne Research	caps/jour	bte	<b>B Complex #6 - 60 caps : THORNE RESEARCH</b> <p style="text-align: justify;">60 capsules containing 40 mg of thiamine, 30 mg of riboflavin, 80 mg of niacin, and 100 mg of B6, essential for protein metabolism, proper nervous system function, red blood cell production, and the management of energy and the immune system.</p>
<b>BCBL</b> Biolife	gel/jour	bte	<b>B Complex - 180 caps : BIOLIFE</b> <p style="text-align: justify;">180 végécaps contain a vitamin B complex (B1, B2, B3, B5, B6, B8, B9, B12).</p>
<b>BCFPY</b> Purely Yours Laboratories	gel/jour	bte	<b>B Complex Forte - 60 caps : PURELY YOURS</b> <span>60 caps contain a balanced B vitamin formula (B1, B2, B3, B5, B6, B8, B9, B12), including vitamin B9 in its natural form (L-5-methyltetrahydrofolate).</span>
<b>BCGPY</b> Purely Yours Laboratories	gel/jour	bte	<b>B Complex Forte - 90 caps : PURELY YOURS</b> <span>90 caps contain a balanced B vitamin formula (B1, B2, B3, B5, B6, B8, B9, B12), including vitamin B9 in its natural form (L-5-methyltetrahydrofolate).</span>
<b>BCHPY</b> Purely Yours Laboratories	gel/jour	bte	<b>B Complex Forte - 120 caps : PURELY YOURS</b> <span>120 caps contain a balanced B vitamin formula (B1, B2, B3, B5, B6, B8, B9, B12), including vitamin B9 in its natural form (L-5-methyltetrahydrofolate).</span>
<b>BCPDL</b> Purely Yours Laboratories	gel/jour	bte	<b>B Complex Forte - 60 caps : PURELY YOURS</b> <span>60 caps contain a balanced B vitamin formula (B1, B2, B3, B5, B6, B8, B9, B12), including vitamin B9 in its natural form (L-5-methyltetrahydrofolate).</span>
<b>BCPPE</b> Purely Yours Laboratories	gel/jour	bte	<b>B Complex Forte - 120 caps : PURELY YOURS</b> <span>120 caps contain a balanced B vitamin formula (B1, B2, B3, B5, B6, B8, B9, B12), including vitamin B9 in its natural form (L-5-methyltetrahydrofolate).</span>
<b>BRGJF</b> Jarrow Formulas	caps/jour	bte	<b>B-Right - 100 caps : JARROW FORMULAS</b> <p>100 vegan caps containing 200 mg of a B-vitamin complex (B1, B2, B3, B5, B6, B8, B9, B12), helping cells produce energy, offering better immunity, and reducing stress.</p>
<b>HCFPE</b> Purely Yours Laboratories	gel/jour	bte	<b>Homocyst Out - 90 caps : PURELY YOURS</b> <span>90 caps provide a mix of active B-vitamins (B2, B6, B9, B12), betaine.</span>
<b>HMCPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Homocyst Out - 60 caps : PURELY YOURS</b> <span>60 caps provide a mix of active B-vitamins (B2, B6, B9, B12), betaine.</span>
<b>HMDPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Homocyst Out - 90 caps : PURELY YOURS</b> <span>90 caps provide a mix of active B-vitamins (B2, B6, B9, B12), betaine.</span>
<b>HMEPY</b> Purely Yours Laboratories	gel/jour	bte	<b>Homocyst Out - 120 caps : PURELY YOURS</b> <span>120 caps provide a mix of active B-vitamins (B2, B6, B9, B12), betaine.</span>
<b>PHY277</b> Therascience	comp/jour	bte	<b>Vitamyl B - 90 tabs : THERASCIENCE</b> <p>



90 tablets containing a B-group multivitamin complex (B1, B2, B3, B5, B6, B8, B9, B12), essential for energy metabolism, proper nervous system function, red blood cell production, skin and hair health, as well as cellular repair.

<b>SBCTR</b> Purely Yours Laboratories	gel/jour	bte	<b>B Complex Forte - 60 caps : PURELY YOURS</b> <span>60 caps contain a balanced B vitamin formula (B1, B2, B3, B5, B6, B8, B9, B12), including vitamin B9 in its natural form (L-5-methyltetrahydrofolate).</span>
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<b>VBCEN</b> Purely Yours Laboratories	gel/jour	bte	<b>B Complex Forte - 90 caps : PURELY YOURS</b> <span>90 caps contain a balanced B vitamin formula (B1, B2, B3, B5, B6, B8, B9, B12), including vitamin B9 in its natural form (L-5-methyltetrahydrofolate).</span>
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### 30.2.11 - VITAMIN C

<b>ECPSG</b> AOV	tab/jour	bte	<b>Ester C - 60 caps : AOV£</b> <p style="text-align: justify;">60 vegan caps of 500 mg of vitamin C (as Ester C, calcium L-Ascorbate).</p>
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<b>VCCNE</b> Original Hanoju	gel/jour	bte	<b>Vitamin C - 90 caps - HANOJU</b> <p style="text-align: justify;">90 caps containing 500 mg of ascorbic acid, thereby strengthening the immune system, protecting against oxidative damage, supporting collagen production for the skin and tissues, and improving iron absorption.</p>
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<b>VCCPE</b> Pure Encapsulations	caps/jour	bte	<b>Ascorbic Acid - 90 caps : PURE ENCAPSULATIONS</b> <p style="text-align: justify;">90 capsules containing 1,000 mg of vitamin C (ascorbic acid), essential for maintaining overall health, particularly for the immune system, skin, bones, and cellular repair.</p>
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<b>VCKOV</b> AOV	tab/jour	bte	<b>Vitamine C 1000 &amp; Bioflavonoids - 180 caps : AOV</b> <p style="text-align: justify;">180 vegan tablets contain 1000 mg of vitamin C, 50 mg of bioflavonoids and 100 mg of rose hip powder.</p>
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<b>VCKPE</b> Pure Encapsulations	caps/jour	bte	<b>Ascorbic Acid - 250 caps : PURE ENCAPSULATIONS</b> <p style="text-align: justify;">250 capsules containing 1,000 mg of vitamin C (ascorbic acid), essential for maintaining overall health, particularly for the immune system, skin, bones, and cellular repair.</p>
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**VCPBC** sachet/jour bte **Vitamin C - 250 gr: PURELY YOURS**  
Purely Yours Laboratories 250 g of buffered vitamin C in powder form (magnesium ascorbate based).

**VCPY** sachet/jour bte **Vitamin C - 250 gr : PURELY YOURS**  
Purely Yours Laboratories 250 g of buffered vitamin C in powder (magnesium ascorbate based).

### 30.3 - MULTI VITAMINS

**ENCNE** caps/jour bte **Energy complex - 60 caps : CERES PHARMA**  
Ceres Pharma <p>60 caps containing magnesium glycerophosphate, vitamins (B1, B5, B6, B2, B9, B3), carnitine, glutamine, ornithine, D-ribose, and rhodiola rosea.</p>

### 31 - KITS

**AMPKOC** gel/jour bte **KIT AMPK : OMNICARE EXPRESS SELECTION**  
OmniCare Activateur AMP-Activated Protein Kinase (AMPK)<br /><br />Take 2x1/day, with meal, for 30 days:<br /><br />- 1 caps of Berberine - BBR5PY (60 caps)<br />- 1 caps of Curcumin - CQFPY (60 caps)<br />- 1 caps of Quercetin - QCTPY (60 caps)<br />- 1 caps Resveratrol - RSVPY (60 caps)<br />- 1 caps of R Lipoic Acid - RLAPY (60 caps)<br />- 1 caps of Apigenine - APGPY (60 caps)

**AOXOC** gel/jour bte **KIT AOX : OMNICARE EXPRESS SELECTION**  
OmniCare kit contains vitamin C powder (VCPY), N-acetyl-cysteine (NACPY), zinc (ZNPPY), vitamin K2 (VJ2PY), and vitamin A (VA4SJ); OMNICARE EXPRESS kit.<br /><br />In case of early signs of infection (flu-like symptoms, sore throat, blocked nose, fever, cough): <br /><br />1. Take 3 to 5 grams of magnesium ascorbate with a little amount of water; the scoop provided in the box contain 1 gram. This will relieve the symptoms for a few hours, but when they will relapse, repeat as soon as flu-like symptoms or sore throat reappear. Exaggeration will lead to intestinal bloating or loose stools, thus worth reducing dosage.  
<div style="padding-left: 30px;">- Vitamin C - VCPY (box of 250 grams)</div>  
<br />2. Take 3x1/day, one capsule with each meal, for 5 or even 10 days:<br />  
<div style="padding-left: 30px;">- 1 caps de N-acetyl-l-cysteine 600 - NACPY (60 caps)</div>  
<div style="padding-left: 30px;">- 1 caps de Zinc - ZNPPY (60 caps)</div>  
<div style="padding-left: 30px;">- 1 caps of Vitamine K2 - VJ2PY (60 caps)</div>  
<div style="padding-left: 30px;">- 1 caps of Vitamine A 4000UI - VA4SJ (60 caps)</div>

**HXMOC** gel/jour bte **Kit HXM : OMNICARE EXPRESS SELECTION**  
OmniCare kit contains N-acetyl-cysteine (NACPY), R-lipoic acid (RLAPY), and highly bioavailable curcumin (CCLPY); OMNICARE EXPRESS kit.<br /><br />In case of Herxheimer reaction, take 3x1/day, one capsule of all three products with each meal: <br /><br />- N-acetyl-cysteine - NACPY (60 caps) <br />- R-Lipoic Acid - RLAPY (60 caps) <br />- Curcuma longa - CCLPY (60 caps)

**IMMU2** gel/jour bte **KIT IMMUNE - 2 MONTHS : OMNICARE EXPRESS SELECTION**  
OmniCare kit contains vitamin C powder (VCPY), vitamin D (D5JPY), vitamin A (VA4SJ), vitamine K (VJ2PY), selenium (SEMSJ), zinc (ZNGPY), quercetin (QCTPY), N-acetyl-cysteine (NAKPY), iodine (IDKPY).<br /><br />1. Take 3 to 5 grams of magnesium ascorbate with a little amount of water; the scoop provided in the box contain 1 gram. This will relieve the symptoms for a few hours, but when they will relapse, repeat as soon as flu-like symptoms or sore throat reappear. Exaggeration will lead to intestinal bloating or loose stools, thus worth reducing dosage.  
<div style="padding-left: 30px;">- Vitamin C - VCPY (box of 250 grams)</div>  
<br />2. Take 1 caps per day (with meal):<br /><br />  
<div style="padding-left: 30px;">- 1 caps of Vitamin D3 5000 UI - D5JPY (60 caps)<br />- 1 caps of Vitamin A 4000 UI - VA4SJ (60 caps)<br />- 1 caps of Vitamin K2 - VJ2PY (60 caps)<br />- 1 caps of Selenium - SEMSJ (60 caps)<br />- 1 caps of Zinc Gluconate - ZNGPY (60 caps)<br />- 1 caps of Quercetin 500 mg - NACPY (60 caps)<br />- 1 caps of N-acetyl-l-cysteine 900 - NAKPY (60 caps)<br />- 1 caps of Iodine - IDKPY (60 caps)</div>

**IMMU3** gel/jour bte **KIT IMMUNE - 3 MONTHS : OMNICARE EXPRESS SELECTION**  
OmniCare kit contains vitamin C powder (VCPY), vitamin D (D5KPY), vitamin A (WA4SJ), vitamin K (VK2PY), selenium (SENSJ), zinc (ZNHPY), quercetin (QCUPY), N-acetyl-cysteine (NBKPY), iodine (IDLPY).<br /><br />1. Take 3 to 5 grams of magnesium ascorbate with a little amount of water; the scoop provided in the box contain 1 gram. This will relieve the symptoms for a few hours, but when they will relapse, repeat as soon as flu-like symptoms or sore throat reappear. Exaggeration will lead to intestinal bloating or loose stools, thus worth reducing dosage.  
<div style="padding-left: 30px;">- Vitamin C - VCPY (box of 250 grams)</div>  
<br />2. Take 1 caps per day (with meal):<br /><br />  
<div style="padding-left: 30px;">- 1 caps of Vitamin D3 5000 UI - D5KPY (90 caps)<br />- 1 caps of Vitamin A 4000 UI - WA4SJ (90 caps)<br />- 1 caps of Vitamin K2 - VK2PY (90 caps)<br />- 1 caps of Selenium - SENSJ (90 caps)<br />- 1 caps of Zinc Gluconate - ZNHPY (90 caps)<br />- 1 caps of Quercetin 500 mg - QCUPY (90 caps)<br />- 1 caps of N-acetyl-l-cysteine 900 - NBKPY (90 caps)<br />- 1 caps of Iodine - IDLPY (90 caps)</div>

<b>IMMU6</b> OmniCare	gel/jour	bte	<p><b>KIT IMMUNE - 6 MONTHS : OMNICARE EXPRESS SELECTION</b></p> <p>kit contains vitamin C powder (VCPY), vitamin D (2x D5KPY), vitamin A (2x WA4SJ), vitamin K (2x VK2PY), selenium (2x SENSJ), zinc gluconate (2x ZNHPY), quercetin (2x QCUPY), N-acetyl-cysteine (2x NBKPY), iodine (2x IDLPY).&lt;br /&gt;&lt;br /&gt;1. Take 3 to 5 grams of magnesium ascorbate with a little amount of water; the scoop provided in the box contain 1 gram. This will relieve the symptoms for a few hours, but when they will relapse, repeat as soon as flu-like symptoms or sore throat reappear. Exaggeration will lead to intestinal bloating or loose stools, thus worth reducing dosage.</p> <p>&lt;div style="padding-left: 30px;"&gt;- Vitamin C - VCPY (box of 250 grams)&lt;/div&gt;</p> <p>&lt;br /&gt;2. Take 1 caps per day (with meal):&lt;br /&gt;&lt;br /&gt;</p> <p>&lt;div style="padding-left: 30px;"&gt;- 1 caps of Vitamin D3 5000 UI - 2x D5KPY (2x 90 caps)&lt;br /&gt;- 1 caps of Vitamin A 4000 UI - 2x WA4SJ (2x 90 caps)&lt;br /&gt;- 1 caps of Vitamin K2 - 2x VK2PY (2x 90 caps)&lt;br /&gt;- 1 caps of Selenium - 2x SENSJ (2x 90 caps)&lt;br /&gt;- 1 caps of Zinc Gluconate - 2x ZNHPY (2x 90 caps)&lt;br /&gt;- 1 caps of Quercetin 500 mg - 2x QCUPY (2x 90 caps)&lt;br /&gt;- 1 caps of N-acetyl-l-cysteine 900 - 2x NBKPY (2x 90 caps)&lt;br /&gt;- 1 caps of Iodine - 2x IDLPY (2x 90 caps)&lt;/div&gt;</p>
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## 32 - OTHER

<b>MSWSF</b> Santaflor		pièce	<p><b>Meswak : SANTAFLOR</b></p> <p>&lt;p style="text-align: justify;"&gt;1 tube of ayurvedic toothpaste, dye-free, preservative-free and fluoride-free.&lt;/p&gt;</p>
<b>PHY362B</b> Therascience	gel/jour	bte	<p><b>Metaux Lourds - 30 gel : THERASCIENCE</b></p> <p>&lt;p style="text-align: justify;"&gt;30 capsules containing a combination of complexes with synergistic actions (patented Curcumin Curcussentiel®, Suvimine 13® micronutrient complex), to target detoxification against heavy metals.&lt;/p&gt;&lt;br&gt;</p>
<b>PHY372</b> Therascience	gel/jour		<p><b>Lactoferrine - 60 caps : THERASCIENCE</b></p> <p>&lt;p&gt;&lt;strong&gt;60 capsules containing 250 mg of 96% lactoferrin&lt;/strong&gt;.&lt;/p&gt;&lt;p&gt;&lt;br&gt;&lt;/p&gt;</p>
<b>PILLBOX</b> Pillbox		pièce	<p><b>Pillbox</b></p> <p>&lt;p style="text-align: justify;"&gt;Pill box with 1 box per day featuring 4 compartments for different times of the day.&lt;/p&gt;&lt;p&gt;&lt;br&gt;&lt;/p&gt;</p>